



Institiúid  
Cheatharlach

Carlow  
Institute

The right choice

Discover your options, plan your future

Prospectus  
2026 - 2027



Carlow Institute, Mortarstown Upper, Carlow R93 XOFX

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**KCETB Charity Number:** RCN 20083434



**kctb**  
Bord Oideachais agus Ollscoil  
Chill Chainnigh agus Cheathairach  
Kilkenny and Carlow  
Education and Training Board



An Roinn Breisideachais agus Ardóideachais,  
Taighde, Nuatais agus Eolaiochta  
Department of Further and Higher Education,  
Research, Innovation and Science



#### **IMPORTANT NOTE!**

The information in this publication is correct at the time of going to press. It is issued on the express condition that it shall not form part of any contract between the Institute and any student. All matters covered in this publication are subject to change from time to time. The Institute reserves the right, and in every case at its own discretion and for any reason, to alter or not offer courses, minor awards or parts of courses.

# Table of Contents

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<b>Principal's Welcome</b>	<b>06</b>
<b>About Carlow Institute of Further Education &amp; Training</b>	
What is Further Education & Training?	08
Costs, Fees & Finance	09
<b>Carlow – Student Life</b>	
Carlow Student Life	10
Student Support & Services	11
Eight Great Reasons to Study at Carlow Institute	12
<b>How to Apply</b>	
Applications & Closing Dates	13
<b>International Opportunities: Erasmus+</b>	14
<b>Open Learning &amp; Students with Additional Needs</b>	15
<b>Entry Requirements</b>	
Entry Requirements	16
Mature Students Entry Requirements	16
Your Interview	17
Garda Vetting (Clearance)	17
<b>Faculties &amp; Courses</b>	
Animal Sciences & Natural Sciences	21
Business, Computing & Hospitality	31
Creative & Performing Arts	51
Engineering Technology & Built Environment	69
Hair & Beauty Services	81
Humanities	89
Nursing, Health & Sports	99



Please note that the content in this prospectus is for information purposes only.

The content and subjects taught on courses listed in this prospectus may be subject to change.

Courses will run subject to demand.

# Courses A – Z

## Level 5

Accounting & Finance <b>L5</b>	32	Marketing & Human Resources <b>L5</b>	38
Animal Care Enterprise <b>L5</b>	22	● Medical Administration – Hospital and Primary Care <b>L5</b>	39
Animal Health Care <b>L5</b>	23	Motor Mechanic (Pre-Apprenticeship) <b>L5</b>	78
Applied Sciences <b>L5</b>	25	Music Performance <b>L5</b>	62
Architecture (Pre-University) <b>L5</b>	70	Music Technology <b>L5</b>	63
Architecture Technology <b>L5</b>	71	New Media & Digital Content Creation <b>L5</b>	59
Art & Mixed Media (Portfolio Preparation) <b>L5</b>	52	Nursing Studies <b>L5</b>	104
Automotive Technology <b>L5</b>	72	Nutrition & Science <b>L5</b>	28
Barbering <b>L5</b>	82	Occupational Therapy (Pre-University) <b>L5</b>	105
Beauty Therapy, Massage & Electrotherapy <b>L5</b>	83	● Office Administration <b>L5</b>	40
Biomedical & Pharmaceutical Science <b>L5</b>	26	PE Teaching & Sports Studies (Pre-University) <b>L5</b>	110
● Business & Corporate Law <b>L5</b>	33	Performing Arts & Drama Studies <b>L5</b>	64
Business with Digital Marketing <b>L5</b>	34	Physiotherapy Assistant (Pre-University) <b>L5</b>	106
Computer Programming & Coding <b>L5</b>	43	Pre-University Arts & Humanities <b>L5</b>	92
Computer Science (Pre-University) <b>L5</b>	44	Professional Cookery & Chef Training <b>L5</b>	47
Computer Support Technician <b>L5</b>	45	Property & Facility Management <b>L5</b>	41
Construction & Building <b>L5</b>	73	Psychology <b>L5</b>	93
Construction Trades (Pre-Apprenticeship) <b>L5</b>	74	Science (Pre-University) <b>L5</b>	29
Early Learning & Care (Stage 1) <b>L5</b>	90	Social Studies <b>L5</b>	94
Emergency Services – Pre-Paramedic, Garda, Fire Service & Defence Forces <b>L5</b>	100	Special Needs Assistant <b>L5</b>	95
Engineering (Pre-Apprenticeship) <b>L5</b>	75	Sports Physiotherapy <b>L5</b>	107
Engineering Technology (Pre-University) <b>L5</b>	76	Sports, Recreation & Exercise <b>L5</b>	111
● Fashion Design <b>L5</b>	53	Teaching & Education (Pre-University) <b>L5</b>	96
Film Making & Directing <b>L5</b>	54	● Tourism, Hospitality and Business Pre-University <b>L5</b>	48
Film Post-Production & Special Effects <b>L5</b>	55		
Financial Services & Business <b>L5</b>	35	<b>Level 6</b>	
Fine Art <b>L5</b>	56		
Forensic Science <b>L5</b>	27	● Accounting Technician Apprenticeship <b>L6</b>	42
Furniture Making & Woodworking <b>L5</b>	77	Advanced Beauty – Senior Therapist <b>L6</b>	86
Games & Apps Development <b>L5</b>	46	Advanced Music Performance <b>L6</b>	65
Graphic Design – Portfolio Preparation <b>L5</b>	57	Advanced Performing Arts & Theatre Studies <b>L6</b>	66
Gym & Fitness Instructor – Personal Trainer <b>L5</b>	109	Animal Science <b>L6</b>	24
Hairdressing <b>L5</b>	85	● Creative Enterprise <b>L6</b>	60
Healthcare & Intellectual Disability Studies <b>L5</b>	101	Creative Video & Audio <b>L6</b>	61
Healthcare Assistant <b>L5</b>	103	Early Learning & Care (Stage 2) <b>L6</b>	91
Healthcare Assistant & Operating Department Skills <b>L5</b>	102		
Illustration, Design and Drawing – Portfolio <b>L5</b>	58	<b>Level 7</b>	
Law & Criminology <b>L5</b>	36		
Legal Studies <b>L5</b>	37	Bachelor of Business in Tourism & Hospitality Services <b>L7</b>	49
Make-up Artistry with Fashion, Theatrical & SFX <b>L5</b>	84	Bachelor of Science in Applied Health Care <b>L7</b>	108

# Faculty Courses

## Animal Sciences & Natural Sciences

### Animal Sciences

Animal Care Enterprise <b>L5</b>	<b>22</b>
Animal Health Care <b>L5</b>	<b>23</b>
Animal Science <b>L6</b>	<b>24</b>
<b>Natural Sciences</b>	
Applied Sciences <b>L5</b>	<b>25</b>
Biomedical & Pharmaceutical Science <b>L5</b>	<b>26</b>
Forensic Science <b>L5</b>	<b>27</b>
Nutrition & Science <b>L5</b>	<b>28</b>
Science (Pre-University) <b>L5</b>	<b>29</b>

## Business, Computing & Hospitality

### Business

Accounting & Finance <b>L5</b>	<b>32</b>
Business & Corporate Law <b>L5</b>	<b>33</b>
Business with Digital Marketing <b>L5</b>	<b>34</b>
Financial Services & Business <b>L5</b>	<b>35</b>
Law & Criminology <b>L5</b>	<b>36</b>
Legal Studies <b>L5</b>	<b>37</b>
Marketing & Human Resources <b>L5</b>	<b>38</b>
Medical Administration – Hospital and Primary Care <b>L5</b>	<b>39</b>
Office Administration <b>L5</b>	<b>40</b>
Property & Facility Management <b>L5</b>	<b>41</b>
Accounting Technician Apprenticeship <b>L6</b>	<b>42</b>

### Computing

Computer Programming & Coding <b>L5</b>	<b>43</b>
Computer Science (Pre-University) <b>L5</b>	<b>44</b>
Computer Support Technician <b>L5</b>	<b>45</b>
Games & Apps Development <b>L5</b>	<b>46</b>

### Hospitality

Professional Cookery & Chef Training <b>L5</b>	<b>47</b>
Tourism, Hospitality and Business Pre-University <b>L5</b>	<b>48</b>
Bachelor of Business in Tourism & Hospitality Services <b>L7</b>	<b>49</b>

## Creative & Performing Arts

### Visual Arts

Art & Mixed Media (Portfolio Preparation) <b>L5</b>	<b>52</b>
Fashion Design <b>L5</b>	<b>53</b>
Film Making & Directing <b>L5</b>	<b>54</b>
Film Post-Production & Special Effects <b>L5</b>	<b>55</b>
Fine Art <b>L5</b>	<b>56</b>
Graphic Design – Portfolio Preparation <b>L5</b>	<b>57</b>
Illustration, Design and Drawing – Portfolio <b>L5</b>	<b>58</b>
New Media & Digital Content Creation <b>L5</b>	<b>59</b>
Creative Enterprise <b>L6</b>	<b>60</b>
Creative Video & Audio <b>L6</b>	<b>61</b>

### Music & Performing Arts

Music Performance <b>L5</b>	<b>62</b>
Music Technology <b>L5</b>	<b>63</b>
Performing Arts & Drama Studies <b>L5</b>	<b>64</b>
Advanced Music Performance <b>L6</b>	<b>65</b>
Advanced Performing Arts & Theatre Studies <b>L6</b>	<b>66</b>

## Engineering Technology & Built Environment

Architecture (Pre-University) <b>L5</b>	<b>70</b>
Architecture Technology <b>L5</b>	<b>71</b>
Automotive Technology <b>L5</b>	<b>72</b>
Construction & Building <b>L5</b>	<b>73</b>
Construction Trades (Pre- Apprenticeship) <b>L5</b>	<b>74</b>
Engineering (Pre-Apprenticeship) <b>L5</b>	<b>75</b>
Engineering Technology (Pre-University) <b>L5</b>	<b>76</b>
Furniture Making & Woodworking <b>L5</b>	<b>77</b>
Motor Mechanic (Pre-Apprenticeship) <b>L5</b>	<b>78</b>

## Hair & Beauty Services

Barbering <b>L5</b>	<b>82</b>
Beauty Therapy, Massage & Electrotherapy <b>L5</b>	<b>83</b>
Make-up Artistry with Fashion, Theatrical & SFX <b>L5</b>	<b>84</b>
Hairdressing <b>L5</b>	<b>85</b>
Advanced Beauty - Senior Therapist <b>L6</b>	<b>86</b>

## Humanities

Early Learning & Care (Stage 1) <b>L5</b>	<b>90</b>
Early Learning & Care (Stage 2) <b>L6</b>	<b>91</b>
Pre-University Arts & Humanities <b>L5</b>	<b>92</b>
Psychology <b>L5</b>	<b>93</b>
Social Studies <b>L5</b>	<b>94</b>
Special Needs Assistant <b>L5</b>	<b>95</b>
Teaching & Education (Pre-University) <b>L5</b>	<b>96</b>

## Nursing, Health & Sports

### Nursing & Health

Emergency Services – Pre-Paramedic, Garda, Fire Service & Defence Forces <b>L5</b>	<b>100</b>
Healthcare & Intellectual Disability Studies <b>L5</b>	<b>101</b>
Healthcare Assistant & Operating Department Skills <b>L5</b>	<b>102</b>
Healthcare Assistant <b>L5</b>	<b>103</b>
Nursing Studies <b>L5</b>	<b>104</b>
Occupational Therapy (Pre-University) <b>L5</b>	<b>105</b>
Physiotherapy Assistant (Pre-University) <b>L5</b>	<b>106</b>
Sports Physiotherapy <b>L5</b>	<b>107</b>
Bachelor of Science in Applied Health Care <b>L7</b>	<b>108</b>

### Sports

Gym & Fitness Instructor – Personal Trainer <b>L5</b>	<b>109</b>
PE Teaching & Sports Studies (Pre-University) <b>L5</b>	<b>110</b>
Sports, Recreation & Exercise <b>L5</b>	<b>111</b>

# Principal's Welcome

Welcome to the Carlow Institute of Further Education and Training prospectus for full-time courses in 2026–27. You'll discover the wide range of opportunities that we have on offer, with courses that will support you to achieve your ambitions.

Whether you are leaving school, looking to return to the world of work, or seeking a new direction, you will find courses that can help you achieve your goals. Our fantastic staff members are experts in their subject fields, and we ensure that our courses combine expert knowledge with real-world skills and experience. Our year-long courses will open a wide range of opportunities, so whether you are seeking a qualification to help you progress to Higher Education,

entry to employment, or a route to an apprenticeship, you'll find options to suit you. This prospectus will also give you a glimpse of what it's like to study at our state of-the-art campus, and the support and opportunities we offer, including work placements, and our Erasmus+ international travel programme for students.

At Carlow Institute, we believe in our students' ability to fulfil their potential and to achieve great success. That is why we go the extra mile to support our students, and you can find out information about the range of supports on offer in this prospectus, and even more information on our website. Every year our students achieve excellent results and progress on to the next stage of their career journeys, and we are proud of our students' many success stories. We look forward to helping you do the same too.

I am sure that you will find interesting courses in this prospectus, but also suggest that you should come and see for yourself at our Open Day. This is a great opportunity for you to meet our brilliant staff team, tour our outstanding facilities, meet current students and find out all that is involved in studying at Carlow Institute. Please check our website and social media platforms for dates and further details of our Open Events.

I look forward to welcoming you to Carlow Institute,

**David Forde**  
Principal



**David Forde**  
Principal  
BA Music (Hons),  
HDipEd, MA Lifelong  
Learning, MA Music



**Laetitia Moloney**  
Deputy Principal  
BA, HDipEd,  
HDipIT, MEd



**Peter Cleere**  
Deputy Principal  
BA, PGCE,  
MA Education,  
PGDELM



**Seán Quigley**  
Deputy Principal  
BA Natural Sciences  
(Hons), PGDE, GDip  
Ed (Leadership)





# What is Further Education and Training?



## Did you know?

### Realistic Working Environments

Some of our new spaces are familiar lecture-rooms, but you'll find Realistic Working Environments too. These are professional standard facilities with real-world equipment.

Some of our Realistic Working Environments include:

- Art Studios
- Music Performance Studios
- Recording Studio
- Science Labs
- Animal Care Studio
- Horticulture Greenhouse
- Engineering and Mechatronics Workshops
- Automotive Engineering
- Hair and Beauty Therapy Suite
- Sports-hall, Gym and Conditioning Studio

We've designed the new Institute with the spaces and equipment to develop your skills and talents!

Further Education and Training at Carlow Institute offers full-time courses at Level 5, Level 6 and Level 7. The Institute offers qualifications which include QQI, City & Guilds, ITEC, CIDESCO and SETU certification. These awards are easily transferable and recognised on the NFQ Awards Framework, enabling access and progression within education.

required for work. You learn related theory and knowledge, to gain a thorough understanding of your area. You can develop wider skills including independent learning, teamworking and research techniques as part of your course.

At Carlow Institute our courses are at **Levels 5, 6 and 7** on the National Qualification Framework.

### Assessment

You will have many different ways to demonstrate the skills, competencies and knowledge that you develop. These include practical tasks, demonstrations, presentations, assignments, examinations, portfolios and creating items. Assessment takes place throughout the course, and you will receive regular feedback on your work with advice on how best to improve your skills.

### Progression to Careers

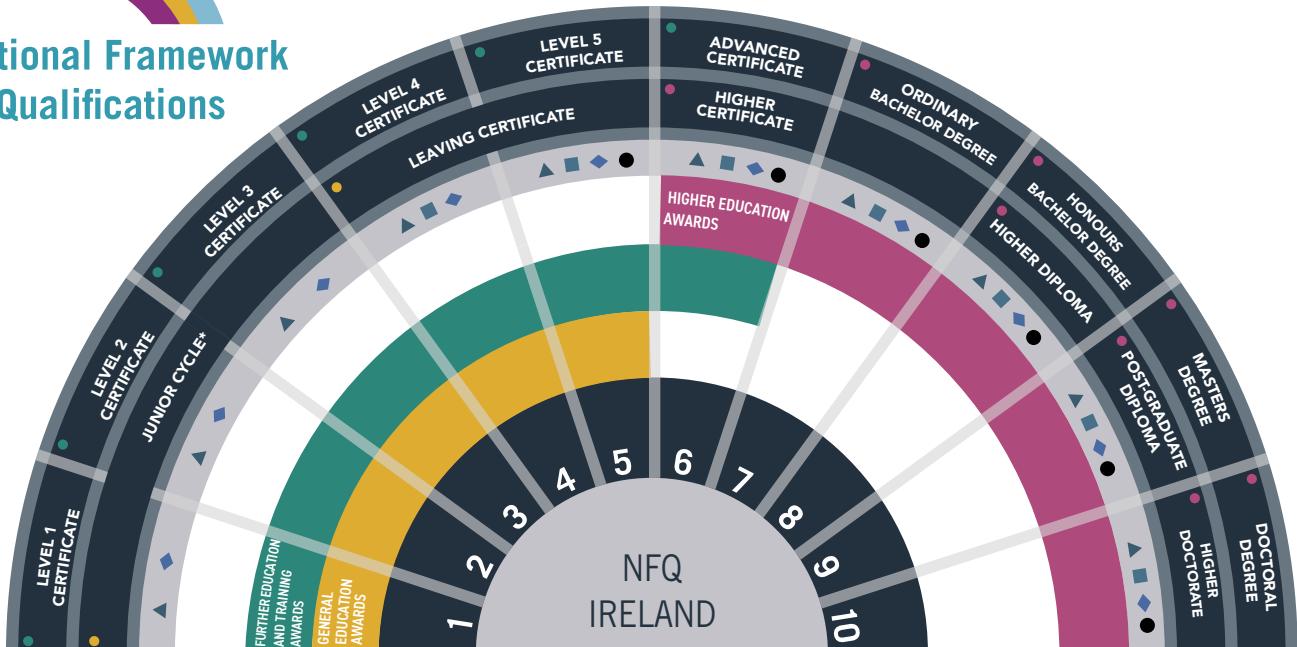
'Many of our courses allow direct progression to employment and future careers. For selected career areas, our courses provide direct entry to work with a professional qualification on completion.

Many others support pathways to Apprenticeship and other work-based learning while in employment.'

### Learning

Our courses cover many professional fields and are relevant to professional standards. You complete practical tasks to develop the technical, occupational skills

# National Framework of Qualifications



## CLASSES OF AWARD

- ▲ Major Awards: named in the outer rings, are the principal class of awards made at a level
- Minor Awards: are for partial completion of the outcomes for a Major Award
- ◆ Supplemental Awards: are for learning that is additional to a Major Award
- ◆ Special Purpose Awards: are for relatively narrow or purpose-specific achievement
- Professional Awards: are for occupation-orientated qualifications including apprenticeships

\*Please refer to NCCA website, ncca.ie/en/junior-cycle/



Supported by the Erasmus+ Programme of the European Union

## IRISH REGISTER OF QUALIFICATIONS

For more information on

- Qualifications
- Providers
- Courses

visit [wwwirq.ie](http://wwwirq.ie)



**Did you know?**

### Free Tuition @ Carlow Institute.

On **application** a €20 Charge  
On **registration** - a KCETB Administration Charge - €80

Carlow Institute aims to make education as accessible and affordable as possible.

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free.

The cost of PPE, clothing, kits, materials, and equipment required for your course are covered.

### Comparing Irish NFQ Qualification Levels and UK Equivalents

Some courses lead to international qualifications from UK awarding bodies such as ITEC and City and Guilds. These qualifications use UK levels, which are different to Irish NFQ levels, but this grid gives you a convenient way to compare:

#### Irish Level      UK Level

Level 5 ↔ Level 3  
Level 6 ↔ Level 4

You can see that even though the levels appear different, they are easily comparable. We offer UK awards especially where there is **international recognition** in the industry and occupational sector.



# Carlow Student Life



## Getting Here

Our new campus is within walking and cycling distance of the town centre, with street-lighting and cycle tracks. We have over 200 first come, first-served parking spaces available to students.

Dedicated parking is provided for students with disabilities, and the new site is fully accessible.

We welcome students from all over Ireland and beyond to Carlow Institute. Carlow Town Bus Service operates every 30 minutes to a bus stop outside the college. Regional dedicated student bus routes commence and terminate at our location in the morning and evening.

Carlow is served by a main-line train station, and an extensive network of public and private bus and coach operators, serving the surrounding counties.

### Carlow Student Life

Carlow Institute is within walking distance of the town centre. Carlow is also home to two Higher Education providers – SETU and Carlow College – making it a student-friendly destination with a great mix of services, nightlife and leisure facilities. Carlow is an incredibly popular choice for students with plenty of opportunities to meet new people and make new friends

### Sport

Carlow is home to many sporting opportunities. You will find Carlow Rugby club, Carlow Lawn Tennis Club, Carlow Athletics, Carlow Rowing Club, many GAA clubs and other sports pursuits within easy reach. Carlow town has many sports and leisure centres, and Carlow Institute of Further Education and Training students can avail of student memberships for many of these facilities.

### Things To Do

#### Culture

VISUAL Carlow is an award-winning Creative Arts complex in the town centre. The centre hosts regular exhibitions of national and international artists, and a vibrant programme of film, music, drama and dance. As partners, Creative Arts students from Carlow Institute work with VISUAL/George Bernard Shaw on events and productions. Further afield, you can access festivals and events including music, literature and arts. For those who like the spotlight, there are local performing groups, and cultural and historical societies to join.

#### Further Afield

You will find plenty to do in Carlow, but if you want the buzz of a big city, Dublin, Kilkenny and Waterford are in easy reach by public transport, with regular train and bus connections. If you prefer the outdoors, Carlow is surrounded by beautiful countryside, with walking, mountain-biking, angling, golf and equestrian within easy reach. Find out more about recreation activities through the Student Support Team.

# Student Support Services

(A selection of what we offer)

## General Facilities

- A café canteen with a range of food options.
- Access to landscaped outdoor areas.
- Lockers and changing areas
- Social spaces on each floor.
- Information TV screens throughout the building.
- Access to our professional gym and sports facilities (where possible).

## Teaching and Learning Facilities Programme Co-ordinator

Each course has a dedicated course coordinator overseeing the academic content and progression of our students.

## Class Teacher

Every course has a weekly tutorial class with an assigned class teacher. The role of class teachers is pastoral in nature offering students a supportive environment to progress their participation and attendance.

## Student Library

This is an open-access space over two floors that allows students access computers and photocopying facilities, enabling them to engage in self-directed study and work on projects and assignments.

Examples of student services

### Student Email Account

Each student will be provided with an office 365 email account providing access to Office 365 apps – Outlook, OneDrive, SharePoint, OneNote, MS Word, Excel, PowerPoint etc.

### Moodle

Our Virtual Learning Environment containing calendars, assignment briefs, notes and resources online. Students can access Moodle at any time and from any location. Pertinent information on essay writing, referencing and study skills etc. can also be located in this environment. Important announcements, information and updates, alongside policies and procedures, can be found on Moodle. Completed assignments will be submitted through Moodle.

### Guidance Counsellors

The Institute offers students a comprehensive Guidance Counselling Service. This service provides help in the areas of career guidance, personal and educational support. The service encourages students to make informed decisions about career choice and planning and the successful completion of their course.

### Student Council

All students are automatically affiliated to the Student Council, thus facilitating student voice and views.

### SUSI

Applications are made online to Student Universal Support Ireland (SUSI) through [www.studentfinance.ie](http://www.studentfinance.ie) and payments are monitored monthly by our SUSI officer.

### Erasmus+

Carlow Institute offers students an opportunity to participate in Erasmus+. This programme enhances student experiences in an international context.

### Graduation

Each year Carlow Institute celebrates the academic achievements of its students through its renowned graduation ceremony.

# Eight great reasons to study at Carlow Institute

## 1 Great Range of Courses

The largest range of courses in the region. All our courses are **FREE**. Please see page 9 for further details.

## 2 Experienced, Talented Staff

Our highly motivated teaching team combine qualifications, industry experience and passion for their subjects

## 3 A Student-centred Institute

We believe that every student matters and provide a caring, inclusive environment

## 4 Great Results

Students achieve internationally recognised qualifications

## 5 Great Links with Employers

We work with hundreds of employers every year

## 6 Progression Opportunities

Progress with us, to employment, or to Higher Education via links-scheme

## 7 Outstanding Facilities

You will learn using the resources of our new state-of-the art institute

## 8 Great Social Opportunities

You'll be able to join events, make new friends and much more

# How to Apply

## Applications & Closing Dates

It takes just **five easy steps** to become a student at Carlow Institute:

### 1 Choose Your Course

Read the prospectus and visit our open day. You can contact us for information and advice about the opportunities on offer.



### 2 Complete an Application

Complete an application online at [www.carlowinstitute.ie](http://www.carlowinstitute.ie)



### 3 Come for an Interview

We will invite you to an interview – this is to make sure that you've made the right choice!



### 4 Accept Your Place & Enrol

When you are offered a place, you confirm that you want to enrol. We will tell you about registration and induction for your course



### 5 Register & Attend Induction

You will be invited to register for your place, and to attend an induction and welcome programme at the start of your course



\* Your place on the course is confirmed when you **fully register**.

## Important Information

### Making your application

**Online:** Complete your application online at [www.carlowinstitute.ie](http://www.carlowinstitute.ie)

- You pay a **€20 charge on application** and a **KCETB Administration charge of €80** will apply on completing registration
- Charges are **non-refundable**, and applications cannot be completed if the payment isn't made

**APPLY ONLINE NOW**  
**[www.carlowinstitute.ie](http://www.carlowinstitute.ie)**

13

## Important Information

See [CarlowInstitute.ie](http://CarlowInstitute.ie) for information on fees for international applicants, BTEA, grants and financial supports. Applicants are advised to follow guidelines to apply early for financial supports, such as SUSI and to contact their Intreo Office re: BTEA.

### Interview & Applications

Applications can be made from **January 2026** and interviews will begin in **March 2026**. The closing date for general applications is **August 2026** (see website).

# International Opportunities

## Erasmus+

Carlow Institute participates in the Erasmus+, European Union's programmes supporting education and training through mobility and international links.

Through Erasmus+ we offer students and staff the opportunity to enhance their experiences in an international context through funded residential trips to partner organizations across Europe. Research shows that participating in overseas educational experiences enhances students' progression opportunities, as well as

developing a wide range of personal skills, including confidence and intercultural awareness. At Carlow Institute, we have developed links with colleges across Europe and have scheduled student visits which offer amazing opportunities to develop cultural and educational awareness and to understand the international dimension of the occupational areas. International visits are brilliant learning experiences and are significant enhancements to your CV too!

Following our themes of Academic Integrity, Transversal

Skills and Work Based Learning, our participants have availed in Micro credentials, Job Shadowing, training and courses throughout Europe. Collaborations in Finland, Denmark, The Netherlands, Czechia and Portugal have greatly added to learning experiences at Carlow Institute.

Carlow Institute looks forward to continuing their involvement in Erasmus+ and offering enriching experiences for staff and students alike.



# Open Learning and Students with Additional Needs

Carlow Institute is committed to promoting equality of opportunity and access for students who have a disability, specific learning difficulty or medical condition. We endeavour, wherever possible, to make it easy for students to access our courses and to participate in student life at the Institute.



## Who Can Access Additional Support?

**Additional support\* can be available to those who**

- are deaf or hard of hearing
- are blind or vision impaired
- have a specific learning difficulty, such as dyslexia
- have a general learning difficulty
- have a developmental co-ordination disorder, such as dyspraxia
- have ADD or ADHD
- have an Autistic Spectrum Disorder (including Asperger's Syndrome)
- have physical or mobility difficulty
- have speech and language difficulties
- have a mental health condition
- have a neurological condition



## How Can I Access Additional Support?

If you have a disability or support need, we ask you to provide this information immediately after registration. If you provide us with the relevant documentation we will apply for funding for additional supports for your studies.

The additional support available may include academic/learning support in the form of:

- Assistive technology, equipment and software
- Examination accommodation (e.g. extra time allowance or reader)
- Group or individual educational support or assistance

Students who would benefit from a tour of the building or a more in-depth introduction to the college, should contact us in advance of the academic year so that all queries can be addressed.

Subsequent information outlining the disability or support need should be made available **immediately after registration**.

Once we have the relevant documentation, an application for additional support can commence.



## \* Very Important Information

The funding available for additional support for students with disabilities/ special needs comes from the SOLAS Fund for Students with Disabilities. This funding is subject to application and the eligibility of each student. Our ability to provide you with additional supports depends upon:

- the information and supporting documentation you give us
- how soon we get this information and supporting documentation (so we can make a timely application on your behalf)
- your eligibility as determined by SOLAS

Please let us know about a disability or learning difficulty as soon as you apply to study with us. You'll find some initial questions on the application form. We'll contact you for information to make the application, and we'll also let you know the decision. Additional support funding applications require a consultant's report for disabilities/illness or an educational psychological report for specific learning difficulties. Support availability depends on the information provided. Reports over five years old are not accepted. Only reports from Consultants or Educational Psychologists are valid; GP or support organisation letters won't be accepted. Late applications may delay access to support. Funding eligibility is based on nationality and residency criteria. Support approval depends on available resources.



## Need More Information?

If you would like to chat about the supports available, feel free to ask at interview, open days or by contacting the student support team at **059 913 4230**

# Standard Academic Entry Requirements

Unless otherwise stated, the basic entry requirement to full-time courses is as follows:

## For Level 5 courses:

- Over 17 years of age and completion of upper secondary education (i.e. 5th and 6th year) or equivalent

## AND

- Successful completion of a **Leaving Certificate**, or **QQI L4 award** (or equivalent international qualification)

## For Level 6 courses:

- The basic entry requirement to all full-time **Level 6** programmes is the successful completion of a **Level 5** major award (or equivalent international qualification)

Applicants who do not meet these requirements, and who are between 17 and 23 years old, will be referred to our Guidance Counsellor.

Where a course is part of a jointly managed Degree programme, any specific admissions arrangements associated with that degree, which may sit outside this policy, will be clearly indicated.

Some programmes may require specific subjects or skills. Our teachers will assess if the course is the right option for you at an interview. All reasonable efforts are made to facilitate diversity and to support learners with additional needs. See the section Open Learning and Students with Additional Needs for more information.

## Mature Students

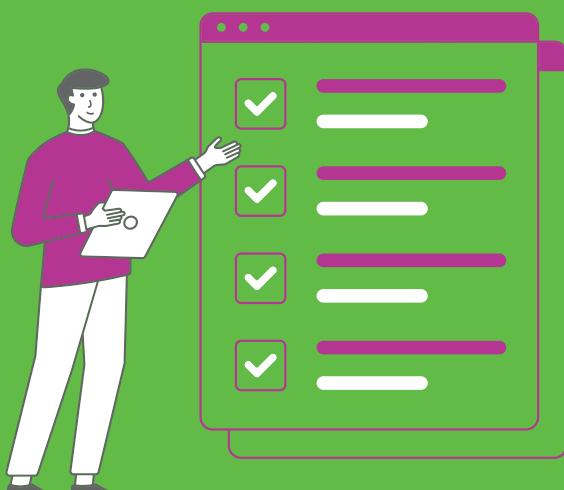
Mature applicants (over 23 years old) are welcome to apply for courses at Carlow Institute of Further Education and Training. Mature applicants who do not meet the minimum entry requirements, but who have acquired skills or experience, are welcome to apply. The general suitability for attendance on the course is assessed at an interview. All other requirements of this admissions policy, including the application and interview process apply to mature students.

## English Language Requirements

Applicants whose first language is not English will need to demonstrate proficiency in communication through English to Literacy Grade B2 standard or higher for Level 5 courses. Some specific courses may require a higher standard – this will be stated in the course description, and at point of interview.

Applicants who are unable to demonstrate adequate proficiency will be referred to Kilkenny and Carlow Education and Training Board Literacy Services to develop these skills to support later progression to Carlow Institute.

Applications must be submitted with any advertised application fee. The application fee is non-refundable, and applications cannot be processed if this payment isn't made.





## All About the Interview

### Your Application

Applicants must have a valid email address for the application to be processed. Parents/guardians of applicants who are under 18 years of age at point of initial application will be asked to provide written permission for communication to complete the application process. A permission form will be sent by email, and the application will progress once the parent/guardian has returned the completed permission form.

### Your Interview

Interviews take place from March to late August.

Our staff will guide you through questions to make sure that you are in a position to succeed on the course. You will be able to ask about the course and opportunities available.

It is essential to attend an interview – it is your opportunity to see if the course is the right choice for you.

### After Your Interview

If the course is the right choice for you, you will be offered a place. As courses are popular, this operates on a first fully registered basis. We cannot keep places for students who are not fully registered.

If you aren't ready to undertake a course, or need more time to develop skills, you will be guided to step-up options, including:

- Other alternative courses, including work-based learning and apprenticeships
- Career Guidance Counsellor advice on alternative courses.

### Garda Vetting (Clearance)

Garda Vetting (police / criminal records clearance) is a requirement on courses where students have access to children or vulnerable adults. Students must be vetted for clearance by the Gardaí prior to attending work experience. It is **your responsibility** to obtain Garda Vetting Clearance / criminal records clearance.

Students who have lived outside the jurisdiction of Ireland / Northern Ireland, and for whom Garda vetting / clearance is unavailable, are required to provide verifiable evidence of criminal records clearance from the relevant police authorities.

We will provide you with information about making an application for clearance, but **it is your responsibility to complete any necessary application and to obtain clearance**. If you are offered a place on a course, you will be issued with information at registration.

It is an advisory interview to help you to understand what is involved in the course. Our goal is to ensure that your transition to college is as smooth as possible, and we are here to support you.

### Top Tips For The Interview

Here are some ideas to help you prepare. Remember, we want to make sure the course is right for you!

- We'll ask about your interests and how these relate to the course
- We'll ask about what you want to do in the future
- We'll ask about your achievements – these could be academic, or events that you have participated in
- We'll ask what you think your skills are
- Above all, let us find out about you

Remember that like all professional interviews, some personal preparation will really help boost your confidence! Only the applicant attends the interview, third parties are not permitted to attend.

## Other Important Information

The number of places available on each course is limited, and waiting lists will apply when courses are full. All courses are subject to minimum enrolment, and in the event that a course is not available, applicants will be advised of alternative choices on offer. The

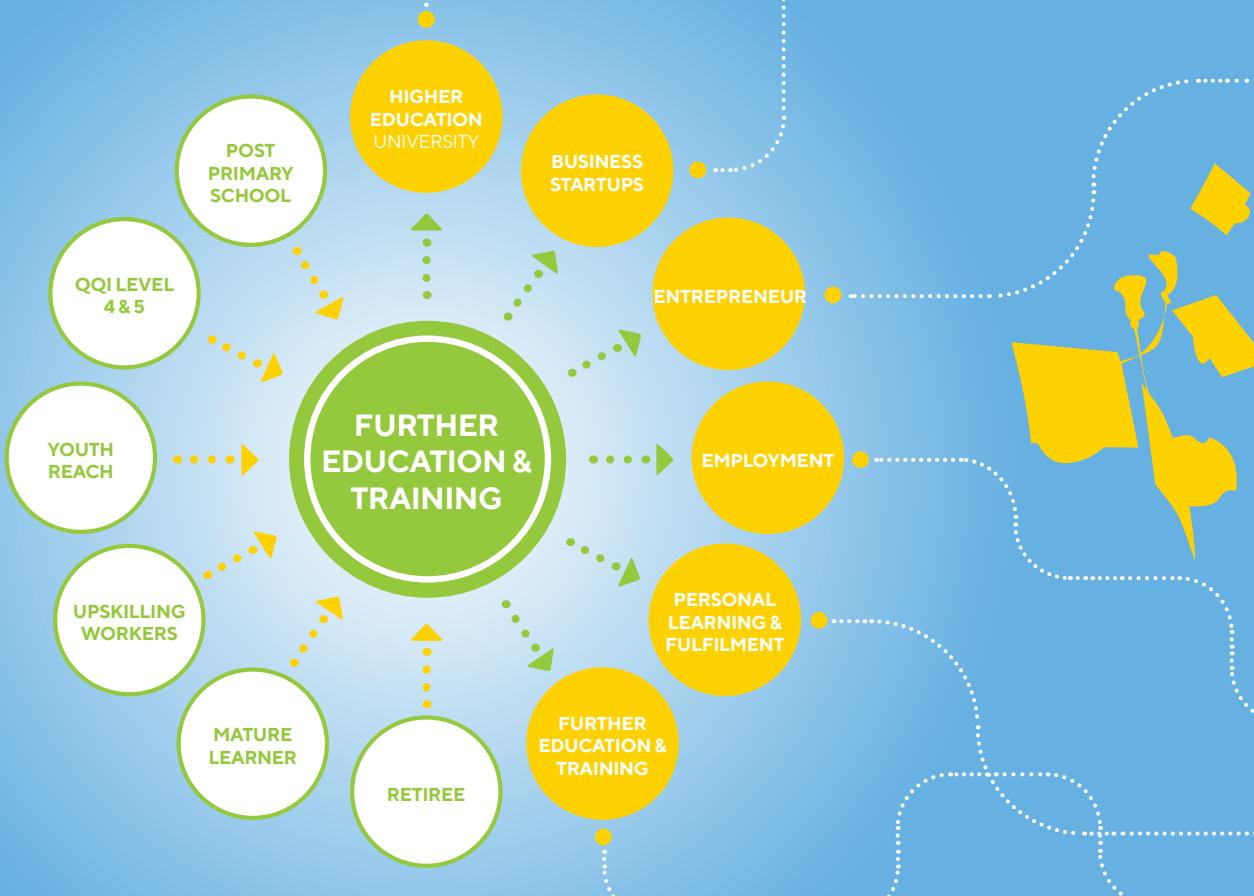
programme content shown in this prospectus is indicative, and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Offers of a place on a course are conditional, which may include grade outcomes in pending examinations,

and are subject to general suitability for the course as determined at the interview.

Only registered students are entitled to attend classes and other activities at the Institute. Registration is only complete once all registration requirements have been met.

# Choose your Education journey



18

IF YOUR NEXT STEP IS  
**HIGHER EDUCATION**  
LOOK OUT FOR THIS

STEP-UP TO  
**HIGHER EDUCATION**

If you see this badge on the course page, this course is designed to provide preparation and access to **Higher Education** in Universities

IF YOUR NEXT STEP IS AN  
**APPRENTICESHIP**  
LOOK OUT FOR THIS

PATHWAY TO  
**APPRENTICESHIPS**

If you see this badge on the course page, this course provides preparation and access to **apprenticeships**

IF YOUR NEXT STEP IS  
**FULL TIME WORK**  
LOOK OUT FOR THIS

CAREER  
**READY**

If you see this badge on the course page, this course provides the industry standard qualification for **full time work**



## Did you know?

1

If you're unsure about going to University straight away, a **one-year PLC course** is ideal to help you decide, and you gain an additional recognised qualification!

2

A one-year **Level 5** Further Education course generates up to 390 points for CAO

3

Our Higher Education partners tell us that **our students perform really well** when they progress to degrees

4

The step-by-step route to Higher Education could **save you money**

5

At each step you will have an opportunity for an **internationally recognised qualification** that will really liven up your CV

6

You can '**step on-and-off**', so you can take time out between levels if you need to





Our Animal Sciences and Natural Sciences courses are your gateway to a wide range of exciting careers, with numerous options in the world of work, or for progression to Higher Education. We are constantly evolving our curriculum in response to industry and employment opportunities, so you can be sure that your course will be at the cutting edge. Animal Sciences and Natural Sciences are moving faster now than ever before, and it's people like you that will be part of that exciting revolution.

## Affiliations



# Dog grooming Agri-Business Ecologist

# Animal Sciences & Natural Sciences

## Animal Sciences

• Animal Care Enterprise L5	22
• Animal Health Care L5	23
• Animal Science L6	24

## Natural Sciences

• Applied Sciences L5	25
• Biomedical & Pharmaceutical Science L5	26
• Forensic Science L5	27
• Nutrition & Science L5	28
• Science (Pre-University) L5	29

21

Dietitian

Geneticist

Product Manager

Biomedical Engineer

Quality Control

Healthcare Technologist

Forensic Scientist

Chemist

Zoo keeper

Agriculture & Food Science

Clinical Researcher

Data Scientist

Vet-nursing

# Animal Care Enterprise

Martina Redmond

This course is an ideal foundation for careers in the pet and animal care industry, with a special emphasis on setting up your own business. Perfect for entrepreneurial students with aspirations to work in, or start their own, animal care business, including Kennels/Catteries, Pet shops, Dog Groomers, Animal-Assisted therapies to Canine First Response.

You explore the animal industry in a science-based, hands on and stimulating course covering animal handling, science, welfare and animal grooming. Students learn the practical skills, knowledge and experience required to work directly with animals, including in managing small mammals. You will also learn business skills required for successful participation in industry.

We have many professional links, and you will participate in a wide range of field trips to animal care contexts. This course is a foundation for careers and further study in the animal industry, and there are many progression options, including our own Level 6 Animal Science course.

## What Makes This Course Special

- Hands-on course, with Animal Handling Experience
- Highly Experienced Animal Science Team
- Opportunities for Field Trips
- Short courses built in such as Canine First Response
- Excellent Progression Routes, including our own Level 6

## Course Content

- Animal Anatomy & Physiology
- Animal Grooming
- Animal Welfare
- Business Administration
- Small Animal Husbandry & Housing
- Communications
- Work Experience

22

## Progression

Progress to further study and careers including:

- Animal Care Roles
- Animal Welfare Organisations
- Doggy Daycare
- Boarding Kennels
- Catteries
- Animal Parks & Zoos
- Grooming Parlours
- Large & Small Animal Clinics
- Pet Shops
- Stable Yards
- Animal Assisted Therapy

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

**QQI L5 Award** Certificate in Animal Care 5M2768

**Canine First Response** Certification of Participation

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

“After 12 years in fitness, I decided to pursue a new passion—animal care. Despite initial concerns about being the oldest in class and relearning how to study, my experience was incredibly positive. I found the animal care course fascinating, with supportive teachers and a diverse, friendly class. This journey inspired me to establish 'Pawfinitely Happy Pet Services,' offering various pet care services. The knowledge gained from the course empowered me to open a grooming salon in Mountrath town. I'm grateful for the assistance from CIFE, especially Martina and the dedicated staff, I'm excited for this new chapter in my life.”

Regina

“Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.”

Apply  
Online

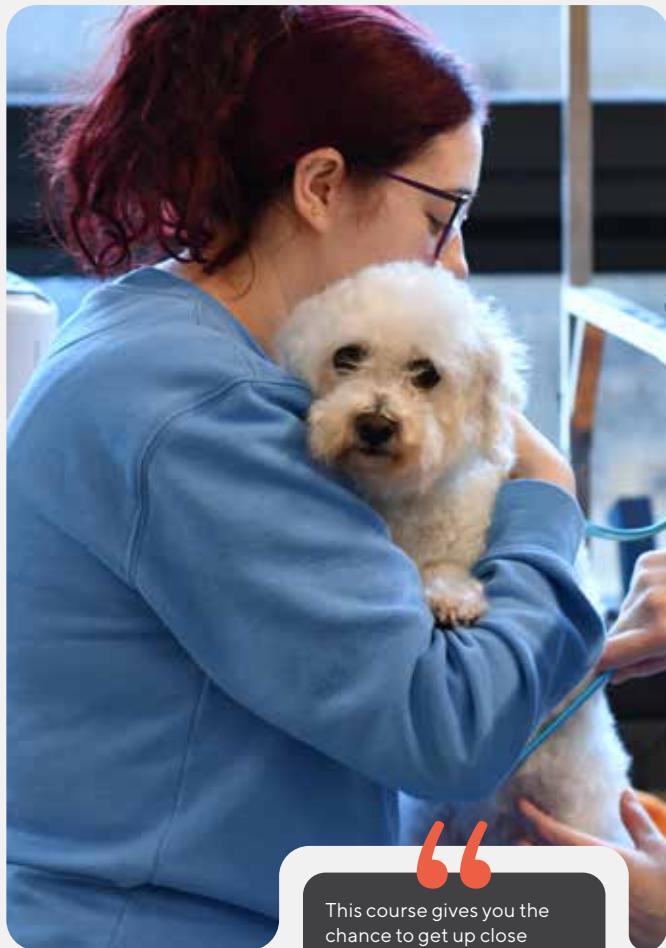


5  
Level

PLSS Code:  
458727

# Animal Health Care

## Martina Redmond



our  
**students**  
say...

“

This course gives you the chance to get up close and personal with animals, develop friendships with peers, and meet a dedicated team of staff members who are always there for you. I graduated from the Level 5 Animal Health Care course, and am now starting my 1st year of Veterinary Nursing at Athlone TUS. I am grateful for my time at Carlow Institute as it has helped me get to where I am today, and I would encourage anyone who is interested in attending the Institute to take the leap and apply, you won't regret it.

Niamh

”

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

This course is an ideal foundation for progression to careers in the animal health industry, from animal welfare, kennel manager, veterinary nursing to zoologist.

You will explore the animal industry in a science based, hands on and stimulating course. You will study animal handling, science, welfare and animal grooming, learning practical skills, gaining the knowledge and experience required to work directly with animals.

We have many professional links, and you will participate in a wide range of field trips to animal care contexts. This course is a foundation for careers and further study in the animal industry, and there are many progression options, including specialised entry to veterinary nursing, Animal Science, Science, Agricultural Science, Marine Biology and Zoology degree courses.

### What Makes This Course Special

- Hands-on course, with animal handling experience
- Highly experienced animal science team
- Great professional links
- Opportunities for field trips
- Short courses built in such as Canine First Response
- Excellent progression routes, including our own Level 6

### Course Content

• Animal Anatomy & Physiology	• Biology
• Animal Grooming	• Mathematics
• Animal Welfare	• Communications
• Veterinary Assisting Skills	• Work Experience

### Progression

Progress to further study and careers including:

• Veterinary Nursing	• Catteries
• Animal Care Roles	• Grooming Parlours
• Animal Welfare Organisations	• Large & Small Animal Clinics
• Boarding Kennels	• Pet Shops
	• Stable Yards

### Entry Requirements

Standard entry requirements (see page 16)

### Certification

**QQI Level 5** Certificate in Animal Care 5M2768  
**Canine First Response** Certification of Participation

### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

### Garda Vetting

See notes on page 17

Apply  
Online



5  
Level

PLSS Code:  
458732

# Animal Science

*Martina Redmond*

Animal Science is an advanced course, building on the occupational skills achieved at Level 5. It is a perfect step-up course to lead you to supervisory careers, or onto Higher Education studies.

The course includes a practical and theoretical study of the science of animal health and behaviour for domestic, farm and wild animals. You will also enhance your animal handling skills through 'hands-on' practical assignments including advanced grooming and a one-week placement at an agricultural college. Other field trips include Wexford wildfowl reserve, Glendalough, and Emerald park.

You can progress from this course to a wide range of animal science, veterinary and management degrees. We have many professional links, and you will participate in a wide range of field trips to animal industry contexts.

## What Makes This Course Special

- Advanced study
- Highly experienced animal science team
- Detailed 'hands on' practical skills and knowledge
- Great professional links including Dublin Zoo and Kildalton College
- Opportunities for field trips
- Excellent progression routes

## Course Content

• Animal Behaviour	• Kennel & Cattery Management
• Animal Grooming	• Wild Animal Management
• Animal Science & Health	• Work Experience
• Large Animal Husbandry	

24

## Progression

Progress to further study and careers including:

• Veterinary Careers	• Pet Shops
• Animal Health Sciences	• Animal Sales
• Animal Husbandry	• Stable Yards
• Animal Shelters	• Stud Farms
• Animal Welfare	• Wildlife Tourism Parks
• Animal Grooming	• Zoology
• Boarding Kennels & Catteries	• Farming/Agricultural Industry

## Entry Requirements

**QQI Level 5** Certificate in Animal Care or equivalent

## Certification

**QQI L6 Award** Certificate in Animal Science 6M5153

**Canine First Response** Certification of Participation

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

On finishing my Level 5 in Animal Care I decided that I wanted to continue my education in the animal care world. I decided to do another QQI course, this time in Animal Science in Carlow Institute of Further Education. So far, the course is both practical and academic in equal measure ensuring an all-round educational experience. Everyday since starting has been both challenging and interesting and fun! Overall doing the Animal Science course has been a fantastic experience and I would recommend it to anyone graduating from a level 5 in Animal Care to continue their education in Carlow Institute.

Jean

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Apply  
Online



6  
Level

PLSS Code:  
458492

# Applied Sciences

Irene Hayes



our  
**students**  
say...

“  
I want to work in the Agri science area, but I did not know the skills I would need or how to get started. Applied science gave me the lab skills and the knowledge I needed as well as the entry requirement to progress to the linked degree course. Now, I have a clear path to the career in biomedical science.

Jamie

”

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

The science industries are one of Ireland's fastest growing sectors, with job opportunities outstripping supply of graduates. Our Applied Sciences course is an ideal foundation, providing a platform to a wide range of careers including Bio-pharma, agri-science, chemistry and micro-biology. You'll study a wide range of science subjects, and applied laboratory skills, helping you gain practical insights as well as firm theoretical knowledge.

You can progress both to Higher Education and to many careers both in commercial and research science. For those wishing to progress to Higher Education, this foundation will give you the edge when you progress to degree level study.

## What Makes This Course Special

- Develop practical laboratory skills
- Broad range of science knowledge
- Many progression options
- Fast-growing sector
- Exciting links and visits with third-level institutions
- Step up to wider-ranging professional career options

## Course Content

• Biology	• Microbiology
• Chemistry	• Physics
• Laboratory Skills	• Communications
• Mathematics	• Work Experience

## Progression

Progress to further study and careers including:

• Agri-science	• Chemical Engineering
• Biochemical Engineering	• Clinical Researcher
• Biopharma	• Laboratory Assistant
• Biotechnology	• Pharmaceutical Science

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI L5 Award Certificate in Laboratory Techniques 5M3807

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
459236

# Biomedical & Pharmaceutical Science

Irene Hayes

Biomedical & Pharmaceutical Science is the study of human health and disease and represents one of the largest industries in Ireland today. This course aims to provide students with an introduction to laboratory skills and diverse areas of modern health sciences, allowing them to develop their practical skills, techniques and knowledge in the area of Biomedical and Pharmaceutical Science. This is a progression course with significant opportunities to progress to higher education, with all of the core science subjects – Biology, Chemistry, Physics and Maths – taught in this one year course.

## What Makes This Course Special

- Develop practical laboratory skills
- Broad range of science knowledge
- Detailed technical knowledge
- Excellent progression routes

## Course Content

- Biology
- Chemistry
- Maths
- Communications
- Work Experience
- Anatomy & Physiology
- Laboratory Skills
- Microbiology

## Progression

Progress to further study and careers including:

- Biopharma
- Biotechnology
- Laboratory Assistant
- Pharmaceutical Science

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI L5 Award Certificate in Laboratory Techniques 5M3807

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

26



OUR  
students  
say...

“ I have always been interested in this area of science, and I know the career I want. I was offered the degree course I applied for through CAO, but I didn't feel I was ready to take it on. The staff and facilities at Carlow Institute were fantastic. The year in Biomedical Science has given me the skills and self-confidence to get the very best from the degree course now. I would recommend deferring to anyone in the same situation and building their skills here first. ”

Natalasha

Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

5

PLSS Code:  
459238

# Forensic Science

## Irene Hayes



our  
**students**  
say...

“  
This course allowed me to combine my interest in chemistry, biology and the law. It is a really interesting way to see how careful application of scientific principals can affect investigations and criminal cases. I had a great time with the class group and the teachers at Carlow Institute are genuinely interested in and care about their students. A great course if you are interested in this area of science and I look forward to studying it further.  
Sarah

“

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Discover the world of Forensic Investigation and Science with this new course. You will benefit from an introduction to the basic principles of forensics and criminology in the context of a solid foundation of the core sciences Biology and Chemistry.

Students will participate in laboratory work, with a particular focus on how evidence is collected and analysed for use in legal cases. Participants will gain in-depth knowledge of crime investigation and criminology. Students will have the opportunity to develop their practical laboratory skills with a focus on forensic applications. Graduates of this course will be prepared for further study or to begin their career.

### What Makes This Course Special

- Solid foundation of science and investigation
- Practical skills and applied knowledge
- Many progression routes available
- Fast-growing sector
- Step up to wider-ranging professional career options

### Course Content

• Laboratory Skills	• Microbiology
• Criminal Law	• Mathematics
• Biology	• Communications
• Chemistry	• Work Experience

### Progression

Progress to further study and careers including:

• The Defence Forces	• Forensic Science Laboratory
• DNA & Forensic Analysis	• General science
• Laboratories in areas such as general science, State Laboratory	• Pharmaceutical science
	• Biotechnology.

### Entry Requirements

Standard entry requirements (see page 16)

### Certification

QQI L5 Award Certificate in Laboratory Techniques 5M3807

### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

### Garda Vetting

See notes on see page 17

Apply  
Online



# Nutrition & Science

Irene Hayes

This course introduces you to the interdependence of food, nutrition and health. You will be encouraged to develop your scientific mindset and to problem solve, research and analyse in this innovative and cutting-edge course.

Throughout the year, you will have the opportunity to meet scientists, researchers, and experts in the area. This generally takes the form of talks, workshops, and field trips.

## What Makes This Course Special

- Step-up to HE
- Learn with expert staff
- Get 'hands-on' experience
- Direct employment options
- Educational trips

## Course Content

• Laboratory Skills	• Nutrition
• Microbiology	• Mathematics
• Biology	• Communications
• Chemistry	• Work Experience

## Progression

Progress to further study and careers including:

• Food Science	• Pharmaceutical & Biomedical Chemistry
• Bachelor of Science	• Climate and Environmental Sustainability
• Biological and Biomedical Science	
• Computer Science	

## Entry Requirements

Standard entry requirements (see page 16)

28

## Certification

QQI L5 Award Laboratory Techniques (5M3807)

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

With a keen interest in sport and health, I knew I wanted to study the science of nutrition. This course at Carlow Institute showed me the cross-over between nutrition, health and science. I want to study a degree in food science, and progression from the Level 5 is straightforward. Further Education was a great stepping stone, and I would recommend it to anyone.

Anthony

“ ”

Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

5

Level

PLSS Code:  
459677

# Science (Pre-University)

Irene Hayes



our  
**students**  
say...

I applied to the Pre-university Science Course as I have always found science incredibly interesting. This course was extremely useful, it gave me a strong foundation in the three major Sciences. It also gave me the opportunity to find the area of science that I wanted to study.

The tutors were tremendously helpful. I learned a range of useful skills like writing lab reports, completing assignments and performing laboratory experiments. I got accepted into Trinity to study Biological and Biomedical Sciences, which would not have been possible without me doing this course.

Donal

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

The science industries are one of Ireland's fastest growing sectors, with job opportunities outstripping supply of graduates. You'll study a wide range of science subjects, and applied laboratory skills, helping you gain practical insights as well as firm theoretical knowledge.

You can progress both to Higher Education and to many careers both in commercial and research science. For those wishing to progress to Higher Education, this foundation will give you the edge when you progress to degree level study.

## What Makes This Course Special

- Develop practical laboratory skills
- Broad range of science knowledge
- Many progression options
- Fast-growing sector
- Exciting links and visits with third-level institutions
- Step up to wider-ranging professional career options

## Course Content

• Biology	• Microbiology
• Chemistry	• Physics
• Laboratory Skills	• Communications
• Mathematics	• Work Experience

## Progression

Progress to further study and careers including:

• Agri-science	• Chemical Engineering
• Biochemical Engineering	• Clinical Researcher
• Biopharma	• Laboratory Assistant
• Biotechnology	• Pharmaceutical Science

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI L5 Award Certificate in Laboratory Techniques 5M3807

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online





Our Business, Computing & Hospitality faculty offers many courses to prepare you for direct entry to employment, and lead to industry recognised qualifications. Our business and computing courses provide extensive experience of information technology, IT systems, legal studies, marketing and business. Through realistic learning environments, our hospitality courses provide outstanding skills training in a wide range of professional contexts.

Chef  
Book-ke  
Administration  
Accountant

# Business, Computing & Hospitality

## Business

• Accounting & Finance L5	32
• Business & Corporate Law L5	33
• Business with Digital Marketing L5	34
• Financial Services & Business L5	35
• Law & Criminology L5	36
• Legal Studies L5	37
• Marketing & Human Resources Administration L5	38
• Medical Administration – Hospital and Primary Care L5	39
• Office Administration L5	40
• Property & Facility Management L5	41
• Accounting Technician Apprenticeship L6	42

## Computing

• Computer Programming & Coding L5	43
• Computer Science (Pre-University) L5	44
• Computer Support Technician L5	45
• Games & Apps Development L5	46

## Hospitality

• Professional Cookery & Chef Training L5	47
• Tourism, Hospitality & Business Pre-University L5	48
• Bachelor of Business in Tourism & Hospitality Services L7	49

# Accounting & Finance

Ellen Byrne

Our Accounting & Finance course is a perfect stepping-stone for anyone seeking a career as an accountant or in the broad world of finance. You will learn a wide range of practical skills including a real grounding in accounting techniques and practice. This is underpinned by subjects such as Business Administration, Spreadsheets and other very practical subjects relating to financial services.

You will find that this course will enable you to progress directly to work, or open the possibility of many Higher Education courses. You can also progress to apprenticeships such as the Accounting Technician Apprenticeship.

## What Makes This Course Special

- Learn practical skills and apply knowledge
- Apply theory and knowledge in a range of career fields
- Highly experienced business and accounting team
- Opportunities for business links and visits
- Excellent progression routes
- Learn practical work ready skills

## Course Content

• Accounting Manual & Computerised	• Bookkeeping Manual & Computerised
• Financial Services	• Spreadsheets
• Business Administration	• Customer Services
• Word Processing	• Work Experience

## Progression

Progress to further study and careers including:

• Accounting	• Legal Clerical
• Banking & Finance	• Office Administration
• Clerical Work	• Public Service

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Business Studies - 5M2102

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

“Studying Accounting and Finance at Carlow Institute has been a game-changer for me. The hands-on learning, expert teachers, and industry relevant skills have prepared me for a career in accounting. Every day, I feel more confident about stepping into the professional world, and the opportunities this course opens are endless. If you are passionate about numbers, this is the place to start your journey.”

Amelia

Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

5  
Level

PLSS Code:  
459233

# Business & Corporate Law

*Claire McGovern*



Our one-year Business & Corporate Law programme gives you a practical foundation in Irish business and corporate law, along with the workplace skills that employers expect. You will learn how companies are formed and run, how contracts and employment law work in practice, and how legal offices operate on a day-to-day basis. The programme blends case-based learning and professional communication with a structured work placement, introducing learners to the key concepts of legal administration to build confidence and employability. Graduates are well prepared for further study in Higher Education and careers across compliance, corporate governance, legal operations, financial services, HR and the wider business sector.

## What Makes This Course Special

- Learn practical skills and apply knowledge
- Apply theory and knowledge in a range of career fields
- Highly experienced teaching team
- Opportunities for professional links and court visits
- Excellent progression routes, including Round-Zero CAO links

## Course Content

• Business Law	• Word Processing
• Legal Practice & Procedures	• Conflict Resolution
• Communications	• Criminal Law
• Work Experience	• Employment Law

## Progression

Progress to further study and careers including:

• Legal Services	• Corporate Law
• Legal Secretary	• Solicitor
• Law Practice Assistant	• Legal Professional
• Business Administration	

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Legal Studies 5M3789

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Apply  
Online



5  
Level

PLSS Code:  
??

# Business with Digital Marketing

Miriam Monahan

Our Business with Digital Marketing programme sets you up for a career in the world of online business. You will learn about marketing, online retail and sales, and explore the use of digital and social media tools for positive business communications. Modern businesses need talented developers to help them manage their social media presence, and this programme will support you to progress to a wide range of exciting future career options. You will also have options for progression to Higher Education courses.

Whether it is designing a new business and retail website, managing content for social media, or creating an advert or campaign, our Business with Digital Marketing programme will prepare you with the skills and knowledge you need to succeed in this field. You will develop a broad range of practical web and social media technology skills and give you a detailed understanding of digital marketing and business.

## What Makes This Course Special

- Get 'hands-on' experience
- Learn with expert staff
- Excellent progression routes to Higher Education
- Explore the power of social media and digital marketing
- Practical projects, problem solving and solutions with real businesses
- Visits and trips

## Course Content

• Digital Marketing	• Customer Service
• eBusiness Studies	• Business Administration
• Marketing Practice	• Spreadsheet Methods
• Desktop Publishing	• Work Experience

34

## Progression

Progress to further study and careers including:

• Business Digital Presence	• Online Sales
• Digital Marketing	• Social Media Marketing
• eBusiness	• Step-up to a wide range of Higher Education courses
• eCommerce	

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Business Studies 5M2102

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

“ I studied Digital Marketing at Carlow Institute, I decided to do this course because I wanted to explore my options within Business and Marketing. I loved the “hands-on” experience of being The Project Leader and running a real digital marketing campaign for a client. Carlow Institute have given me the chance to start my own business and put me on the right path towards my future career ”

Laura

Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

5

PLSS Code:  
458717

# Financial Services & Business

## Ellen Byrne



our  
**students**  
say...

“  
Studying Financial Services and Business at Carlow Institute has given me the perfect mix of practical skills and industry knowledge. The supportive environment and real-world focus made this course a fantastic choice for me as I am looking to build a career in finance and business

Leanne

”

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

There are many dynamic roles in the world of Finance and Business and this course will provide you with a stepping-stone to a wide range of exciting career options.

You will discover how the Financial Industry works, and how risk is managed, as well as a detailed insight into the Business industry. You will apply your knowledge through practical tasks in business administration, learning skills that are directly relevant to the industry.

You will find that this course will enable you to progress directly to work or open the possibility of many Higher Education courses and apprenticeships such as the Accounting Technician Apprenticeship.

### What Makes This Course Special

- Learn practical skills and apply knowledge
- Apply theory and knowledge in a range of career fields
- Highly experienced business and finance team
- Opportunities for business links and visits
- Excellent progression routes
- Learn practical work ready skills

### Course Content

• Financial Services	• Communications
• Business Administration	• Word Processing
• Accounting Manual & Computerised	• Work Experience
• Spreadsheets	• Taxation/Information and Administration

### Progression

Progress to further study and careers including:

• Finance and Banking	• Legal Clerical
• Accounting	• Office Administration
• Clerical Work	• Public Service

### Entry Requirements

Standard entry requirements (see page 16)

### Certification

QQI Level 5 Certificate in Business Studies - 5M2102

### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

### Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
458718

# Law & Criminology

## David Morey

This programme will introduce to you to a wide range of topics in the legal and criminal justice system in Ireland and provide you with a foundation to progress onto further education. You will learn about the Irish legal system, criminal and business law, as well as developing conflict resolution and communication skills. You can progress to a range of careers from this course, both in the state and private sector. In addition, this course will provide you with a wide range of transferable skills that will support many other careers paths.

### What Makes This Course Special

- In-depth study of law and criminology
- Foundation to many careers
- Highly experienced legal team
- Excellent progression routes

### Course Content

• Criminology	• Business Law
• Criminal Law	• Word Processing
• Conflict Resolution	• Communications
• Legal Practice and Procedures	• Work experience

### Progression

Progress to further study and careers including:

• Garda Síochána,	• Corporate Law
• Prison Service	• Solicitor
• Parole Service	• Legal Professional

### Entry Requirements

Standard entry requirements (see page 16)

36

### Certification

QQI Level 5 Certificate in Legal Studies 5M3789

### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

### Garda Vetting

See notes on see page 17



OUR  
students  
say...

“Carlow Institute is a very positive and accepting college that gives students a place to thrive and be motivated in their education. The course gives you loads of opportunities to learn about the law and gives you pathways into Third Level Education or jobs such as a Solicitor and a Legal Secretary. My favourite module in this course has to be Criminology as it has taught me how to see beyond the crime and how it can tie into communities and the daily lives of the Irish people. After my year here in Carlow Institute I hope to continue my Studies in the legal area doing a level 8 degree in UCC.”

Desiree

Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

5  
Level

PLSS Code:  
459655

# Legal Studies

## David Morey



our  
**students**  
say...

“  
This course has been so helpful in my journey to becoming a solicitor. The support and kindness of all the staff as well as the education provided has been immaculate and you can tell the college goes above and beyond in providing a safe place to learn and grow. When I came in, I was a bit nervous, but I've come to find that this course opens up more than just a road to victory it opens up a world of possibilities.  
”

Jessica

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

This course is ideal if you wish to pursue a career in the legal profession. You will gain detailed insight into the Irish Legal System and the role of law within today's society. You will learn about court processes, the legal profession, legislation, law reform and the European Union. The course also couples this study with practical administration skills to give you a great foundation for future careers. You will learn about the rights and responsibilities that affect our everyday lives as well as developing skills which will prepare you for studying at Higher Education and for your chosen career.

### What Makes This Course Special

- In-depth study of law
- Apply theory and knowledge in a range of career fields
- Highly experienced teaching team
- Excellent progression routes, including Round-Zero CAO links

### Course Content

• Legal Practice & Procedures	• Word Processing
• Criminal Law	• Communications
• Business Law	• Safety & Health at Work
• Family Law	• Work Experience

### Progression

Progress to further study and careers including:

• Legal Services	• Corporate Law
• Legal Secretary	• Solicitor
• Law Practice Assistant	• Legal Professional
• Business Administration	

### Entry Requirements

Standard entry requirements (see page 16)

### Certification

QQI Level 5 Certificate in Legal Studies 5M3789

### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

### Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
459669

# Marketing & Human Resources

## Miriam Monahan

Need to gain key administration skills? Gain confidence to enable you to be efficient and run the operation of a busy office, deal with suppliers, employees, and customers. Assist HR personnel during the recruitment and hiring process, i.e., draft job specifications, job advertisements, screenings CVs, scheduling and coordinating interviews. Gain valuable skills in marketing a business, to manage day to day administration requirements of the marketing office including generation of reports in Excel, file management, creating presentations and dealing effectively with customers.

On completion of the course students will have greatly enhanced their potential to succeed in getting a range of jobs, marketing for a business, PR, general office/human resources, duties. This course also allows access and progress to degree courses in a range of Irish Higher Education Institutes.

### What Makes This Course Special

- Get 'hands-on' experience
- Learn with expert staff
- Learn with practical skills for the world of work
- Practical projects, problem solving and solutions with real business
- Visits and trips
- Step-up to a wide range of Higher Education courses

### Course Content

- Marketing Practice
- Business Administration Skills
- Customer Service
- Work Experience
- Word Processing
- Spreadsheets
- Employment Law
- Human Resources

### Progression

Progress to further study and careers including:

- Students will have greatly enhanced their practical skills to succeed in getting a range of jobs, marketing for a business, general office / human resources / duties etc.
- This course also allows access and progress to degree courses in a range of Irish Higher Education Institutes, progression routes for Business Management Courses.

### Entry Requirements

Standard entry requirements (see page 16)

### Certification

QQI Level 5 Certificate in Business Studies 5M2102

### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

### Garda Vetting

See notes on see page 17



OUR  
students  
say...

“Despite having previous experience in this field, the course was very beneficial for me. Firstly, we analysed real businesses/cases on the course and worked on developing our practical skills. Secondly, the work experience was a real eye-opener for me, as we had the opportunity to work with a real business in Ireland, which helped me better understand the market here and apply the theory we studied in practice. The course provided an excellent start in a new country for me, and I plan to work here next year and further deepen my knowledge gained in college.

Kateryna

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Apply  
Online

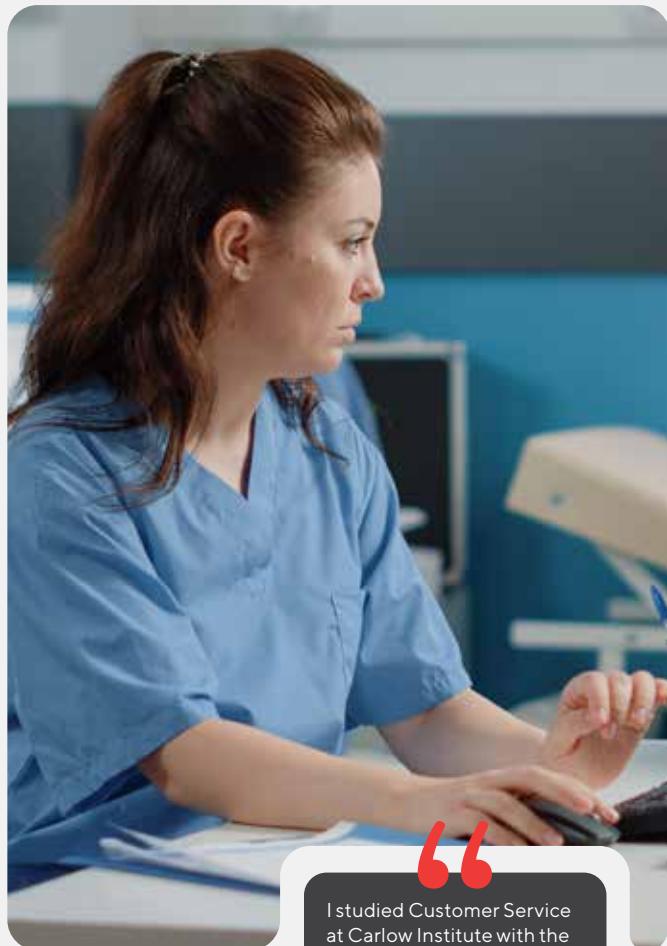


5  
Level

PLSS Code:  
458721

# Medical Administration - Hospital and Primary Care

Miriam Monahan



our  
**students**  
say...

“I studied Customer Service at Carlow Institute with the goal of growing my skills and confidence with working in administration. This course helped me to learn more about the practical side of customer service such as Microsoft Office and the work experience helped me gain valuable experience.

Since finishing the course, I've begun working as a Civil Servant with the Department of Justice and got a student of the year award from Carlow Institute, it was absolutely, worth it.

Lee

Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Launch your career in the fast-growing healthcare sector with this dynamic one-year QQI Level 5 qualification. Designed to meet the real needs of today's medical and dental offices, hospitals, primary care centres and wider healthcare services, this programme provides the specialist skills employers are seeking. Through hands-on training, learners gain practical expertise in medical office procedures, hospital and primary care administration, and essential business and IT applications used across modern healthcare environments. The course also offers insight into the administrative operations of community health services, private practices, pharmaceutical organisations, research settings, and complementary medicine. Graduates emerge confident, capable, and career-ready, equipped to secure immediate employment in a broad range of healthcare administrative roles or progress to further or higher education.

## What Makes This Course Special

- Get 'hands-on' experience.
- Learn with expert staff.
- Step-up to a wide range of Higher Education courses, SETU, DCU, UCD, UL.
- Teach you the new skills of Medical Office Administration, while acquiring a recognised QQI Level 5 Qualification 5M1997 "Office Administration".
- Visits and trips, opportunity to participate in Erasmus+ activities.
- Enhance your career prospects in securing a medical administrator, HSE, Hospitals, Clerical Officer, office administrator, front line personnel in doctors' and dental practices.
- Develop your confidence and accuracy within document production with the assistance of AI and business administration skills.

## Course Content

- Word Processing
- Information and Administration
- Text Production
- Customer Service
- Work Experience
- Business Administration
- Spreadsheets
- Medical Terminology

## Progression

Progress to further study and careers including:

- Government and public-sector clerical positions
- Medical and specialist clinics
- GP and primary care practices
- Dental surgeries and orthodontic practices
- Medical administration
- Pharmacy administration and support roles
- General office administration positions
- This course also allows access and progress onto degree courses in a range of Irish Higher Education Institutes, progression routes for Business Management Courses.

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Office Administration 5M1997

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

5  
Level

PLSS Code:  
???

# Office Administration

Miriam Monahan

Take the first step toward a rewarding career in office and business administration with our one-year QQI Level 5 Office Administrative Specialist course. This nationally recognised qualification is designed to give you the confidence, skills, and professionalism needed to excel in today's dynamic business world. Throughout the year, you will gain hands-on experience in modern office systems, professional communication, business administration, customer services, payroll, and essential IT applications.

This course also offers specialist training in office administration and customer service, ensuring you are fully prepared for a variety of roles in both the public and private sectors.

Whether you are aiming to start your career immediately or progress to further or higher education, this qualification opens the door to exciting opportunities in administration, clerical officer work, and office management. On completion, graduates are ready to enter employment immediately or progress to further and higher education.

## What Makes This Course Special

- Get 'hands-on' experience.
- Learn with expert staff.
- Practical projects, problem solving and solutions in the real business world.
- Step-up to a wide range of Higher Education courses, SETU, DCU, UCD, UL.
- Teach you the new skills in Office Administration, while acquiring a recognised QQI Level 5 Qualification
- Visits and trips, opportunity to participate in Erasmus+ activities.
- Enhance your career prospects in securing an office administrator, customer service, front line personnel business settings.
- Develop your confidence and accuracy within document production with the assistance of AI and business administration skills.
- Gives you the skills and knowledge to multitask at any given time.

## Course Content

- Word Processing
- Information and Administration
- Text Production
- Customer Service
- Work Experience
- Business Administration
- Spreadsheets
- Payroll Manual and Computerised

## Progression

Progress to further study and careers including:

- Government Clerical Officer
- General Office Administrator
- Customer Service and Frontline Office Roles

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Office Administration 5M1997

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



OUR  
students  
say...

“ After completing my Leaving Certificate in 2015, I went straight into employment. In 2023/24, I returned to Carlow Institute to study Business with Digital Marketing, graduating with Distinction and receiving the Student of the Year Award. In 2024, I completed a Customer Service and Office Administration course at the Institute. I thoroughly enjoyed my time there and would highly recommend it to both school leavers and mature students. I progressed to SETU in September 2025, with the goal of qualifying to teach in Further Education and hopefully returning to Carlow Institute as a teacher.

Daryl

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

# Property & Facility Management

Jackie Kane



our  
**students**  
say...

“  
The Property and Facility Management sectors in Ireland are on a strong growth trajectory, with the facility management market expected to grow from €3.08 billion in 2025 to €3.41 billion by 2030, alongside this the estate agency sector is expanding at an average annual rate of 5.4%. This combined growth highlights the opportunities for skilled professionals to progress in this sector over the next five years

Ciara

”

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Our one-year Properties and Facilities Management programme will prepare you with the skills and knowledge you need for a career in the world of property and estate agency and for progression to further study. Property Management and the letting sector in Ireland are areas which have experienced notable growth in recent years.

Students will gain a comprehensive understanding of the various methods and roles involved in selling and managing property in Ireland to include legal structures, taxation and marketing strategies. Students will also understand the economic factors influencing property and property valuation methods while developing their IT skills through the use of Excel in compiling reports, rent roll management, maintenance schedules, quotations, valuations, market analysis and tenant communication logs.

## What Makes This Course Special

- Emphasises practical work ready skills and real-world application
- Comprehensive curriculum covering a wide range of topics
- Experienced teaching team who are experts in their field
- Gain valuable experience and insights into the career
- Detailed technical knowledge
- Multiple progression routes to Higher Education

## Course Content

• Estate Agency Practice	• Customer Service
• Valuation	• Spreadsheet Methods
• Marketing Practice	• Taxation
• Business Administration Skills	• Work Experience

## Progression

Progress to further study and careers including:

- Apprenticeship programmes; QQI Level 6 Advanced Certificate in Auctioneering and Property Services (successful graduates are eligible to apply for PRSA licence)
- TU Dublin – BSc (hons) Surveying (Property Economics)
- TU Dublin -BSc (Ordinary) Auctioneering, Valuation & Estate Management.
- IPAV – Higher Certificate in Business in Real Estate: Valuation Sale and Management
- And a wide range of other courses.

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Business Studies 5M2102

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
459933

# Accounting Technician Apprenticeship

Jackie Kane

Our two-year Accounting Technician Apprenticeship is a fantastic route to a career in professional accountancy. This work-based programme is delivered through KCETB Training Services, in conjunction with Accounting Technicians Ireland (ATI) which requires the apprentice to attend college onsite one day per week (off-the-job training) at Carlow Institute, and work with a local employer (on-the-job training) on the other four days during term time. Everything you learn will support and inform your work with your employer, providing you with the opportunity to apply newly gained knowledge and skills on a daily basis.

Graduates of this programme can join ATI's professional membership network and use the designatory letters MIATI after their name. Accounting Technicians are widely employed throughout the public sector, industry, business and private accountancy practices in a variety of roles to include payroll manager, audit assistant, tax advisor, accounts assistant and finance managers.

## What Makes This Course Special

- You will earn while you learn, gaining practical experience with an employer while studying towards a recognised qualification.
- Learn from experienced staff who are experts in their field.
- Comprehensive curriculum covering a wide range of topics.
- Excellent progression routes to Higher Education.
- Eligible for exemptions for further professional accounting qualifications.

## Course Content

### Year 1

• Financial Accounting	• Business Management
• Taxation	• Business Law

### Year 2

• Advanced Financial Accounting	• Management Accounting
• Advanced Taxation	• Financial Data Management

## Progression

Graduates from this programme can progress to:

- Higher professional accounting qualifications including Association of Chartered Certified Accountants (ACCA), Chartered Accountants Ireland (CAI), The Institute of Certified Public Accountants (CPA), Chartered Institute of Management Accountants (CIMA)
- Higher Education to include B.A. in Accounting (Hons) – SETU, BBS in Accounting and Finance (Hons) – TU Dublin.

## Entry Requirements

Standard entry requirements (see page 16)

All Enquiries and Applications to: [kcetbapprenticeship@kcetb.ie](mailto:kcetbapprenticeship@kcetb.ie)

## Certification

QQI Level 6 Advanced Certificate in Accounting



Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

# Computer Programming & Coding

Mary Collins



our  
**students**  
say...

I am currently enrolled in a Level 5 course in Computer Programming and Coding, and it has already been an incredible learning experience. The course provides a great mix of theoretical knowledge and hands-on coding practice, which has helped me develop a strong understanding of programming concepts. The classes are engaging, and the assignments give me the opportunity to apply what I have learned in real-world scenarios. The support from teachers and fellow students has been invaluable, and I feel more confident progressing in this area.

Endijs

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

This Level 5 Computer Programming & Coding course offers students a solid foundation in computer programming. You will gain practical skills and qualifications that will allow you to apply directly to higher education through the CAO or serve as a stepping stone into a career in the technology sector. The course addresses the growing need for technology across various industries, leading to a high demand for IT professionals.

Our staff bring extensive industry experience, ensuring you are well-prepared for the workforce and have the opportunity to develop essential skills for securing a job in the thriving IT sector.

## What Makes This Course Special

- Step-up to HE
- Learn with expert staff
- Get 'hands-on' experience
- Apply ICT theory to practical tasks
- Lead your own practical projects in problem solving and solutions
- Direct employment options

## Course Content

- Fundamentals of Object-Oriented Programming
- Software Architecture
- Mathematics for Information Technology
- Teamworking
- Work Experience
- Mobile Technologies
- Programming and Design Principles
- Web Authoring

## Progression

Graduates from this programme can progress to::

- Network installation
- Computer maintenance
- IT Technician
- Networking Technologies
- Computer Engineering
- Networking Technologies (learn & work)
- Cybercrime & IT Security
- Computer – Applications or Programming
- Software Systems Development
- Software Development
- Computer Forensics and Security

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Software Development 5M0529

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
458494

# Computer Science (Pre-University)

Mary Collins

If you are seeking a solid foundation in computing, this course is perfect for you. The Pre-University Computer Science Level 5 program will prepare you for careers in technical support, networking, cybersecurity, computer maintenance, sales and marketing, or customer support. Moreover, it is an excellent stepping stone to higher education, leading to Level 7/8 qualifications in Computer Science and related areas.

By combining practical and theoretical learning, you will gain valuable experience in computer maintenance, hardware and software management, network administration, programming systems, and ICT security. This course fosters transferable skills that can be utilised across diverse fields, including problem-solving, communication, and teamwork.

## What Makes This Course Special

- Progress to higher education
- Learn from knowledgeable instructors
- Gain practical experience
- Implement ICT theory in real-world tasks
- Manage your own practical projects focused on problem-solving and solutions
- Explore direct employment opportunities

## Course Content

• Computer Systems	• Programming & Design Principles
Hardware	• Operating Systems
• ICT Security Policy & Management	• Teamworking
• Maths for IT	• Work Experience
• Networking Essentials	

## Progression

Progress to further study and careers including:

• IT Technical Support	• Financial Institutions
• Network Support	• Computer Sales & Marketing
• Computer Manufacturing	• Call Centres
• End User Support	• Business
• Cyber Security	

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Computer Systems and Networks  
5M0536

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

“Enrolling in the Level 5 Computer Science - Pre University course has been a great experience. The program covers both theoretical and practical aspects of computer hardware, software and support, equipping me with valuable skills for the industry. The hands-on approach and expert teaching from all my teachers has boosted my confidence and readiness for a successful career in the IT industry.”

Kacper

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Apply  
Online



5  
Level

PLSS Code:  
459239

# Computer Support Technician

Mary Collins



our  
**students**  
say...

“ I have had an interest in Computer Systems for as long as I can remember but until now did not have a clear direction in which to pursue a career in IT. I am an early school leaver and like many I thought I missed my chance at participating in a third level degree course. I couldn't have been more wrong as the teachers here have helped me gain the confidence I needed. I am furthering my education in SETU. ”

Shane

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

This Computer Support Technician, Level 5 course is designed to equip learners with essential skills and knowledge in computer systems, hardware and software maintenance, networking, virtualisation and programming. There are numerous employment opportunities in the ICT field. Successful graduates will be well-prepared for roles in technical support and troubleshooting various hardware issues.

Combining practical and theoretical learning, you will gain hands-on experience in computer maintenance, hardware and software management, and network administration. You will also study programming systems and ICT security. This course encourages the development of problem-solving, communication, and teamwork skills, opening doors to careers in a diverse range of ICT and network management fields.

## What Makes This Course Special

- Gain practical experience
- Learn from experienced instructors
- Apply ICT theory to real-world tasks
- Manage your own practical projects focused on problem-solving and solutions
- Participate in visits and field trips
- Explore numerous pathways to higher education or direct employment options

## Course Content

- Computer Systems
- Hardware
- Networking Essentials
- Operating Systems
- Mathematics for IT
- Programme & Design
- ICT Support Policy & Management
- Teamworking
- Work Experience

## Progression

Progress to further study and careers including:

- Network installation
- Computer maintenance
- IT Technician
- TU716 L7 Networking Technologies – TU Dublin City Campus
- TU713 L7 Computer Engineering – TU Blanchardstown
- TU655 L6 Networking
- Technologies (learn & work) – TU Blanchardstown.
- Cybercrime & IT Security
- Computer – Applications or Programming
- Software Development
- WD151 Software Systems Development
- Computer Forensics and Security

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Computer Systems and Networks 5M0536

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
459240

# Games & Apps Development

Seamus Kelly

If you are interested in exciting careers in the world of gaming or the app design industry, then this is the course for you!

The course covers the practical software development, programming and design that underpins the development of computer games and apps, and how the industry works. The course includes developing apps on mobile and other devices. You will participate in both theoretical and practical teaching sessions to develop your skills and understanding.

You will prepare a portfolio of work that will support your career ambitions, and your progression to Higher Education study in this field, or to careers in the world of Games design.

## What Makes This Course Special

- Hands-on software development experience
- Learn with expert staff
- Apply ICT theory to practical tasks
- Build your own portfolio of work
- Visits and trips
- Step-up to HE direct from this course

## Course Content

• Games Analysis Design	• Web Authoring
• Fundamentals of Object Oriented Programming	• Communications
• Maths for IT	• Programming & Design Principles
• Software Architecture	• Work Experience

## Progression

Progress to further study and careers including:

• Apps Developer	• IT Sales & Service
• Games Programmer	• Software Developer
• Games Designer	• Software Expert
• IT Technician	• Website Developer

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Software Development 5M0529

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

I studied Games and Apps development at Carlow Institute, and it was very interesting to see how a lot of the software we use is developed and how it is made. Since completing, I've progress to study Creative Computing at Institute of Art, Design and Technology, Dún Laoghaire. The course at Carlow Institute allowed me to be able to manage and quickly adapt to the modules and projects I am currently doing in Dún Laoghaire.

Kenneth

Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

5

PLSS Code:  
458504

# Professional Cookery & Chef Training

Dympna Moynihan



our  
**students**  
say...

“  
This is a very detailed course, it includes food preparation, cooking, serving, plating and a lot of food tasting. The Kitchen facility is immaculate and it gives each student their own professional section to work at. Work experience was one of the best aspects of this course and I would recommend it to anyone who is passionate about a career in the food and professional cookery industry.

Tilly

”

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Are you passionate about food and the culinary arts? If you are looking for a career in the food industry, then our Professional Cookery & Chef Training programme will provide all the right ingredients.

Up your skills, knowledge and confidence in culinary techniques, food preparation, tasting, plating and student self evaluation, with practical classes in our well equipped training kitchen.

The course also explores restaurant table service, food science, International Cuisines, pastry, baking and deserts nutrition and essential food-safety, with Haccp and Manual Handling been additional certificates available.

You will build a portfolio of experience and skills that will be enhanced through work placement in professional food service environments. This programme is an ideal foundation for a wide-range of career in the food and hospitality industries, with options to progress direct to employment, and also to further study.

## What Makes This Course Special

- High-level practical skills training
- Learn in our professional training kitchen
- Work practice built-in
- Expert teaching team
- Excellent progression routes

## Course Content

• Culinary Techniques	• Personal Effectiveness
• Food Science & Technology	• Menu Planning & Applied Nutrition
• International Cuisines	• Work Practice
• Meal Service	• Spreadsheets
• Pastry, Baking and Desserts	

## Progression

Progress to further study and careers including:

• Chef	• Food Production
• Food Marketing	• Food Writer
• Food Scientist	• Nutritionist
• Food Service	• Restaurant Manager
• Food Stylist	

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Professional Cookery 5M2088

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
458613

# Tourism, Hospitality & Business Pre-University

## Ciara Geoghegan

If you aspire to a career in the Hotel and Hospitality sector, this programme will provide you with a fantastic introduction to the wide range of careers on offer. You will learn practical skills such as food preparation, accommodation techniques and hospitality, and a range of business skills to support your career ambitions. You can progress to careers in many hospitality contexts, including hotels, resorts, restaurants, events venues, cruise-liners and destination venues.

Hotel & Hospitality Operations is a PLC Work-Based programme, and part of your study will include work placements with our Hotel and Hospitality partners, where you will work with experienced colleagues, and learn practical skills in the business context. This programme leads to a qualification that will be your passport to exciting careers in the world of hospitality operations and management, including options to travel and to progress to Higher Education, and to progress to Level 7 Bachelor of Business in Tourism and Hospitality at Carlow Institute and SETU Waterford.

### What Makes This Course Special

- PLC Work-based – learn skills on placement
- Develop practical hospitality skills
- Learn underpinning theory to support your career
- Fast-growing sector
- Wider-ranging professional career options, including travel
- Step-up to a wide range of Higher-Education courses
- Detailed technical knowledge
- Excellent progression routes

### Course Content

• Event Production	• Reception And Frontline Office Skills
• Restaurant Hospitality	• Accommodation Techniques
• Tourism Principles And Practice	• Work Experience
• Marketing Practice	• Food Preparation
• Communications	

### Progression

Progress to further study and careers including:

• Hotels	• Food and drink concessions
• Holiday Resorts	• Catering management
• Restaurants	• Accommodation venues
• Pubs and licensed restaurants	• Heritage and destination venues

### Entry Requirements

Standard entry requirements (see page 16)

### Certification

QQI Level 5 Certificate in Hospitality Operations 5M2083

### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

### Garda Vetting

See notes on see page 17



our  
students  
say...

“ I decided to do the hotel and hospitality operations course as I had a passion for working with the public. After talking to the guidance councillor in the college I decided to do this course and I am glad I did. This course gives you the opportunity to work in the hospitality industry and gain experience through doing work placement. This course has helped with my customer service skills and has given me the confidence to successfully work in the hospitality industry. The staff at Carlow Institute were extremely helpful and encouraging always helping me to achieve my goals. I am now currently fulfilling my passion and working as a receptionist in a hotel. ”

Mikaela

“ Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources. ”

Apply  
Online



# Bachelor of Business in Tourism & Hospitality Services

Ciara Geoghegan



our  
**students**  
say...

“ I am delighted to announce our degree course in Business in Tourism & Hospitality Services, Year 1, at Carlow Institute. This year 1 degree course provides students with a fantastic opportunity to complete the first year of their degree at Carlow Institute. There are no fees during the first year, and our students can potentially experience Erasmus+ opportunities in Finland. You will have full access to both Carlow Institute and SETU Waterford as you prepare to progress to year 2 at SETU Waterford. ”

Ciara

”



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

## A new route to a third-level degree at Carlow Institute

Complete the first year of a three year SETU degree at Carlow Institute of Further Education and Training, followed by two years at and South East Technological University (SETU) Waterford Campus.

This programme will give you the opportunity to access a third-level degree without any requirement for a CAO application.

Students will be registered with SETU from Year 1 and will have access to the full range of services available to all SETU students. Transport from Carlow to SETU Waterford will be provided in Year 1 for cross-campus workshops. Year 2 and Year 3 of the degree course will take place in SETU Waterford.

Kilkenny and Carlow Education and Training Board (KCETB) and SETU are co-delivering this innovative Unified Tertiary Project at Carlow Institute and SETU Waterford.

## Eligibility

Those wishing to apply to the programme should meet the following minimum entry criteria:

- Leaving Certificate; 5 subjects: O6/H7; English or Irish: O6/H7; Mathematics O6/H7, or
- Level 5 major award or equivalent.
- If you are aged 23 or over and do not meet the minimum entry requirement, your application will be assessed based on merit. We will take into account your life experience, work or community experience.

If your first language is not English, B2 standard is required (or equivalent) on the Common European Framework of Reference for Languages in writing, reading, listening and speaking.

Evidence of achievement of this standard is necessary for entry to the programme.

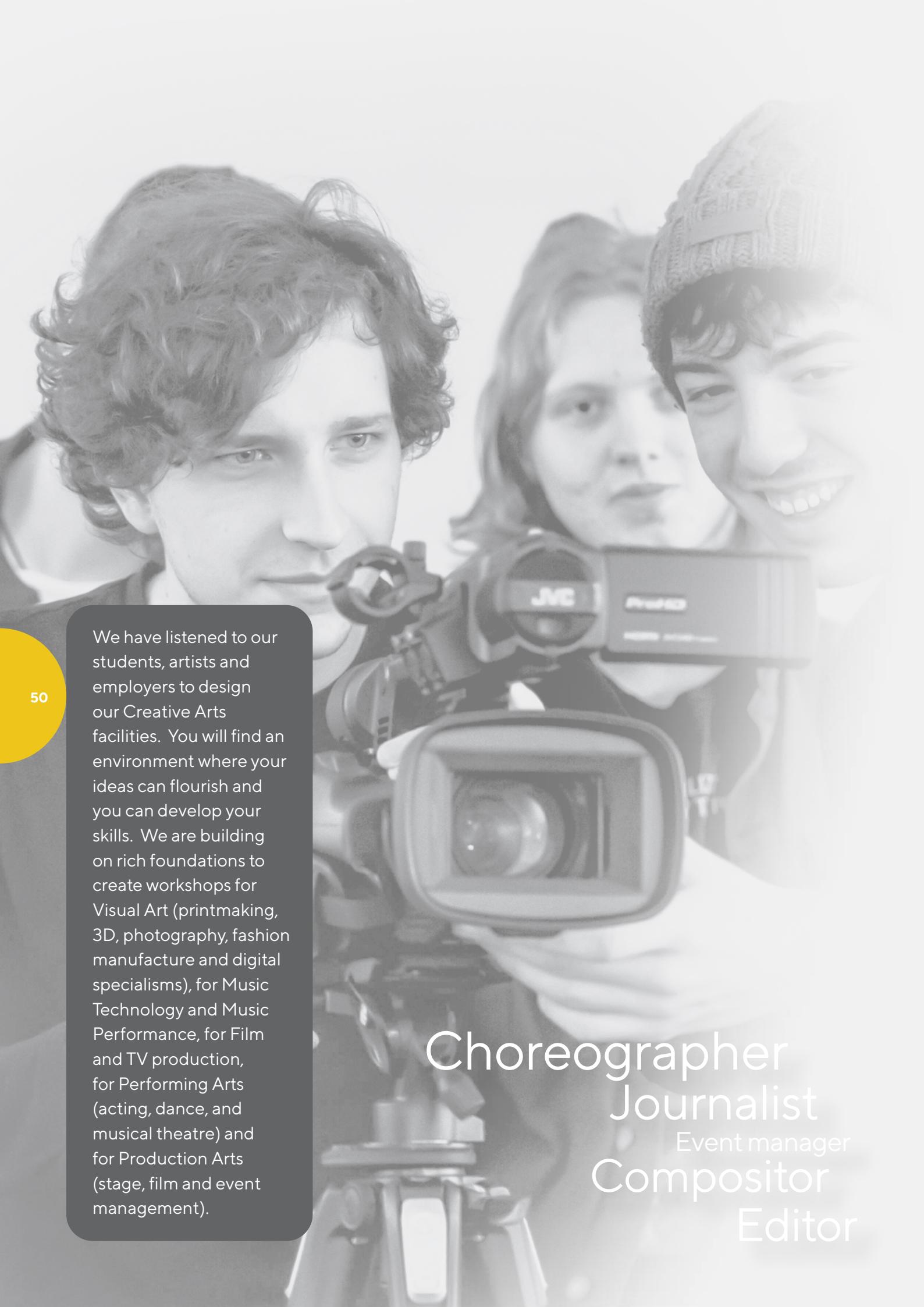
Year	Location	Embedded Award
Year 1	Carlow Institute	Certificate in Business in Tourism & Hospitality Services
Year 2	SETU (Waterford)	Higher Certificate in Business in Tourism & Hospitality Services
Year 3	SETU (Waterford)	Bachelor of Business in Tourism and Hospitality Services (NFQ Level 7)

Year	Semester 1 Subjects	Semester 2 Subjects
Year 1	<ul style="list-style-type: none"> <li>• Communication for Tourism and Hospitality</li> <li>• Introduction to Marketing</li> <li>• Introduction to Tourism and Hospitality Operations</li> <li>• Restaurant Service</li> <li>• The Tourism System</li> <li>• Introduction to Management</li> </ul>	<ul style="list-style-type: none"> <li>• Accommodation Supervision</li> <li>• Beverage and Wine Studies</li> <li>• Front Office Fundamentals</li> <li>• Information &amp; Communication Technology for Culinary, Hospitality &amp; Tourism</li> <li>• Marketing Mix for Tourism and Hospitality</li> <li>• Tourism Studies</li> </ul>
Years 2&3	On completion of Year 1, you will complete Year 2 & 3 in SETU Waterford to achieve the Bachelor of Business in Tourism and Hospitality Services	

FEES There are no registration fees for the first year of the programme, which will be delivered in Carlow Institute. Students may be eligible to apply to SUSI for a grant to cover fees for Years 2 and 3.

7  
Level

PLSS Code:  
459237



We have listened to our students, artists and employers to design our Creative Arts facilities. You will find an environment where your ideas can flourish and you can develop your skills. We are building on rich foundations to create workshops for Visual Art (printmaking, 3D, photography, fashion manufacture and digital specialisms), for Music Technology and Music Performance, for Film and TV production, for Performing Arts (acting, dance, and musical theatre) and for Production Arts (stage, film and event management).

Choreographer  
Journalist  
Event manager  
Composer  
Editor

# Creative & Performing Arts

## Visual Arts

• Art & Mixed Media (Portfolio Preparation) L5	52
<b>NEW</b> • Fashion Design L5	53
• Film Making & Directing L5	54
• Film Post-Production & Special Effects L5	55
• Fine Art L5	56
• Graphic Design - Portfolio Preparation L5	57
• Illustration, Design & Drawing - Portfolio L5	58
• New Media & Digital Content Creation L5	59
<b>NEW</b> • Creative Enterprise L6	60
• Creative Video & Audio L6	61

## Music & Performing Arts

• Music Performance L5	62
• Music Technology L5	63
• Performing Arts & Drama Studies L5	64
• Advanced Music Performance L6	65
• Advanced Performing Arts & Theatre Studies L6	66

Conductor

Effects Artist

Illustrator

Web designer

Sculptor

Singer

Sound engineer

Marketing

Photographer

Interior designer

Fine Artists Film & TV director

Arranger Curator

Fashion

# Art & Mixed Media - Portfolio Preparation

## Nuala Dalzell

If you aspire to a career as an artist, our course will support you to produce an exciting, competitive and creative art portfolio to help you progress to Art college. Our students have a great track record for progressing to Higher Education and Universities.

You will explore core practical skills including drawing, painting, sculpture and mixed media which are essential skills to prepare you for art colleges. You will use your creative thinking, ideas, style and visual communication throughout the creation of your portfolio.

Our practical projects and exhibitions include opportunities to work with professional artists, and to experience the professional world of the artist.

### What Makes This Course Special

- Build your art portfolio
- Talented artists on our staff
- Explore a wide-range of Art media
- Projects with professionals and VISUAL Carlow
- Digital arts suites with Apple Macs
- Excellent progression routes

### Course Content

• Collage Techniques	• Printmaking
• Combined Materials	• Sculpture
• Drawing	• Communications
• Painting	• Work Experience

### Progression

Progress to further study and careers including:

• Art and Design Teaching	• Fashion Design
• Fine Art Disciplines: Painting, Printmaking, Sculpture.	• Costume Design
• Illustration	• Textiles

### Entry Requirements

Applicants are required to bring a selection of recent artwork to interview. Standard entry requirements (see page 16)

### Certification

QQI Level 5 Certificate in Art 5M1985

### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

### Additional Costs

Students on this programme will need to have the following equipment of their own:

**Portfolio, Sketchbook and materials pack** – average costs €120

Full details of what is required are available at interview and induction

### Garda Vetting

See notes on see page 17



OUR  
students  
say...

“The Art and Mixed Media Portfolio Preparation course gave me direction and insight on different ways of thinking. With the guidance of the excellent faculty I built a wide-ranging portfolio in which I developed my creative skills and explored a variety of medias. It helped me build the foundation for my portfolio, touching all art and design principles. The course is a wonderful way to explore your interests and help you to where you want to go. I enjoyed my year here and am now studying Costume Design for Film in IADT.”

Aoife

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Apply  
Online



# Fashion Design

Fiona Foley



“  
Don't be into trends. Don't make fashion own you, but you decide what you are, what you want to express by the way you dress and the way to live

Gianni Versace

”

Unleash your creativity and bring your fashion ideas to life through design, textiles, and silhouette. This dynamic course blends hands-on garment construction with forward-thinking design, sustainability, and innovation. From sketchbook to runway, stage to screen, you'll develop the technical and creative skills to make your mark in the fashion and costume industries both nationally and internationally.

Whether your dream is to design for performance, create your own label, or work behind the scenes in production, this course opens doors to a world of creative possibilities. This course will give you the qualification and experience to immediately dive into the creative industry or progress to third level education, make Carlow Institute of Further Education and Training your home for fashion and creativity.

## What Makes This Course Special

- Strong focus on both creativity and craftsmanship
- Cross-disciplinary collaboration
- Initial concept to finished garment
- Expert teaching team with industry experience
- Industry ready experience
- Excellent and varied progression routes

## Course Content

• Design Skills	• Teamworking
• Drawing	• Appreciation of Art Craft & Design
• Fashion Industry & Design Studies	• Garment Construction
• Personal and professional development	• Materials and Finishes

## Progression

Progress to further study and careers including:

• Fashion Designer	• Visual Merchandiser
• Costume Designer	• Alteration Specialist
• Stylist	• Editorial Assistant
• Fashion Buyer	• Seamstress

## Entry Requirements

Applicants are required to bring a selection of recent artwork to interview. Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Fashion Design 5M3865

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Apply  
Online



5  
Level

PLSS Code:  
499413

# Film Making & Directing

*Stewart Kenny*

Our Film Making & Directing course is an exciting introduction to the production world of the Film & TV industry. A hands-on practical course, you will learn about many aspects of this industry, through practical projects that involve film production, shooting and editing film, scriptwriting, sound production, lighting and project management.

We work with our partners at VISUAL Carlow to engage you with professionals working in the industry, and to help you prepare work for public viewing. You will be able to build a portfolio of your own work to help support applications for further study and your career. This course can help you progress on to a wide range of Higher Education study options, with a strong knowledge and skills base that will set up for success.

## What Makes This Course Special

- Work with our talented staff
- Digital arts suites with Adobe Premiere Pro® on Apple Macs
- Build your creative portfolio
- Professional spaces including our recording studio and performance studio
- Collaboration with professionals and VISUAL Carlow
- Excellent progression routes

## Course Content

• Cinematography Camera Operations	• Communications
• Film Production	• Sound Engineering & Production
• Media Analysis	• TV & Film Editing
• Script writing	• Work Experience

## Progression

Progress to further study and careers including:

• Advertising	• Journalism & Radio
• Crew	• Print Media
• Director	• Production Assistant (TV)
• Producer	• Television
• Film Making & Production	• Television Research

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Film and TV Production 5M18518

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

“  
I started my media career in Carlow Institute studying Media Production and Photography. Since then, I now work at TV3.

I have continued my studies and recently finished a Masters Degree in Radio and TV Production at IADT, and I am now working on postgraduate course with a view to becoming a teacher.

Studying Media Production and Photography in Carlow Institute was the best decision I ever made.

Dave

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Apply  
Online



5  
Level

PLSS Code:  
458780

# Film Post-Production & Special Effects

Keith Shirley



OUR  
**students**  
say...

“Not ready for college, I took a year to explore my interests. I opted for Film Editing and Special Effects at Carlow Institute, where the outstanding teaching by passionate experts fueled my growth. Inspired to excel, the course facilitated my maturity. Now pursuing New Product Design and Innovation at SETU Carlow, I appreciate the valuable stepping stone Carlow Institute provided, equipping me with skills and confidence for further education.

Andrew

”

Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Welcome to "Film Post-Production & Visual Effects" – a comprehensive course that delves into the world of multimedia creation and storytelling. This immersive journey covers video editing, visual effects, sound engineering, and design, all in one course. You'll explore a wide variety of aspects that bring media projects to life, from their inception to the final polished product.

In an era where visual and auditory content reigns supreme, the skills covered in this course are essential for your future career. You will delve deep into video editing using industry-standard software such as Adobe Premiere Pro, discover the magic of visual effects with Adobe After Effects, and refine your sound engineering expertise. You'll unlock your creative potential with design skills utilising tools like Adobe Photoshop and Adobe InDesign. A close integration of subjects will mean you are building towards a portfolio of work from day one.

Whether you've a beginner or have some experience – this course equips you with the knowledge and skills needed to excel in the dynamic field of media post-production. Join us and your like-minded classmates, and let your imagination take centre stage as you refine your abilities to craft compelling, engaging, and visually captivating media content.

## What Makes This Course Special

- Professional Level Digital Arts Suites with high powered computers
- A state-of-the-art music studio
- The chance to share your work and interests with a group of people that share those interests
- Creative real-world projects that you can use in your portfolio
- Coverage of a wide range of content so your progression options are not restricted

## Course Content

- TV & Film Editing
- Visual Effects for Film & TV
- Sound Engineering
- Digital Editing
- Media Analysis
- Design Skills
- Communications
- Work Experience

## Progression

Progress to further study and careers including:

- Our Level 6 course in Creative Video and Audio
- Video Editor
- Motion Graphics Designer
- Sound Designer/Engineer
- Graphic Designer
- Multimedia Producer
- Content Creator
- Social Media Influencer
- Film and Television Post-Production Specialist
- Advertising Creative
- Media Analyst
- Freelancer/Entrepreneur
- Games Designer

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Media Production 5M18518

Optional: Adobe Certified Professional Exams in Adobe Photoshop, Adobe Premiere Pro and Adobe After Effects

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

5  
Level

PLSS Code:  
458782

# Fine Art

Nuala Dalzell

If you aspire to a career as an artist, our course will support you to produce an exciting, competitive and creative art portfolio and help you explore your creative and artistic skills. It will allow you to gain knowledge of all aspects of fine art.

You will explore core practical skills including drawing, painting, sculpture and mixed media which are essential skills to prepare you for art colleges. You will use your creative thinking, ideas, style and visual communication throughout the creation of your portfolio.

Our practical projects and exhibitions include opportunities to work with professional artists, and to experience the professional world of the artist.

## What Makes This Course Special

- Build your art portfolio
- Talented artists on our staff
- Explore a wide-range of Art media
- Projects with professionals & VISUAL Carlow
- Digital arts suites with Apple Macs
- Excellent progression routes

## Course Content

• Collage Techniques	• Printmaking
• Combined Materials	• Sculpture
• Drawing	• Communications
• Painting	• Work Experience

## Progression

Qualified Healthcare Assistant working in:

- Artist
- Fine Art
- Photography
- Printmaking
- Sculpture

## Entry Requirements

Applicants are required to bring a selection of recent artwork to interview. Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Art 5M1985

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

I decided to apply for this course so I could further develop the skills I needed for a creative portfolio. With the help of the brilliant staff my passion for Art was encouraged and I was introduced to new skills that challenged me to think in a new creative way. I completed a Portfolio which I am very proud of and which contains a variety of disciplines such as Printmaking, Painting, Sculpture and creative collage.

Andrew

Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

5  
Level

PLSS Code:  
458619

# Graphic Design - Portfolio Preparation

*Susan Murphy*



our  
**students**  
say...

“ I completed Level 5 Certificate in Graphic Design with Distinctions at Carlow Institute. I enjoyed designing collateral and exploring various mediums, expanding skillsets from traditional to digital composition. Currently studying Healthcare with a focus on Art Therapy. Recently revealed a four-month project for the Carlow Institute campus, showcasing my signature style inspired by Francis Bacon and Pablo Picasso. Excited to continue expressing creativity through painting and design. ”

Remy

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Graphic Design is the art of explaining and communicating through visual image. We see the work of Graphic Designers in countless ways, including the products we buy, the images we see and the way we interact with objects and printed material. Graphic Designers use their talents to influence how the world sees and engages with such concepts, through developing imaginative visual imagery into working design solutions, applicable to real-world contexts.

You will explore the Graphic Designer's role in the context of branding, marketing, advertising and communication and develop practical skills in visual language, drawing, mixed media, illustration, design and image making. Using our professional standard iMac suite, you will create projects to develop your skills within logo design, concept development, image creation, photography, product placement and much more. You will build on these practical creative skills and generate and evolve ideas to finished projects. In addition, you will produce a portfolio of work for progression to Higher Education and your future career, becoming proficient in the Adobe suite of software (Photoshop, Illustrator, InDesign and more), building on these skills for real live projects and your art portfolio.

## What Makes This Course Special

- Build your art portfolio
- Talented artists on our staff
- Projects with professionals & VISUAL Carlow
- Professional art studios to develop your work
- Digital arts suites with Apple Macs using Adobe suite of software
- Detailed technical knowledge
- Excellent progression routes

## Course Content

• Graphic Design Skills	• Digital Photography
• Desktop Publishing	• Drawing
• Design Skills	• Communications
• Illustration	• Work Experience

## Progression

Progress to further study and careers including:

• Graphic Designer	• Editorial Design Creative
• Freelance Designer	• Technical & Illustration
• Illustrator	• Visual Merchandiser
• Typography	• Web Designer
• Exhibition & Event Display	

## Entry Requirements

Applicants are required to bring a selection of recent artwork to interview. Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Graphic Design 5M1995

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
458597

# Illustration, Design & Drawing – Portfolio

*Susan Murphy*

Illustration, Design and Drawing is the art of explaining and communicating through visual image. The foundations of illustration, drawing, printing, composition, narrative and sequence are studied through intensive research and development strategies. You will use a wide range of techniques and practices, through an exploration of image-based visual language to tell stories.

Using our professional standard iMac suite, you will create projects to develop your skills in illustration, drawing, image creation, photography, and much more. You will build on these practical creative skills and generate and evolve ideas to finished illustrative products. In addition, you will produce a portfolio of work for progression to Higher Education and your future career, becoming proficient in the Adobe suite of software (Photoshop, Illustrator, InDesign and more), building on these skills for real live projects and your art portfolio.

## What Makes This Course Special

- Build your art portfolio
- Talented artists on our staff
- Projects with professionals & VISUAL Carlow
- Professional art studios to develop your work
- Digital arts suites with Apple Macs using Adobe suite of software
- Detailed technical knowledge
- Excellent progression routes

## Course Content

• Graphic Design Skills	• Digital Photography
• Desktop Publishing	• Drawing
• Design Skills	• Communications
• Illustration	• Work Experience

## Progression

Progress to further study and careers including:

• Graphic Designer	• Editorial Design Creative
• Freelance Designer	• Technical & Illustration
• Illustrator	• Visual Merchandiser
• Typography	• Web Designer
• Exhibition & Event Display	

## Entry Requirements

Applicants are required to bring a selection of recent artwork to interview. Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Graphic Design 5M1995

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

“  
I have always wanted to be an Illustrator since I was young. My area of interest has always been to design celebration cards and posters for movies and shows. Hence, I did this Illustration course, so I could gain a place in SETU next year. I have met some really cool people and made so many great friends.

The teachers are absolutely amazing, they help and support you. I really recommend coming to Carlow Institute if you want to learn more about illustration, design, and drawing.

Sage

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Apply  
Online



5  
Level

PLSS Code:  
458598

# New Media & Digital Content Creation

*Stewart Kenny*



OUR  
**students**  
say...

Digital marketing has rapidly evolved in recent years, offering a wealth of opportunities for professionals to excel in various fields. In Ireland, the digital marketing landscape is thriving and offers competitive salaries across a range of positions.

There are many employment types within the digital marketing sphere such as agency, in-house, multinational tech companies, and management consultancies.

#### Digital Marketing Jobs Market in Ireland

(DIGITALSTRATEGY.IE, 2023)

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Become a Social Media Manager & Content Creation Expert. Step into the future of digital storytelling with our cutting-edge course designed to blend professional journalistic skills with the latest trends in social media marketing, online content creation and brand management. This program is perfect for those looking to build or manage their own online brand, while driving engagement on social media platforms by mastering the tools needed for creating a wide range of modern digital content.

This course offers practical experience using new media technologies, ensuring you learn the skills required to excel in today's competitive online landscape. You will learn the latest techniques in video production, podcasting, blogging, and visual storytelling while gaining an in-depth understanding of brand management, social media strategy, and content creation. By combining the professional rigour of journalism with the innovative tools of digital media, you will be equipped to craft engaging stories that resonate with fans and viewers.

#### What Makes This Course Special

- High-level practical skills training
- Detailed technical knowledge
- Multiple progression opportunities

#### Course Content

• Multimedia Authoring	• Teamworking
• Radio Programme Production	• Digital Marketing
• Digital Editing	• Media Analysis
• Writing Skills for Journalism	• Work Experience

#### Progression

Progress to further study and careers including:

- Social Media Manager
- Digital Content Creator
- Multimedia Journalist
- Digital Marketing Specialist
- Brand Manager
- Brand Ambassador
- Professional Podcaster
- Professional Brand Liaison / Influencer
- Video Editor
- Digital Content Strategist
- Content Copywriter
- Excellent Education progression routes

#### Entry Requirements

Standard entry requirements (see page 16)

#### Certification

QQI Level 5 Certificate in Media Production 5M18518

#### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

#### Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
459941

# Creative Enterprise

Stephanie Harvey

Our Creative Entrepreneurship course will provide you with specialised skills and is aimed at those in the creative arts and craft sectors who wish to learn more about the commercial and cultural aspects of their profession. This course provides the skills needed to deliver events and exhibitions, build a brand, and develop an understanding of the arts within a wider social, historical, and economic context.

This course also emphasises the development of effective communication, enabling you to engage confidently with industry professionals. Students will compile a comprehensive portfolio of work which will enable progression to higher education or employment including self-employment

## What Makes This Course Special

- Building business and brand awareness with a specific focus on the creative arts
- Digital arts suites with Apple Macs to create professional content
- Develop an understanding of the language of art, and see how art connects to the world
- Develop critical thinking and autonomy through self-directed learning
- Excellent progression routes

## Course Content

• Entrepreneurship	• History and Appreciation of Art and Design
• Exhibition Techniques	• Digital Photography
• Art Event Management	• Sales Presentation
• Personal and Professional Development	• Marketing Communications

## Progression

Progress to further study and careers including:

• Events and Venue Management	• Fine Arts
• Music Management	• Craft and Design
• Theatre Production	• Self-Employment

## Entry Requirements

QQI Level 5 Award or equivalent

## Certification

QQI Level 6 Certificate in Arts Administration 6M3618

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



“Art is too important not to share”

Romero Britto

”

Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

6  
Level

PLSS Code:  
???????

# Creative Video & Audio

Brian Flanagan



OUR  
students  
say...

“ Could not recommend this course highly enough, made great friends, enjoyed loads of hands on work with fantastic equipment and developed all the skills I need to work in this industry, Thank you! ”

Eoghan

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Our Creative Video & Audio course will provide you with highly specialised skills aimed at media makers who have an interest in either setting up their own audiovisual practice, gaining employment, or accessing further education. This course integrates video, sound and music technologies in a structured environment.

The course will equip students with practical skills in the creative design, production and editing of media along with legal and business skills. Students will have a comprehensive portfolio of course work on completion.

## What Makes This Course Special

- Develop a range of learning styles, strengths and needs
- Digital arts suites with Adobe Premiere Pro® on Apple Macs
- Build your creative portfolio
- Professional spaces including our recording studio and performance studio
- Substantial responsibility and autonomy for self-directed learning
- Excellent progression routes

## Course Content

• Sound Engineering and Music Technology	Techniques
• Multimedia Sound	• Media Ethics and Legal Framework
• Film and Television Camera and Lighting	• Media Industry Awareness
• Editing Practice and	• Communications
	• Work Experience

## Progression

Progress to further study and careers including:

• Advertising	• Journalism and Radio
• Crew	• Print Media
• Director	• Production Assistant (TV)
• Producer	• Television
• Film Making and Production	• Television Research

## Entry Requirements

QQI Level 5 Award or equivalent

## Certification

QQI Level 6 Media Production (6M5130)

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



# Music Performance

Karen O'Neill

Our very practical Music Performance course will support your ambitions for a career as a performer, composer, producer, manager, teacher or technician. You will be supported to develop performance skills through specialist lessons for instrumental and ensemble performance in a range of different styles. The course will develop your theoretical understanding of music styles, composition and give you a detailed understanding of the music industry and music management.

As a practical course, assessment is through a range of live music performance projects, including live performance gigs at professional venues. We also have excellent progression links to music studies at Higher Education.

## What Makes This Course Special

- Talented Musicians within the staff team
- Live gigs and performance projects
- Professional facilities, including music practice suites and recording studio
- Excellent progression routes
- Detailed technical knowledge
- Collaboration with our partners VISUAL Carlow

## Course Content

• Music Performance	• Sound Engineering & Production
• Music Industry Studies	• Personal Effectiveness
• Music Theory & Practice	• Work Experience
• Vocal Performance	

## Progression

Progress to further study and careers including:

• Musician	• Music Theory Studies
• Composer	• Promoter
• Performer	• Producer
• Arts Administration	• Sound Engineer
• Music Management	

## Entry Requirements

Applicants should be able to demonstrate practical music skills, with a good level of competency in their chosen instrument/voice. Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Music 5M2011

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

“During my time in the Music Performance course, I was able to expand my horizons both musically and academically as well as being able to drive myself to becoming a better musician and performer. The teachers were brilliant and very helpful in all my modules. I have recently graduated from BIMM Institute Dublin, an achievement I would not have accomplished had it not been for the time spent at Carlow Institute.”

Liam

Apply  
Online



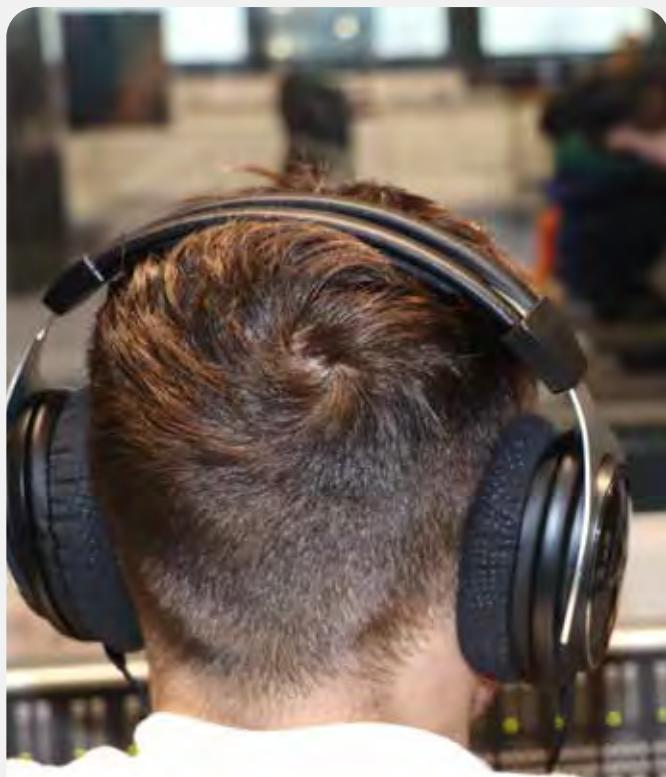
Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

5  
Level

PLSS Code:  
458745

# Music Technology

Colin Power



our  
**students**  
say...

If you have any aspirations to forge a career in the modern music industry this is the course for you which has expert lecturers to guide you through a broad syllabus. Each module within the course allows you to learn new skills imperative to your future career, enhance your ability to work within a team and show your individuality within every assignment. The course also maintains a very "hands on" approach, allowing you to participate in live events and operate/learn multiple types of studio/live sound equipment.

Niall

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

If you want a Music Industry career in Audio Production, Music Composition, Live Sound, Studio Engineering and Events, then our Music Technology course is the place to start.

You will develop practical skills in music production, audio editing, multimedia sound and live sound in our professional facilities. This is matched with specialist lessons in MIDI sequencing, location recording and music technology to help you explore your creative musical potential.

Practical projects will also enable you to learn about the world of live sound, events management and the music industry.

This course features a high level of training in industry standard music production software including Logic Pro® and Pro Tools®

## What Makes This Course Special

- Talented Musicians within the staff team
- Outstanding facilities and equipment
- Professional recording studio with Pro Tools®
- Industry standard Apple Macs Suites with Logic Pro®
- Build your demo portfolio
- Excellent progression routes

## Course Content

• Sound Engineering & Production	• Desktop Multimedia Audio Production
• Musicianship	• Radio Programme Production
• Music Technology	• Work Experience
• Music Industry Studies	
• Communications	

## Progression

Progress to further study and careers including:

- Composer
- Live Sound Engineer
- Music Producer
- Studio Engineer
- Studio Manager
- Foley Artist
- Post-Production Engineer
- TV & Film Sound Engineer
- Venue Sound Technician
- Broadcast Engineer

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Sound Production 5M2149

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
458740

# Performing Arts & Drama Studies

Anna Galligan

If you aspire to a career in acting, dance or musical theatre, this practical course will help you realise your talent and ambitions. We will help you develop a technical and artistic grounding through expert practical tuition and live performance projects.

You will develop skills in acting, dance, voice, and musical theatre and have opportunities to perform in a professional setting. The course explores the Performing Arts industry and career preparation, and the study of the world of theatre.

You will prepare for auditions for progression and will be supported to develop your confidence and understanding of your skills and strengths.

## What Makes This Course Special

- Practical skills training in Performing Arts
- Performance projects
- Outstanding facilities, including performance studio
- Collaboration with our partners VISUAL Carlow
- Support for audition preparation

## Course Content

• Acting Skills and Techniques	• Theatre Studies
• Dance (Contemporary/Jazz)	• Communications
• Singing and Voice	• Work Experience
• Performance Craft	

## Progression

Progress to further study and careers including:

• Actor (Stage, TV, film)	• Producer
• Dancer	• Teacher
• Musical Theatre Performer	• Community Arts Practice
• Director	• Youth Drama and Theatre
• Writer	

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Theatre Performance 5M5163

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

“

My time in the Performing Arts course taught me so much, not only about theatre, music, and dance, but that confidence is what makes you shine on and off the stage. Even if performing isn't your goal, this course will give you that extra boost to pursue whatever it may be! The lecturers are exceptionally helpful, and I found the classmate experience to be just as encouraging. The studio facilities are amazing on campus. Overall, I will forever be grateful for my time there, learning lessons that will stand by me always.

Katelyn

”

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Apply  
Online



5  
Level

PLSS Code:  
459688

# Advanced Music Performance

Karen O'Neill



OUR  
**students**  
say...

“ Studying Music at Carlow Institute has changed my life. The support I received from the staff was incredible. Their guidance helped nurture my talents, and I was encouraged to push beyond my limits in a supportive environment where I felt seen and valued. I developed invaluable skills and discovered more about myself. The confidence I gained has empowered me to pursue music in a serious way and has opened doors I never thought possible. Currently, I am performing and writing music with Asophonics alongside Aaron Thompson and with Music Generation Carlow. Every step of the journey has been an incredible learning experience. ”

Sophia

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Advanced Music Performance is a progressive course for performing musicians, building on the skills and knowledge previously achieved at Level 5. We focus on the development of high-level performance technique and support you to engage with the fast-paced music industry and its wide variety of career opportunities for skilled creatives. In addition to solo and group performance development, you will build on your skills and knowledge in many related areas including song writing, sound engineering, event management, promotion and music management.

Your teaching team includes skilled practical musicians who will work with you to prepare you for a successful career in the music industry. As a performance-based course, your assessment projects will include live music performances and gigs, songwriting and studio recording. We will also help you to prepare for auditions for access to Higher Education progression opportunities.

## What Makes This Course Special

- Experienced musicians on our staff
- Live gigs and performance projects
- State-of-the-art facilities and equipment, including music practice suites and recording studio
- The opportunity to write and record original songs
- Collaboration with our partners VISUAL Carlow
- Detailed technical knowledge

## Course Content

- Music Performance
- Music Theory & Practice
- Studio & Location Sound Production
- Event Management
- Entrepreneurship
- Work Experience

## Progression

Progress to further study and careers including:

- Performer
- Songwriter
- Event Manager
- Arts Administrator
- Music Manager
- Producer
- Sound Engineer
- Promoter
- Music Theory Studies

## Entry Requirements

QQI Level 5 Certificate in Music or equivalent. Applicants should be able to demonstrate practical music skills, with a good level of competency in their chosen instrument/voice. Proficiency in chordal instrument such as piano/guitar also required. Standard entry requirements (see page 16)

## Certification

**QQI Level 6** Music 6M20602

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
459234

# Advanced Performing Arts & Theatre Studies

## Anna Galligan

Our Advanced Performing Arts and Theatre Studies programme is designed for students who want to work in the professional world of Theatre and Performing Arts. You will have the opportunity to develop advanced level technical skills in Acting, Dance and Voice, as well as focused preparation for auditions both for access to Higher Education courses, and for performance roles and casting. This advanced course includes in-depth study of creative performance development processes including improvisation, characterisation and devised and scripted work. You will develop the knowledge and skills of a theatre practitioner through the processes of directing and devising.

Our expert teaching team, themselves professional practitioners, will guide your work, and support you to develop your own individual skills, talents and areas of expertise. Your learning and assessment will be grounded in real professional practice, and you and your course group will form a theatre performance company, producing a programme of public performances throughout the course.

### What Makes This Course Special

- Performance Based programme
- Audition preparation
- Purpose built Performing Arts Studio
- Partnership with professional theatre venue
- Excellent progression routes

### Course Content

• Engaging with Drama	• Characterisation
• Creating Drama	• Improvisation
• Leadership	• Jazz Dance
• Work Experience	• Musical Theatre
• Theatre Studies	Performance Skills

### Progression

Progress to further study and careers including:

- Audition preparation for non-CAO Theatre Schools and Conservatoires
- AU823 - Performing Arts (Acting) Level 7
- AU931 - Bachelor of Arts (Honours) in Performing Arts
- MT938 - BA in Musical Theatre
- CK112 - Theatre and Performative Practices - Level 8
- MT939 - Theatre and Drama
- Studies - Level
  - DN520 - BA Arts Degree (with Drama Studies) - Level 8
  - DN530 - Music, Film & Drama - Level 8
  - TR025 - Drama and Theatre Studies - Level 8
  - TR635 - Music/Drama Studies - Level 8
  - TU962 - Drama (Performance - audition) - Level 8

### Entry Requirements

A minimum of one-year previous training in performance is required, and a **QQI Level 5** Award or equivalent.

### Certification

**QQI Level 6** Certificate in Drama 6M3566

### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

### Garda Vetting

See notes on see page 17



OUR  
students  
say...

The Level 6 Advanced Performing Arts course at Carlow Institute of Further Education was a transformative experience that combined practical training with personal and professional development. Through performance, collaboration, and a full production, I gained the skills, confidence, and industry insight needed to grow as a performer. The support of experienced faculty and the focus on career development gave me the confidence to successfully audition for the Gaiety School of Acting, where I will begin training this September.

Shauna

Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

6  
Level

PLSS Code:  
459235



I'd  
like  
to be...

Actor  
**Composer**

Choreographer

**Curator**

Film & TV director Fashion Designer

**Interior designer** Inventor

Journalist

**Musician**

Product Designer

**Photographer**

Sculptor

**Sound engineer**

Stage Manager

A black and white photograph showing two students in a workshop or laboratory setting. They are wearing light-colored lab coats. The student on the left is looking down at a clipboard or small tablet. The student on the right is looking towards the camera. In the background, there is a large piece of machinery or equipment with a hydraulic arm. The student on the right has a name tag or logo on their coat that reads "Carlow Institute of Further Education and Training".

Our Engineering, Technology & Built Environment courses are your gateway to a wide range of exciting careers in the world of work and progression to Higher Education. You will gain the skills and knowledge needed to work in areas such as engineering, construction, automotive, architecture, and furniture design and making, all within our modern facilities and workshops.

# Architecture Car Mechanic Carpenter 3D design/ Modelling

# Engineering Technology & Built Environment

• Architecture (Pre-University) L5	70
• Architecture Technology L5	71
• Automotive Technology L5	72
• Construction & Building L5	73
• Construction Trades (Pre- Apprenticeship) L5	74
• Engineering (Pre-Apprenticeship) L5	75
• Engineering Technology (Pre-University) L5	76
• Furniture Making & Woodworking L5	77
• Motor Mechanic (Pre-Apprenticeship) L5	78

Civil Engineering  
Bricklayer  
Car Repairs  
Construction  
Quantity Surveying

Engineering

Welding  
Mechanical Engineering  
Auto Electrical  
CNC Operators  
Car Sales  
Product Design

# Architecture (Pre-University)

Laura Conheady

The study of architecture provides students with the opportunity to be creative and use their technical skills in the design of buildings and environments. This architecture course is designed for the student to prepare a portfolio for architecture or architectural technology so that they can continue their studies to degree level.

Students will learn many skills in the areas of building design and modelling which will prepare them for higher education. They will develop key skills in 2D plan production, 3D and architectural design. Through the practical application of theory, students will become familiar with the architectural requirements to meet the needs of the client.

## What Makes This Course Special

- 'Hands-on' practical learning
- Learn practical skills and apply knowledge
- Work with our construction experts
- Prepare for work
- Participate in a range of practical projects
- Detailed technical knowledge
- Progress to an apprenticeship or Higher Education

## Course Content

• Architectural Drawing	• Computer Aided Draughting (2D)
• Building Construction	• Communications
• Parametric CAD (Revit)	• Work Experience
• Design Skills	

## Progression

Progress to further study and careers including:

• Architecture	• CAD Technician
• Architecture Technologist	• Product Design
• Construction	• Construction Technology
• 3D Design/ Modelling	• Quantity Surveying
• Building Trades	

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Computer Aided Design 5M1940

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

“ I completed my QQI level 5 course in architecture as stepping stone into the world of higher education where I currently study Architecture (Honours) in 5th year at SETU Waterford. The Architecture course at Carlow Institute of Further Education gave me a strong foundation in several areas of the industry in both theoretical and practical elements. If you are looking to enter the architectural industry, I would highly recommend this course to do so. As the architectural landscape evolves over time, it presents many challenges such as sustainability and adaptive reuse. This course prepares you for the challenges of negotiating issues such as these at higher level education. ”

Morgan

“ Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources. ”

Apply  
Online

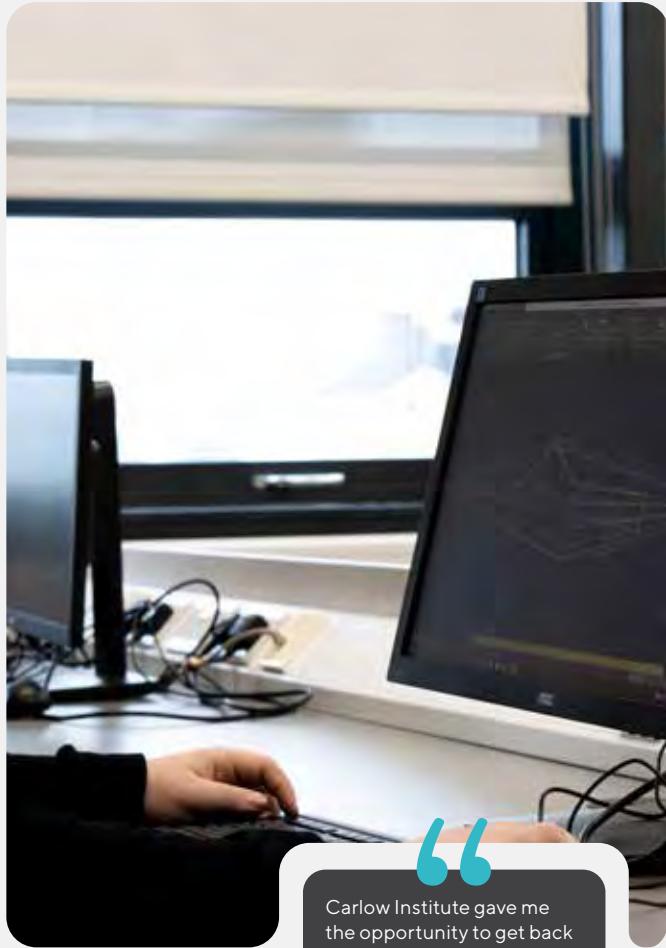


5  
Level

PLSS Code:  
458615

# Architecture Technology

Laura Conheady



our  
**students**  
say...

“  
Carlow Institute gave me the opportunity to get back into education. I left school early to work in construction but always wanted to study architecture. I hope to continue now to a degree in SETU Carlow.  
John S.

”

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Architectural Technology bridges creative design and real-world construction. This course equips you with the technical skills needed to turn architectural concepts into buildable, sustainable solutions. You'll develop expertise in digital design, CAD, construction technology, materials, and professional practice, while working on industry-focused projects. With a strong emphasis on innovation, sustainability, and problem-solving, the course prepares you for a wide range of roles within architectural, engineering, and construction teams. Graduates are ready to contribute confidently to the design and delivery of the built environment.

## What Makes This Course Special

- 'Hands-on' practical learning
- Learn practical skills and apply knowledge
- Work with our construction experts
- Participate in a range of practical projects
- Prepare for work
- Detailed technical knowledge
- Expert teaching team
- Includes essential additional qualifications
- Excellent progression routes
- Progress to an apprenticeship or Higher Education

## Course Content

• Architectural Drawing	• Computer Aided Draughting (2D)
• Building Construction	• Communications
• Parametric CAD (Revit)	• Work Experience
• Design Skills	

## Progression

Progress to further study and careers including:

• Architecture	• CAD Technician
• Architecture Technologist	• Product Design
• Construction	• Construction Technology
• 3D design/ Modelling	• Quantity Surveying
• Building Trades	

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Computer Aided Design 5M1940  
Manual Handling Certificate

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
460291

# Automotive Technology

Kevin O'Doherty

If you aspire to a career in the Automotive Industry, our Automotive Technology course is a perfect foundation for your future. With progression opportunities including Automotive apprenticeships, motorsport, sales or engineering, this course will provide you with a knowledge and practical skills grounding.

You will learn about motor vehicle maintenance – how to locate, identify and carry out a routine maintenance on a variety of mechanical and electrical components using test models and real vehicles in our Automotive Engineering workshop. You will also gain useful skills in health and safety, communications, maths, teamworking and independent learning.

Automotive Technology can place you at a real advantage if you want to progress to an apprenticeship or further study in the Automotive Industry.

## What Makes This Course Special

- Ideal for stepping-up to an apprenticeship
- Learn practical skills in a real automotive workshop environment
- Use industry standard equipment
- Learn practical skills and wider technical knowledge
- Work with our automotive experts
- Detailed technical knowledge
- Excellent progression routes

## Course Content

• Auto Electricity	• Safety & Health at Work
• Motor Vehicle Practice	• Communications
• Motor Vehicle Theory	• Work Experience
• Engineering Drawing	• Engineering Workshop Processes
• Mathematics	

## Progression

Progress to further study and careers including:

• Automotive Mechanic	• Engineering
• Car Repairs	• HGV Training
• Car Sales	• Manufacturer Apprentice
• Dealer Servicing	

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Motor Technology 5M2145

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

I completed Automotive Technology course with no prior mechanics or engineering knowledge. Benefited greatly in my racing career and at the racetrack, gaining confidence to work on my own car and understand on-track situations. Highly recommend the course for those interested in the motor industry, whether in mechanics, car sales, or motorsport progression. Tutors were exceptional, going above and beyond to ensure everyone maximised their learning and provided great support throughout. Lessons learned will stay with me for life.

Kelsey

Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

5  
Level

PLSS Code:  
459875

# Construction & Building

Laura Conheady



our  
**students**  
say...

“ I had previously worked as a block layer but was forced to stop due to injury and to reskill. This course teaches you the theory behind construction processes as well as providing you with the opportunity to apply those theories practically. This course is the perfect vehicle to prepare you for third-level construction industry courses and I now plan to progress to SETU next year to study civil engineering. ”

Jonathan

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

If you aspire to a career as a carpenter, bricklayer, and related trades in the construction industry, this programme will offer you a broad foundation of skills to support your progression.

You will learn practical construction skills and detailed underpinning theory through 'hands on' projects. Working with our Construction and Building experts, you can develop a broad range of skills that support progression to a range of careers.

This course will enhance your ability to progress directly to work and will also support progression to Apprenticeships or Higher Education options.

## What Makes This Course Special

- 'Hands-on' practical learning
- Learn practical skills and apply knowledge
- Work with our construction experts
- Participate in a range of practical projects
- Prepare for work
- Detailed technical knowledge
- Excellent progression routes
- Progress to an apprenticeship or Higher Education

## Course Content

• Architectural Drawing	• Safety & Health at Work
• Building Construction	• Communications
• Wood Fabrication	• Work Experience
• Computer Aided Draughting	

## Progression

Progress to further study and careers including:

• Building Trades	• Civil Engineering
• Bricklayer	• Construction Technology
• CAD Technician	• Quantity Surveying
• Carpenter	• Mechanical Engineering

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Construction Technology 5M5010  
Manual Handling Certificate

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
458754

# Construction Trades (Pre- Apprenticeship)

Laura Conheady

Our Pre-Apprenticeship Construction Trades programme is the perfect foundation for anyone seeking employment as an apprentice in the construction industry. This Pre-Apprenticeship will introduce you to areas such as carpentry, electrical and plumbing, and working with our Construction and Building experts, you can develop a broad range of skills that support progression to a range of careers.

Completing this pre-apprenticeship will give you a competitive edge when applying for apprenticeship jobs. The skills and knowledge that you learn on this pre-apprenticeship will help you progress quickly through your learning and qualification as a formal apprentice. You will learn practical construction skills and detailed underpinning theory through 'hands on' projects.

This course will enhance your ability to progress direct to work and will also support progression to Apprenticeships and many other options.

## What Makes This Course Special

- 'Hands-on' practical learning
- Learn practical skills and apply knowledge
- Work with our construction experts
- Participate in a range of practical projects
- Prepare for work
- Detailed technical knowledge
- Excellent progression routes
- Progress to an apprenticeship or Higher Education

## Course Content

• Architectural Drawing	• Safety & Health at Work
• Building Construction	• Communications
• Wood Fabrication	• Work Experience
• Computer Aided Draughting	

## Progression

Progress to further study and careers including:

• Building Trades	• Civil Engineering
• Bricklayer	• Construction Technology
• CAD Technician	• Quantity Surveying
• Carpenter	• Mechanical Engineering

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Construction Technology 5M5010

## Manual Handling Certificate

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

“  
This Pre apprenticeship showed all the different processes involved in home building and gave me a great opportunity to meet employers through work experience. I got the chance to choose the trade I wanted and the work experience gave me insight into the work involved in an apprenticeship.

Mikey

”

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Apply  
Online



5  
Level

PLSS Code:  
458765

# Engineering (Pre-Apprenticeship)

*Pat Lawlor*



our  
**students**  
say...

I completed the Engineering Technology course in Carlow to explore the engineering industry. Engaging in various modules like CAD, engineering drawing, practical and theoretical aspects, and building construction was enriching. Work experience helped me decide on my future path. I chose toolmaking with Carlow Toolmaking Services and secured a four-year apprenticeship. I highly recommend this course for those keen on enhancing engineering skills. It ignited my passion for engineering and strengthened my existing skills. I am excited for my toolmaking apprenticeship and for my future in engineering!!

Ciaran

“ ”

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Our Pre-Apprenticeship Engineering course offers you the ideal opportunity to learn how to apply solutions to practical problems. This full-time Level 5 course is designed to meet your needs to pursue an apprenticeship. The course provides you with an understanding of Engineering Fabrication, Machine Tool operation and Joining methods. You will also study construction services and systems and develop these skills which are essential to gaining an apprenticeship in a range of trades in the Engineering and Construction Industry.

You will study the fundamentals of engineering and construction – covering drawing, practical workshop and construction skills and the underpinning theory. This course provides you with an understanding of engineering and construction in a wide variety of careers in areas including Engineering fabrication, product manufacturing, construction, electrical & mechanical services. Our industry connections will help you maximise your progression and career options.

Pre-Apprenticeship Engineering can place you at a real advantage if you want to progress to an apprenticeship or further study in the Engineering field. On successful completion of this course, you may apply to progress to a related apprenticeship..

## What Makes This Course Special

- Learn in our fully equipped workshops
- Learn practical skills and apply knowledge
- Discover new technologies
- Great professional links
- Detailed technical knowledge
- Excellent progression routes

## Course Content

• Building Construction	• Mathematics
• Computer Aided Draughting	• Engineering Workshop Theory
• Engineering Drawing	• Communications
• Engineering Workshop Processes	• Work Experience

## Progression

Progress to further study and careers including:

• Fitter/Welder	• Plumbing
• Metal Fabrication	• Aircraft Mechanics
• Tool Making	• Mechanical Automation.
• Electrical	

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Engineering Technology 5M2061

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
459575

# Engineering Technology (Pre-University)

*Pat Lawlor*

Engineering offers fantastic career choices – you can progress to work environments where practical skills are combined with solution-focused theory.

You will study the fundamentals of engineering – covering drawing, practical workshop skills and the underpinning theory. This course will set you on the road to engineering careers in a huge variety of disciplines including product design, aerospace, manufacturing, electrical, electronics, mechanical, energy, environment and transport. Our HE links and industry connections will help you maximise your progression and career options.

## What Makes This Course Special

- Learn in our fully equipped workshops
- Use industry standard software SolidWorks®
- Learn practical skills and apply knowledge
- Discover new technologies
- Great professional links
- Detailed technical knowledge
- Excellent progression routes

## Course Content

• Building Construction	• Mathematics
• Computer Aided Draughting	• Engineering Workshop Theory
• Engineering Drawing	• Communications
• Engineering Workshop Processes	• Work Experience

## Progression

Progress to further study and careers including:

• Aerospace Engineering	• Electrician
• CNC Operators	• Fitter
• Civil Engineering	• Maintenance Engineering
• Construction Trades	• Mechanical Engineering
• Electronic Engineering	• Tool Making

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Engineering Technology 5M2061

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

If you are considering a career in engineering or wondering if an engineering role is suitable for you in the long-term, analysis suggests that countless opportunities lie ahead for this critical industry such as technological advancements, sustainability requirements and a growing national community currently paving the way for a positive outlook on Irish engineering for the future.

Ciaran

Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

5  
Level

PLSS Code:  
459569

# Furniture Making & Woodworking

Phillip Carey



our  
**students**  
say...

“ I enrolled at Carlow Institute as it was a lifelong dream to create my own furniture. I've always had a passion for design but never thought it possible. I really enjoyed the course – it brought creativity to life, providing me with knowledge and skills. Our teachers encouraged us ensuring everyone's learning styles were accommodated. I highly recommend Carlow Institute to any age – dreams do come true, my only regret is that I didn't do it sooner! ”

Morgan

”

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Our Furniture Making and Design course offers a comprehensive introduction to the art and craft of furniture making. Students will develop essential skills in design principles, traditional furniture making techniques and an understanding of both natural and man-made materials. The programme covers everything from conceptual design and model making, to veneering and wood turning. With a strong emphasis on creativity and project based practical experience, this course prepares students for a variety of careers. Whether you aim to pursue higher education in design and furniture making or wish to continue honing your skills in the furniture industry, this course provides a solid foundation. Join us to transform your passion into professional expertise and open doors to a variety of career opportunities.

## What Makes This Course Special

- Create your own portfolio
- Personal Tool Kit for the year
- Ability to design and create.
- Work with our Furniture experts
- End of year exhibition
- Detailed technical knowledge
- Excellent progression routes

## Course Content

- Design Skills
- Drawing
- Furniture Making
- Veneering and Marquetry
- Wood Turning
- Communications
- CAD
- Work Experience

## Progression

Progress to further study and careers including:

- Education (Design, Graphics and Construction) Bachelor of Science (Honours) AU680.
- Furniture Design and Manufacture Bachelor of Science (Honours) AU681
- Furniture Design, Making and Technology Bachelor of Science (Honours) AU683
- Furniture Making and Architectural Woodworking Bachelor of Science (Honours) AU682 BSc Set Design and Construction level 7 SE735 Careers
- Furniture Designer/Maker Bespoke Wood Turner

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Furniture Design 5M2012

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
458592

# Motor Mechanic (Pre-Apprenticeship)

Kevin O'Doherty

This pre-apprenticeship programme in motor vehicle mechanics will provide you with the perfect grounding for progression to employment as an Apprentice Motor mechanic. This is a highly practical course that will help you build the technical skills and understanding to successfully apply for a position as an apprentice mechanic.

You will learn how to locate, identify and carry out a routine maintenance on a variety of mechanical and electrical components using test models and real vehicles in our Automotive Engineering workshop. You will also gain useful skills in health and safety, communications, maths, teamworking and independent learning.

Pre-Apprenticeship Motor Mechanic place you at a real advantage if you want to progress to an apprenticeship or further study in the Automotive Industry.

## What Makes This Course Special

- Ideal for stepping-up to an apprenticeship
- Learn practical skills in a real automotive workshop environment
- Use industry standard equipment
- Learn practical skills and wider technical knowledge
- Work with our automotive experts
- Detailed technical knowledge
- Excellent progression routes

## Course Content

• Auto Electricity	• Safety & Health at Work
• Motor Vehicle Practice	• Communications
• Motor Vehicle Theory	• Work Experience
• Engineering Drawing	• Engineering Workshop Processes
• Mathematics	

## Progression

Progress to further study and careers including:

• Automotive Mechanic	• Engineering
• Car Repairs	• HGV Training
• Car Sales	• Manufacturer Apprentice
• Dealer Servicing	

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Motor Technology 5M2145

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

“ I completed the auto tech course in Carlow to find my path into the motor industry. In this course I gained great practical experience including being able to do work experience which got me into my apprenticeship that I am now in at Mercedes. I would highly recommend this course to anyone wanting to further their skills in the automotive trade, with the progression of new technology, especially vehicle electrics, becoming a big part of the motor industry the course is a real benefit to understanding the motor vehicle systems before starting an apprenticeship or going on to third level. ”

Caolan

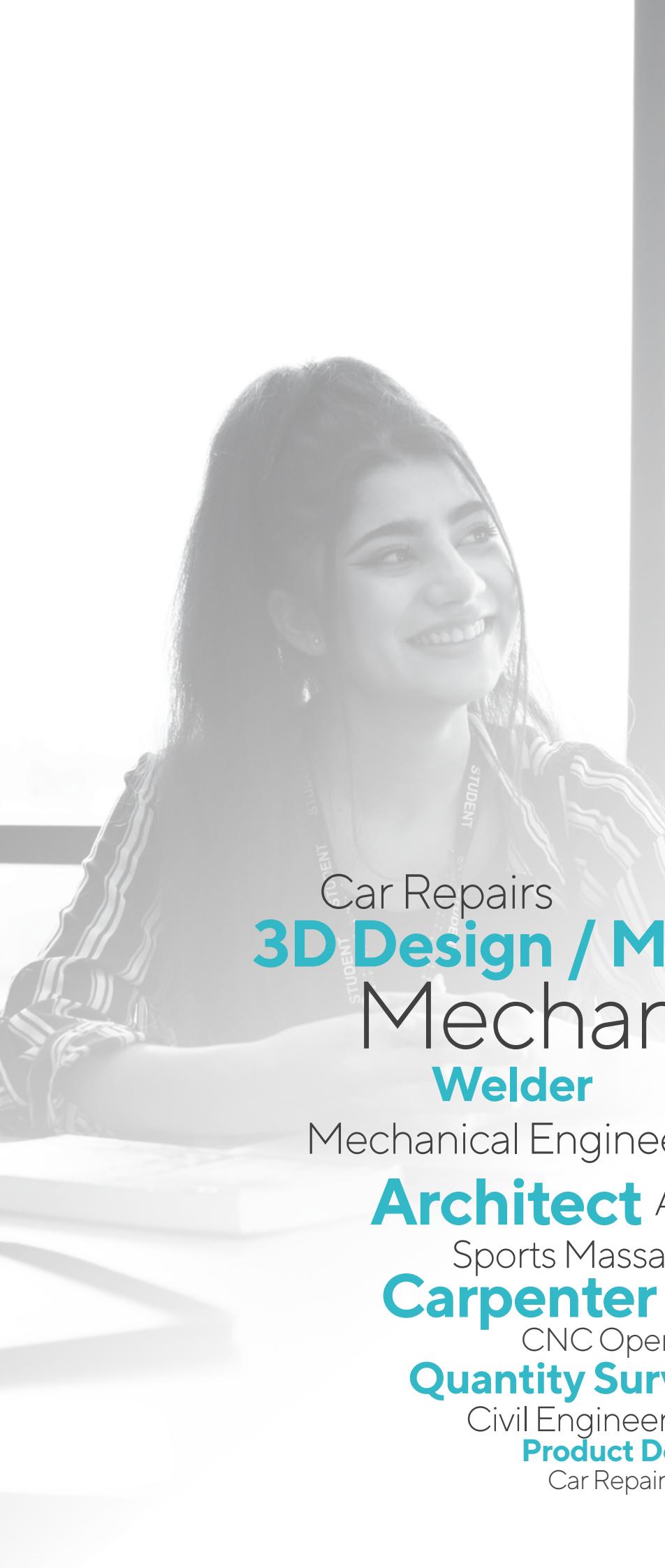
Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

5  
Level

PLSS Code:  
459671



I'd  
like  
to be...

Car Repairs  
**3D Design / Modelling**

Mechanic

**Welder**

Mechanical Engineering

**Architect** Auto Electrician

Sports Massage Therapist

**Carpenter**

CNC Operator

**Quantity Surveying**

Civil Engineering

**Product Design**

Car Repairs

Our Hair & Beauty Services Industries courses provide detailed experience of these fields, preparing you for a wide range of career options. You can acquire professional level skills, comprehensive knowledge and internationally recognised qualifications. You can expect lots of opportunities to gain hands-on experience in real-life salons and industry standard professional projects.

## Affiliations



Senior Make-up Artist

Beautician  
Colourist

# Hair & Beauty Services

• Barbering L5	82
• Beauty Therapy, Massage & Electrotherapy L5	83
• Make-up Artistry with Fashion, Theatrical & SFX L5	84
• Hairdressing L5	85
• Advanced Beauty - Senior Therapist L6	86

# Barbering

Gerrard Hynes

Our Barbering course offers detailed skills training in all aspects of barbering and men's hair grooming. You'll learn practical skills and the underpinning theory and science to prepare you for a career in the Barbering/hairdressing Industry, including cutting men's hair, cutting men's facial hair and hot towel shaving, and the essential underpinning knowledge.

Barbering offers many employment opportunities, and our course leads to an internationally recognised qualification. You will have opportunities to develop your skills and build a portfolio of work that will help you to progress to employment.

## What Makes This Course Special

- Ready for work professional qualification
- Develop practical skills and applied knowledge
- Internationally recognised qualification
- Expert staff and professional facilities
- Build a career portfolio of your work
- Detailed technical knowledge
- Excellent progression routes
- Award winning Team

## Course Content

• Salon Health & Safety Practice	• Facial Hair Cutting
• Hairdressing Consultation	• Salon Products & Services
• Men's Hair Cutting	• Provide hot towel shave and facial massage service

## Progression

Progress to further study and careers including:

• Salon Barber	• Cruise Ship Barber
• Self-employed Barber	• Resort Barber
• Fashion Barber	• TV & Film Barber
• Product Representative	• Hair and Scalp Specialist

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

**City & Guilds** Level 3 Certificate in Barbering.

This international award at UK Level 3 is a full award equivalent to an Irish Level 5 major award

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

“  
This Barbering course covered all the knowledge and skills I needed to help me gain full employment when I finished. I was very nervous starting as a mature student however the teachers immediately put me at ease, and they work to the individuals needs on progression. there was so much more knowledge and skills covered than I expected, and these stood to me when I got a job. I would recommend this course as an ideal pathway to employment.

Maryna

“  
Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Apply  
Online

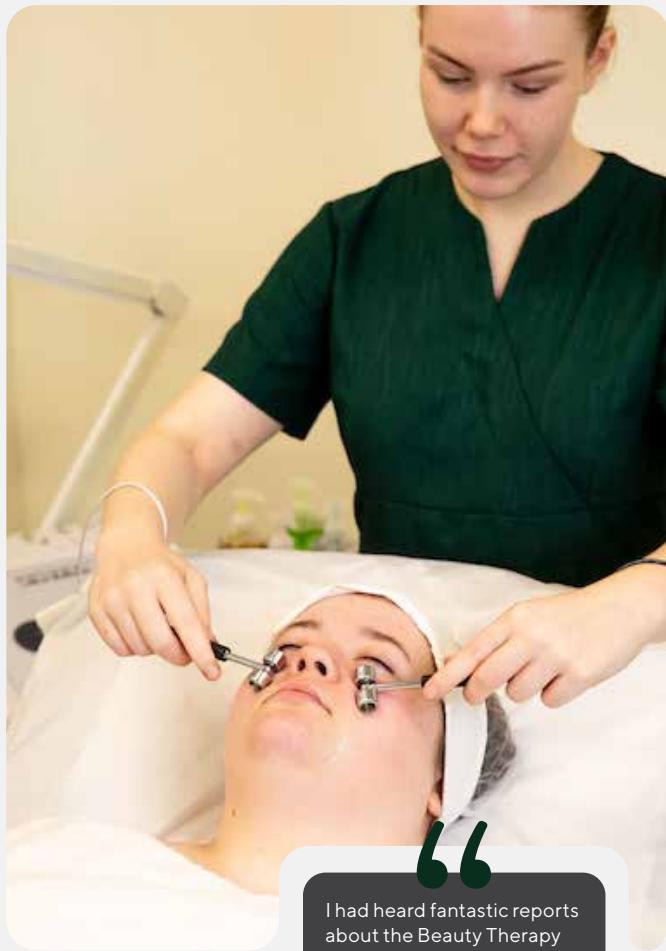


5  
Level

PLSS Code:  
459845

# Beauty Therapy, Massage & Electrotherapy

## Roisin Scanlon



### OUR students say...

I had heard fantastic reports about the Beauty Therapy course and couldn't wait to get started! The course itself was incredibly thorough and in-depth, with opportunities to experience other avenues within the industry too. I enjoyed how much hands-on experience which helped build confidence when performing treatments. I now work with Dermalogica as a Senior Educator in their training facility in Dublin. It was at Carlow Institute that I realised skincare was my passion!

Louise

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Do you aspire to a career in the Beauty Industry? If you are passionate about professional treatments and customer experience, and want a career that can open many options, then our Beauty Therapy course is for you.

You'll work in a professional Beauty Therapy salon environment to learn the essential practical skills and learn to use professional products including Dermalogica and others. You can expect an intensive focus on professional practice, and home treatment evidence is an essential part of the course.

With our internationally recognised ITEC qualifications, successful students can progress to work, or to our Level 6 Advanced Beauty - Senior Therapist

#### What Makes This Course Special

- Internationally recognised ITEC qualification
- High-level skills training
- Professional practice-based teaching
- Outstanding facilities
- Highly experienced beauty therapy team
- Detailed technical knowledge
- Excellent progression routes, including our own Level 6 programme

#### Course Content

• Skincare and eye treatment	• Waxing
• Facial electrical treatments	• Anatomy and physiology
• Manicure and pedicure	• Professional Conduct and Business
• Make-up	
• Massage therapies	

#### Progression

Progress to further study and careers including:

• Beauty Salon Therapist	• Massage Therapist
• Cruise Liner Therapist	• Product Consultant
• Company Representative	• Skin Care Consultant
• Make-up Consultant	• Spa Therapist

#### Entry Requirements

Standard entry requirements (see page 16)

#### Certification

**ITEC Level 3** Diploma in Beauty, Massage and Electrotherapy

#### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

#### Garda Vetting

See notes on see page 17

Apply  
Online



# Make-up Artistry with Fashion, Theatrical & SFX

## Sara Ashmore

The world of the professional Make-up Artist offers many exciting national and international career options. This course is an intensive course designed for students who wish to pursue a career as a Make-Up Artist in the Film, Media and Fashion industry. This course will provide you with a range of professional skills and knowledge to help you launch your career.

This exciting course covers all aspects of professional Make-up Artistry that includes High Fashion Make-Up, Make-Up for Theatre, TV and Film, Special Effects Make-up. You'll learn Make-Up techniques, developing skills that respond to various contexts and briefs. You will use our professional purpose-built facilities, and top-end products.

### What Makes This Course Special

- High-level professional skills training
- Highly experienced make-up team
- Real-work projects
- Outstanding facilities
- Detailed technical knowledge
- Excellent progression routes and career options

### Course Content

• Airbrush Make-up	• Creative Hair
• Fashion & Photographic Make-up	• Special Effects Make-up and Moulage
• Media and Theatrical Make-up	• Prosthetics & Bald Cap Application
• Eye Treatments - Eyelash, Brow Tinting, Brow Shaping	• Face & Body Painting
	• Camouflage Make-up

### Progression

Progress to further study and careers including:

• Make-up artist in the Fashion, Film and TV Industries	• Special-effects Make-up Artist
• Freelance Make-up Artist	• TV & Film Make-up Artist
• Make-up Consultant	• Wedding & Events Make-up Artist
• Skincare Consultant	• Eye Technician

Students who successfully complete this course have the opportunity to progress on to other courses within the college which would complement their skill set such as the level 6 Advanced Make-up Artistry Course, Hairdressing, Beauty Therapy or onto other awards in their chosen vocational area.

### Entry Requirements

Standard entry requirements (see page 16)

### Certification

**City & Guilds Level 3** Diploma in Theatrical, Special Effects Hair and Media Make-up with Evolve 3003-74

This international award at UK Level 3 is a full award equivalent to an Irish Level 5 major award

### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

### Garda Vetting

See notes on see page 17



OUR  
students  
say...

I applied for the course out of my love for creativity, with makeup serving as my ideal artistic outlet. Passionate about pursuing a career in this field, I enrolled to refine my skills, explore diverse styles and techniques, and deepen my makeup knowledge. My experience at CIFE was fantastic! The talented tutors broadened my horizons, introducing me to unexpected areas like body-painting. The top-notch facilities, adjustable chairs and large mirrors, provided a salon-like workspace. I aim to advance to the level 6 Makeup Artistry course. Additionally, I'm keen on opportunities in theatre and cinema, confident that my CIFE experience is preparing me well for these paths.

Emily

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Apply  
Online



# Hairdressing

## Gerrard Hynes



### OUR students say...

I decided to do Hairdressing in Carlow Institute of Further Education and Training because it was a new college with really good facilities and easy access. After successfully completing my Hairdressing course I gained a job in a local salon in Carlow and I am still working there 3 years later. I am still availing of salon training and updating my skills even further. I am presently entering hairdressing competitions and I recently won the Wella Trend Vision Creative Colour category and was nominated for the Star Team for the IHF (Irish Hairdressing Federation).

Ciara

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

The Hairdressing industry is a dynamic working environment, with opportunities for many different careers. Our course leads to internationally recognised qualifications in the art of hairdressing. You will learn the practical skills of hairdressing and styling, and the underpinning theoretical knowledge that will enable you to pursue a career in hairdressing business. You will work in professional facilities and with award-winning staff.

You will have opportunities to develop your skills and build a portfolio of work that will help you to progress to employment

#### What Makes This Course Special

- Progress to work
- Internationally recognised qualifications
- High-level skills training
- Outstanding facilities
- Award-winning hairdressing team
- Detailed technical knowledge
- Excellent progression routes
- Build your own creative portfolio

#### Course Content

• Hairdressing Theory & Practice	• Cut Womens Hair
• Hairdressing Science	• Colour Hair
• Creative Hair Design Skills	• Safety & Health at Work
• Perming and style support	• Customer Service
• Bridal Hair Styling	• Work Experience

#### Progression

Progress to further study and careers including:

• Salon Hairstylist	• Resort Hairstylist
• Self-employed Hairstylist	• TV & Film Hairstylist
• Fashion Hairstylist	• Wedding & Event Hairstylist
• Product Representative	• Hair and Scalp Specialist
• Cruise Ship Hairstylist	

#### Entry Requirements

Standard entry requirements (see page 16)

#### Certification

**QQI Level 5** Hairdressing 5M3351

#### SEC Junior Trades

**City & Guilds Level 3** Hair Service Award 3002-93 (2 units)

This international award at UK Level 3 is a full award equivalent to an Irish Level 5 major award

#### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

#### Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
458776

# Advanced Beauty - Senior Therapist *Roisin Scanlon*

Make your way to the top of the Beauty Industry with our Advanced Beauty - Senior Therapist course. Our course will provide you with internationally recognised professional qualifications in Beauty Treatments and Spa Therapies.

You learn highly specialised skills in all aspects of Beauty Treatments, including laser, micro-dermabrasion and intense pulsed light treatments. There is an intensive focus on high-level professional practice which will set-up you for a senior role in the Beauty Treatments industry.

This course leads to internationally recognised CIDESCO and ITEC qualifications, and successful students can progress to professional-level roles, both as a self-employed practitioner, or in a wide variety of professional contexts.

## What Makes This Course Special

- Senior Therapist level qualification
- Internationally recognised professional qualifications
- Professional-level skills training
- Professional practice-based teaching
- Outstanding facilities
- Detailed technical knowledge
- Highly experienced beauty therapy team

## Course Content

- Advanced Skincare
- Advanced Body Treatments
- Microdermabrasion
- Laser and Intense Pulsed Light Treatments
- Skin Needling Treatments
- Skin Peeling Treatments
- Epilation and Hair Removal
- Hand and Foot Treatments
- Make Up
- Spa Treatments
- Cosmetic Science & Surgery
- Dermatology and Skin Science
- Nutrition
- Client and Business management

## Progression

Progress to further study and careers including:

- Beauty Therapist
- Beauty Salon Management
- Cruise Liner Therapist
- Make-up Consultant
- Massage Therapist
- Product Consultant
- Skin Care Consultant
- Spa Therapist

## Entry Requirements

Level 5 Certificate in Beauty Therapy or equivalent.

## Certification

**CIDESCO** Diploma Beauty Therapy

**ITEC L4 Diploma** in Laser and Intense Pulsed Light Treatments 107

**ITEC L3 Certificate** in Microdermabrasion Treatments iBT3C13

**ITEC L4 Award** in Skin Needling

**ITEC L4 Award** in Skin Peeling

**QQI L6 Award** in Electrical Epilation 6N3475

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



“ I studied 2 years of Beauty Therapy at CIFE. It was honestly the best 2 years of my life. The course is very in-depth and hands on which I thoroughly enjoyed! During my time at CIFE I not only learned how to be a professional beauty therapist, but I also learned values that I have taken with me and will continue to do so throughout my career.

The amazing teachers go above and beyond to help and support you without any hesitation. I am now a fully qualified beauty therapist and have worked in both the Spa and Beauty Industry over the last 2 years. I would highly recommend CIFE to anyone looking to upskill or start their career journey.

Frances

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Apply  
Online





I'd  
like  
to be...

**Salon Barber**

**Make-up artist** **Colourist**

**Events manager**

**Cruise Liner Therapist** **Product Representative & Trainer**

**Film & TV Make-up Artist**

**Spa therapist**

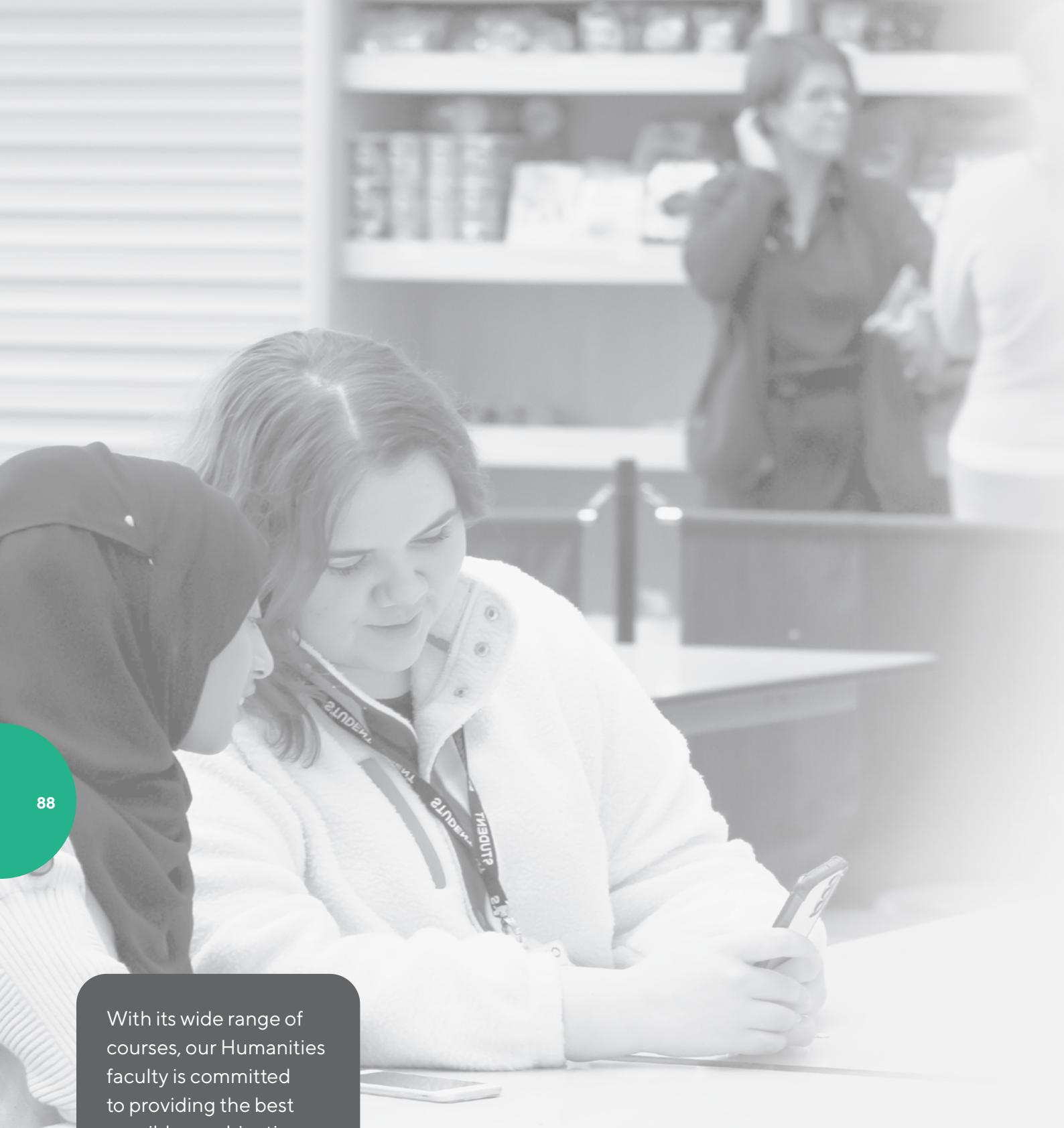
**Salon manager**

**Eye Lash Technician**

**Face & Body Painting**

**Prosthetics Make-up Artist**

**Skincare Consultant**



With its wide range of courses, our Humanities faculty is committed to providing the best possible combination of skills training and education. Our Humanities courses prepare you for direct entry to employment, or progression to Higher Education and lead to industry-recognised qualifications.

# Sports therapist

# Ambulance technician

# Adult care worker

# Army/defence

# Humanities

• Early Learning & Care (Stage 1) L5	90
• Early Learning & Care (Stage 2) L6	91
• Pre-University Arts & Humanities L5	92
• Psychology L5	93
• Social Studies L5	94
• Special Needs Assistant L5	95
• Teaching & Education (Pre-University) L5	96

# Early Learning & Care (Stage 1)

Fiona Maher

A career in Early Learning and Care is highly rewarding, allowing you to work across a range of Early Years Settings. The aim of this one-year full time course is to enable the learner to acquire the knowledge, skills, and competencies to work independently and as part of a team providing holistic care and learning experiences for children from birth to six years. This award also provides the learner with the opportunity to progress into further and higher education and training.

## What Makes This Course Special

- Internationally recognised qualification
- High-level skills training
- Outstanding facilities
- Highly experienced Early Years team

## Course Content

- Professional Practice placement in Early Learning and Care
- Children's Rights, Legislation and Regulations
- Holistic Care of Children 0-6 years
- Early Childhood Growth and Development
- Curriculum, Play and Creative Studies
- Understanding and Assisting Children with Additional Needs

## Progression

Progress to further study and careers including:

- After School Services
- Crèches Assistant
- Nurseries Assistant
- Pre-schools & Playschools
- Primary Schools Assistant
- Special Needs Assistant

## Entry Requirements

1. Leaving Certificate including Leaving Certificate Applied or other qualifications equivalent to a QQI major award at level 4.
2. English language – Speakers of English as a second language must have a B2 in writing, reading, listening and speaking from the Common European Framework of Reference for Languages. Evidence of achievement of this standard is necessary for entry to the programme.
3. Prospective learners will be expected to demonstrate:
  - a desire to work in the early learning care sector
  - an ability to act with responsibility and autonomy,
  - an ability to take responsibility for their own learning while under supervision

## Certification

QQI ELC Level 5 Certificate in Early Learning and Care 5M21473  
Manual Handling Certificate

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



our  
**students**  
say...

“After 6th year, I was very young for university, and Carlow Institute helped me decide whether childcare was really the career for me. The classes and workplace were really interesting and enjoyable with support from the teachers. Following my pre-school placement, I was even offered a part-time job, but I decided to do the Level 6. After I complete this, I plan on a full-time job in an ECCE setting, and to study for a BA in Early Childhood Education and Care in the future.

Pauline

Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

# Early Learning & Care (Stage 2)

Renee Kennedy



OUR  
**students**  
say...

“  
I chose this course as I want to advance in my career, to work as a manager or supervisor in Pre School. This course will give me a broad range of skills in the management and Administration area as well as the care skills I need to progress in my career. Delighted I made the decision to join the course

Niamh

”

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Advanced Early Learning & Care is an essential course for those who wish to have an in-depth understanding of the childcare industry. You will develop skills to work in diverse areas and be able to take on a supervisory position in an early years setting.

## What Makes This Course Special

- Internationally recognised qualification
- High-level skills training
- Outstanding facilities
- Highly experienced Early Years team

## Course Content

- Sociology & Social Policy in ELC
- Advanced Professional Practice Placement in ELC
- The Developing Child
- Inclusive Early Learning & Care
- Curriculum & Pedagogy
- Supervision and Administration in ELC

## Progression

Progress to further study and careers including:

- After School Services
- Crèches Assistant
- Nurseries Assistant
- Pre-schools & Playschools
- Primary Schools Assistant
- Special Needs Assistant

## Entry Requirements

QQI ELC Level 5 Certificate in Early Learning and Care 5M21473

## Certification

QQI Level 6 Early Learning & Care (Advanced Childcare) 6M21471

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



# Pre-University Arts & Humanities

Jonathan O'Brien

If you are looking for a platform to progress to a wide range of careers in the General Arts, Humanities, Psychology or Sociology, then this course is for you. The course provides a foundation for progression to Higher Education study in general Arts, Humanities and Social Sciences. You'll get a real taste for what's required at third level before committing to a four-year degree, and it is an ideal first step for school-leavers and mature students returning to education.

Our course introduces a wide range of humanities subjects and provides a broad foundation in writing skills and research studies which will really help prepare you for further study.

You'll find extensive options for progression, and many potential career pathways.

## What Makes This Course Special

- Introduction to new subjects
- Many progression options – ideal for stepping-up to University or an Institute of Technology
- Experienced talented staff
- Exciting links and visits
- Excellent progression routes
- Step up to wider-ranging professional career options

## Course Content

• Classical Studies	• Research & Study Skills
• Creative Writing	• Communications
• English Literature	• Personal & Professional Development
• Psychology	
• Philosophy	

## Progression

Progress to further study and careers including:

• Liberal Arts	• NGOs
• Understanding Community Development	• Politics
• Heritage Management	• Psychology
• International Development	• Public & Civil Service Administration
• Libraries & Museums	• Teaching
• Media	• Journalism

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

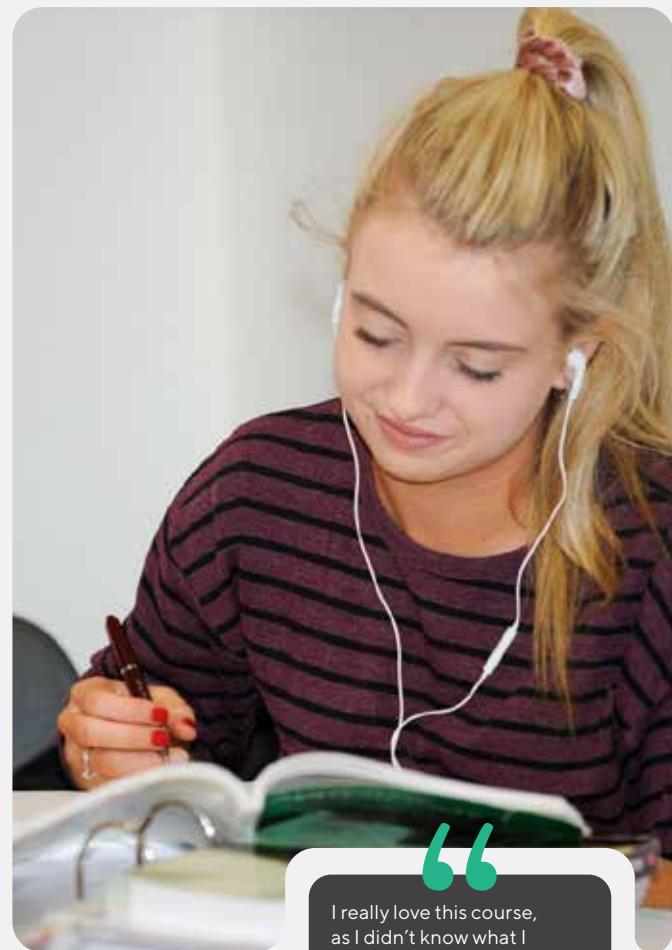
QQI Level 5 Certificate in General Studies 5M3114

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



our  
**students**  
say...

I really love this course, as I didn't know what I wanted to do in college. The Pre-University Arts and Humanities course at Carlow Institute has really helped me figure out what I love to do. This course is perfect for those who are unsure about what course to do in University.

Eileen

“ ”

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Apply  
Online



5

Level

PLSS Code:  
459690

# Psychology

## Mary Kelly



OUR  
**students**  
say...

“  
My time at Carlow Institute has been nothing short of amazing. The staff here is not only exceptionally knowledgeable but also incredibly helpful and kind. The Psychology course and its well-structured modules have provided me with invaluable insights and knowledge that have helped me grow personally and academically. Through this course, I've gained an understanding of the human mind and behaviour, and it has inspired me to aim for the next level in my academic journey which is to go for the third level education next year.  
Juliana

”

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Explore the captivating world of human behaviour and motivation with our Psychology programme. If you're intrigued by how people think, act, and interact across different situations, this course provides the perfect introduction. Psychology not only deepens your understanding of human actions and social interactions but also showcases its significant impact across various fields, including mental health, business, law, education, social research, marketing, and communications.

Through this course, you'll dive into psychological theories and practices and gain hands-on experience with essential research methods, such as observations, case studies, psychometric tests, surveys, and experiments. Whether you're starting your journey in Psychology or exploring new career pathways, this course opens the door to endless opportunities.

This course will enable you to progress to a wide range of Higher Education options, including degrees in Psychology, Social Care and Business Management, and will introduce you to the possibility of people-centred careers such as Counselling and Psychotherapy, Organisational Behaviour, and Forensic Psychology amongst many options.

### What Makes This Course Special

- Comprehensive introduction to the field of Psychology
- Discover new theories, concepts, and research techniques
- Investigate diverse career pathways
- Build a strong foundation for Higher Education
- Excellent progression routes
- Great progression opportunities

### Course Content

• Psychology	• Conflict Resolution
• Behavioural Studies	• Communications
• Criminology	• Research and Study Skills
• Human Growth and Development	• Personal and Professional Development

### Progression

Progress to further study and careers including:

• Counselling	• Business Management
• Psychology	• Marketing and Communications
• Community Organisations	• Human Resource Management
• Mental Health Sectors	
• Education	

### Entry Requirements

Standard entry requirements (see page 16)

### Certification

QQI Level 5 Certificate in General Studies 5M3114

### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

### Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
459692

# Social Studies

Annette Dempsey

This course is a foundation for anyone planning a career in the social care field. It can be your stepping-stone to a wide range of Higher Education pathways and career options.

You'll be introduced to the academic foundation and practical experience necessary of the social sciences. Through the study of relevant subjects, you can develop an awareness and understanding of a variety of contemporary social issues, equality, diversity and social values.

This course can be your career foundation in social services work, or maybe the beginning of a Higher Education study pathway that could lead you to senior-level professional roles.

## What Makes This Course Special

- In-depth study of the social sciences
- Foundation to many careers
- Highly experienced social studies team
- Study visits to work contexts
- Detailed technical knowledge
- Excellent progression routes

## Course Content

• Social Studies	• Community Development Practice
• Psychology	• Safety and Health at Work
• Equality & Disability	• Communications
• Intercultural Studies	• Work Experience
• Young People & Society	

## Progression

Progress to further study and careers including:

• Advocacy Services	• Psychology
• Advisory Services	• Sociology
• Charities	• Social Work
• Community Work	• Therapist
• Counselling	• Voluntary Work
• Education Services	• Youth Services
• Health Support Services	

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Applied Social Studies 5M2181

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

“  
I applied for the Applied Social Studies course at Carlow Institute after deciding to pursue a career in Social Care.

Completing this course was a great experience. The material covered was both interesting and relevant and the classes were very enjoyable. The teachers were all really encouraging and supportive and the facilities were also excellent.

I am now continuing my studies at Carlow College. I really feel that my time at Carlow Institute helped prepare me for College by providing me with a strong foundation in the knowledge and skills required to continue this course of study at a higher level.

Miriam

“  
Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Apply  
Online



# Special Needs Assistant

Diane Devine



OUR  
**students**  
say...

“When the place I worked for 19 years closed, I enrolled at Carlow Institute for a new direction. I was nervous going back to education after 20 years. The course gave me skills and knowledge to work as an SNA, and confidence in so many areas. I made friends and received amazing support from the teachers. I achieved more than I could have imagined and now work as an SNA. I feel like I have the best job in the world. Studying at Carlow Institute is the best decision I have ever made - it changed my life!”

Zoe

”

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Special Needs Assistant is a purposely designed course to prepare you for work as a Special Needs Assistant (SNA) in a variety of educational contexts and community care settings.

Our course explores a wide range of knowledge and practical skills attributes that support a productive career. You will be able to prepare for a career as a Special Needs Assistant in primary and secondary school classrooms or special schools, supporting children with everyday practical tasks.

This course can provide you with access directly to employment, and it also serves as a platform for further study in applied social studies, social care and early childhood care and education.

## What Makes This Course Special

- Professional training qualification
- High-level practical skills training
- Detailed underpinning knowledge
- Excellent progression routes

## Course Content

- Care Provision & Practice
- Equality & Disability
- Human Growth & Development
- Intellectual Disability Studies
- Safety & Health at Work
- Special Needs Assisting
- Work Experience
- Communications

## Progression

Special Needs Assistant (SNA/Personal Assistant) in:

- Primary Schools
- Secondary Schools
- Special Schools
- Other educational contexts
- Home and Residential Care Settings

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Community Care 5M2786

Patient Lifting/Manual Handling

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
458770

# Teaching & Education (Pre-University)

## Jonathan O'Brien

If you are a post-leaving cert student or a mature student interested in exploring teaching, (Primary, Post-Primary, or teaching in Further Education), as a career, then this course is for you. The course offers a diverse range of modules to enhance your understanding of the Irish Education system. It also focuses on building the key skills: communication, critical reflection, and research skills necessary for educational settings. There is also the option to take Leaving Certificate Irish at a Higher Level, subject to minimum take-up. This course also provides a wide range of subjects and provides a broad foundation in education studies which will really help prepare you for further study. You'll find many options for progression, and many potential career pathways.

### What Makes This Course Special

- Explore teaching as a career
- Work Experience
- Many progression options
- Experienced and talented staff
- Detailed technical knowledge
- Excellent progression routes
- Exciting links and visits

### Course Content

- Communications
- Concepts in Education and Training
- Interpersonal and Group Behaviour
- Work Experience
- Research and Study Skills
- Early Childhood Education and Play
- Psychology
- Children with Additional Needs

### Progression

Progress to further study and careers including:

- **SETU Waterford**  
Arts SE200
- **Carlow College**  
PC410 Arts and Humanities & PC411 English & History (Minimum H2.2 Honours bachelor's degree is required to be eligible to progress to a PME Primary Degree)
- **Dublin City University DC009**  
BA (Joint Honours) Humanities with Irish (subject choice does not have to be Irish but will obviously help with entry to PME) and one other subject and then complete PME – Professional Master of Education: Primary Teaching
- **Maynooth University**  
MH101 Arts followed by PME – Professional Master of Education (Primary) MH801 Early Childhood Teaching and Learning. followed by PME – Professional Master of Education (Primary)

### Entry Requirements

Standard entry requirements (see page 16)

### Certification

**QQI Level 5** Certificate in Education & Training (QQI Level 5 – 5M3635) with optional Honours in LC Irish

### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

### Garda Vetting

See notes on see page 17

Apply  
Online



OUR  
students  
say...

“  
A good education can change anyone. A good teacher can change everything!

Balerao

”

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.



I'd  
like  
to be...

**Social Work Therapist**  
**Adult care worker**

**Marketing and Communications**  
**Care assistant** **Politics**  
**Counselling**

**Youth Services** **Crèches Assistant**

**Human Resource Management** **Psychologist**

**Radio Programme Production** **Special Needs Assistant**

**Liberal Arts**

**Social worker**



Our Nursing, Health and Sports courses provide detailed experience of these fields, preparing you for a wide range of career options. You can acquire professional level skills, comprehensive knowledge and internationally recognised qualifications. Our sports provision provides intensive skills training, and these courses are your ideal stepping stone to wide range of sports and fitness careers. You can expect a great team-spirit, and lots of opportunities to participate in teams events and group-based professional projects.

### Affiliations



# Sports therapist

## Ambulance technician

# Adult care worker

## Army/defence

# Nursing, Health & Sports

## Nursing & Health

• Emergency Services - Pre-Paramedic, Garda Fire Service & Defence Forces L5	100
• Healthcare & Intellectual Disability Studies L5	101
• Healthcare Assistant & Operating Department Skills L5	102
• Healthcare Assistant L5	103
• Nursing Studies L5	104
• Occupational Therapy (Pre-University) L5	105
• Physiotherapy Assistant (Pre-University) L5	106
• Sports Physiotherapy L5	107
• Bachelor of Science in Applied Health Care L7	108

## Sports

• Gym & Fitness Instructor L5	109
• PE Teaching & Sports Studies (Pre-University) L5	110
• Sports, Recreation & Exercise L5	111

# Emergency Services - Pre-Paramedic, Garda Fire Service & Defence Forces

Muire Burke

If your ambition is a career in the uniformed services, then our Emergency Services - Pre-Paramedic, Garda, Fire Service & Defence Forces course is for you. You can prepare for careers in challenging but highly rewarding environments. You'll develop essential skills of physical fitness, leadership and teamwork. This course can be the foundation to progress to a rewarding career in the Ambulance Service, The Fire Service, The Defence Forces/Army, Prison Service or An Garda Síochána.

## What Makes This Course Special

- Pre-professional training qualification
- High-level practical skills training
- Detailed technical knowledge
- Includes essential additional qualifications
- Detailed technical knowledge
- Excellent progression routes

## Course Content

- PHECC Emergency First Response
- PHECC First Aid Response
- Manual Handling/Patient Lifting
- ROSPA – Fire Warden Training
- Emergency Department Care Skills
- Exercise and Fitness
- Legal Practice and Procedures
- Anatomy and Physiology
- Care Support
- Work Experience
- Safety and Health at Work
- Communications

## Students completing this course can also take an Optional

**Extra Qualification:** PHECC Emergency Medical Technician (EMT) €1850 (average price). More information will be provided at induction.

100

## Progression

Progress to further study and careers including:

- Ambulance Services
- Defence Forces/Army
- Emergency Services Management
- Fire Service
- Guard/Policing
- Paramedic
- Prison Service

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

**QQI Level 5** Certificate in Community Health Services 5M4468

**PHECC** First Aid Response

**PHECC** Emergency First Response

**Manual Handling and Patient Lifting**

**ROSPA** – Fire Warden Training

**Breakaway Training**

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

I loved the diverse content and dynamic daily experiences of this course. Learning from mistakes was encouraged, and tutors were supportive throughout. Real-life scenarios provided valuable insights into emergency services work. The range of modules allowed personal growth and exploration. The college facilities are exceptional, enhancing the learning experience. Overall, this course boosted my confidence and clarified my career goals, inspiring me to pursue a path with An Garda Síochána

Aimee

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Apply  
Online



5  
Level

PLSS Code:  
459557

# Healthcare & Intellectual Disability Studies

## Maria Beagan



our  
**students**  
say...

“  
I decided I would like a new challenge in a different line of work. This course gave me the qualification I needed to work as a healthcare assistant in a nursing home after 1 year.

Phil

”

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

This one-year course promotes a range of skills and competencies necessary for students to work as Healthcare Assistants in a range of care environments such as hospitals, nursing homes and in the community. Our course is designed to equip you with the specialist knowledge and practical skills to pursue a career in the growing healthcare sector and to work as a healthcare assistant in a variety of settings including the community, nursing home, hospital, hospice, respite and disability sector.

This course can support your entry to a career in health care, and progression to higher education courses in health and social care.

### What Makes This Course Special

- Directly to work qualification
- High-level practical skills training
- Detailed technical knowledge
- Includes essential additional qualifications
- Detailed technical knowledge
- Excellent progression routes

### Course Content

• Care Skills	• Intellectual Disability Studies
• Care Support	• Safety and Health at Work
• Care of the Older Person	• Communications
• Infection Prevention and Control	• Work Experience

### Progression

Progress to further study and careers including:

• Community	• Respite
• Nursing Home	• Rehabilitation
• Hospital	• Disability Services
• Hospice	

### Entry Requirements

Standard entry requirements (see page 16)

### Certification

**QQI Level 5** Certificate in Health Care Support 5M4339  
**Pre-hospital Emergency Care Council (PHECC)** First Aid Response

### Patient Lifting & Manual Handling

### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

### Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
459634

# Healthcare Assistant & Operating Department Skills

Andrea Lacey

This course will equip the learner with the skills, knowledge and competence required to work as a healthcare assistant in any healthcare setting but in particular within an operating department in Acute Hospitals. You will work as part of the existing skilled team in direct patient care. This course is open to anyone with an interest in working in an acute hospital setting. You will be introduced to specific operating department care skills, alongside core modules such as Infection prevention & Control and Health & Safety.

## What Makes This Course Special

- Detailed technical knowledge
- Expert teaching team
- Excellent progression routes
- Excellent Work Experience opportunities
- Immediate Employment opportunities post qualification.
- Detailed technical knowledge
- Includes essential additional qualifications
- Excellent progression routes
- Direct to work qualifications.

## Course Content

• Care Support	• Communications
• Care Skills	• Care of the Older Person
• Infection Prevention & Control	• Safety & Health at Work
• Work Experience	• Operating Department Care Skills

## Progression

Progress to further study and careers including:

• BSc in applied healthcare (CIFE & SETU)	• Sport Rehabilitation and Athletic Therapy (SETU Carlow)
• Physiology and Health Science (SETU Carlow)	

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

**QQI Level 5** Certificate in Healthcare support 5M4339  
**Pre-hospital Emergency Care Council (PHECC)** First Aid Response

## Patient Lifting & Manual Handling

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



“  
 This new Sterile Tech course will help students who are studying in preparation of assuming a position within the Sterile Service profession. It will serve to influence their employability skills and enhance their employment opportunities by helping them understand the roles and responsibilities of Sterile Service technicians.

**Ashlene Ayres**  
 Sterile services manager,  
 UPMC Aut Even

“  
 Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Apply  
Online



5  
Level

PLSS Code:  
460233

# Healthcare Assistant

*Andrea Lacey*



OUR  
**students**  
say...

“

This course was my first time in a classroom since I'd left school aged 15, with no qualifications, to work! What a great decision to come to Carlow Institute - the course was amazing and the teachers so encouraging. They boosted my confidence, and made learning much easier, fun and enjoyable. I have now a great job as a Healthcare Assistant because Carlow Institute helped me achieve my goal. If you are considering a new career, even in later years, believe me - this is the place to be!

“

Eileen

**Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.**

If you would like to work in the health care sector and are looking for a course that is active and enjoyable, with many career options, then our Health Care Assistant course is for you.

Our course is designed to equip you with the specialist knowledge and practical skills to pursue a career in the growing healthcare sector and to work as a healthcare assistant in a variety of settings.

This course can support your entry into a career in health care, and progression to higher education courses in health and social care.

## What Makes This Course Special

- Direct to work qualification
- High-level practical skills training
- Detailed technical knowledge
- Excellent progression routes

## Course Content

- Care Skills
- Care Support
- Care of the Older Person
- Infection Prevention and Control
- Palliative Care Support
- Safety and Health at Work
- Communications
- Work Experience

## Progression

Qualified Healthcare Assistant working in:

- Community
- Nursing Home
- Hospital
- Hospice
- Respite
- Rehabilitation
- Disability Services

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

**QQI Level 5** Certificate in Health Care Support 5M4339  
**Pre-hospital Emergency Care Council (PHECC)** First Aid Response

## Patient Lifting & Manual Handling

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
459630

# Nursing Studies

Maria Beagan

If you think you would like to be a nurse, then our Nursing Studies course will provide a foundation to support you progression to a Nursing Degree course, both in Ireland and the UK.

Nursing Studies is designed to equip you with detailed knowledge and practical skills to pursue further study in the nursing roles. You can learn about this vital career area and build on your potential to progress.

This course can support progression to higher education courses in a variety of nursing disciplines.

## What Makes This Course Special

- Pre-higher education qualification
- High-level practical skills training
- Detailed technical knowledge
- Expert qualified nursing teaching team
- Excellent progression routes

## Course Content

- Anatomy & Physiology
- Care Skills
- Care of the Older Person
- Nursing Theory & Practice
- Safety & Health at Work
- Human Growth & Development
- Communications
- Work Experience

## Progression

Progress to further study and careers including:

- Graduates are eligible to apply for academic progression routes in Nursing in Ireland and the UK.
- Graduates are also able to work in a variety of health and community settings.

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Nursing Studies 5M4349

Pre-hospital Emergency Care Council (PHECC) First Aid Response

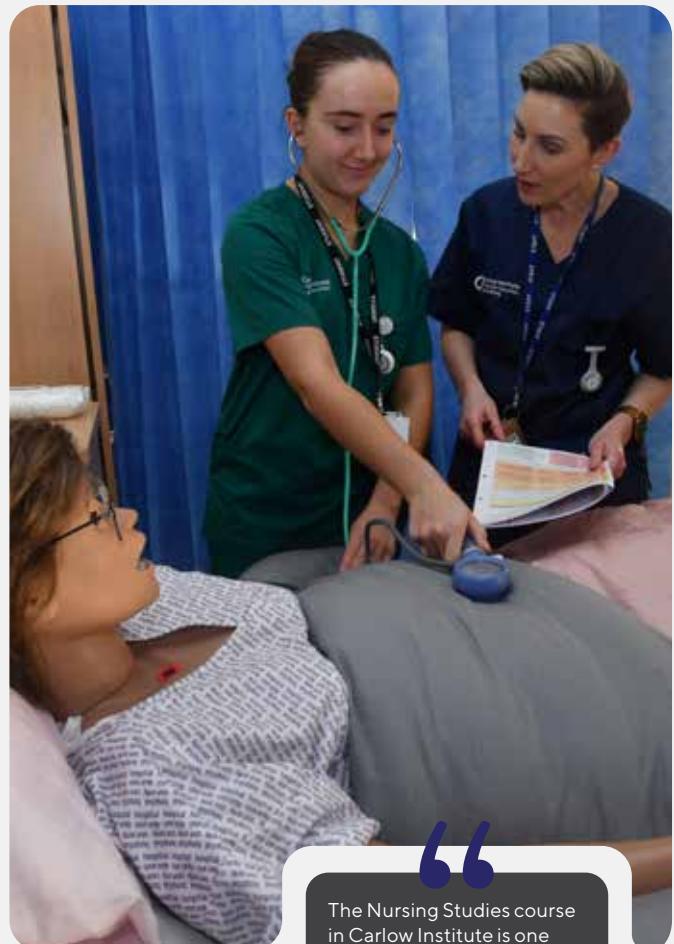
## Patient Lifting & Manual Handling

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

“The Nursing Studies course in Carlow Institute is one that I highly recommend to people of all ages who would like to pursue a career in healthcare. The teachers are excellent, and they are always there if you need guidance or advice. I made great friends and learned so much in class and on placement. The Nursing Studies course at Carlow Institute helped me realise my goal of becoming a student nurse at University of Dundee.

Kate

Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

5  
Level

PLSS Code:  
459675

# Occupational Therapy (Pre-University)

Maria Beagan



OUR  
**students**  
say...

“ I graduated in 2023. To say it was one of the best experiences I've had in my life is an understatement, as a mature student I got to study subjects that when I was in school, I did not like but enjoyed studying them here. I would highly recommend returning to education at any stage in life, I'm just sorry I left it this late to experience it. It's never too late to learn something new. ”

Bernie

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

An Occupational Therapy Assistant is a profession which assists individuals in their everyday activities. This course introduces the world of healthcare with a particular emphasis on the role of occupational therapy. The programme will develop your understanding of how therapy is used to find practical solutions for people of all ages who have physical, sensory, or cognitive problems. You will be introduced to supporting people regain independence in all areas of their lives, using aids and equipment. You will acquire the skills and competencies necessary to assist the Occupational Therapist. Training in therapeutic splinting provided.

## What Makes This Course Special

- Direct to work qualification
- High-level practical skills training
- Detailed technical knowledge
- Expert teaching team
- Excellent progression routes

## Course Content

- Care Skills
- Care of the Older Person
- Nursing theory & practice
- Human growth & development
- Anatomy & Physiology
- Communications
- Work Experience
- Occupational therapy assistant theory
- Occupational therapy assistant practice

## Progression

Progress to further study and careers including:

• Community & Nursing Home	• Respite
• Hospital	• Rehabilitation
• Hospice	• Disability Services

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Nursing Studies 5M4349

Patient Lifting & Manual Handling

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
459683

# Physiotherapy Assistant (Pre-University)

Robbie Kavanagh

The purpose of this award is to equip the learner with the knowledge, skills and competence to work in a supportive role in the area of rehabilitation and physical disability. Physiotherapy is a rewarding area to work in and provides students with the opportunity to work in a supportive role in the area of rehabilitation and physical disability to assess, treat and support recovering clients.

On this course, you will develop foundational skills and knowledge in subjects related to Physiotherapy, both theoretical and practical. This will prepare you for progression to Higher Level study.

## What Makes This Course Special

- High-level practical skills training
- Detailed technical knowledge
- Expert teaching team
- Includes essential additional qualifications
- Excellent progression routes

## Course Content

• Physiotherapy Assistant Theory	• Care Support
• Physiotherapy Assistant Practice	• Infection Prevention and Control
• Anatomy & Physiology	• Safety and Health at Work
• Exercise & Fitness	• Communications
• ITEC Sports Massage	• Work Experience

## Progression

Progress to further study and careers including:

- Physiotherapy
- Sports Rehabilitation
- Sports Massage Therapist
- Sports Injury Clinics Assistant

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

QQI Level 5 Certificate in Health Services Skills 5M3782

VTCT (ITEC) Level 3 Diploma in Sports Massage iSP3D32

PHECC First Aid Response

## Patient Lifting & Manual Handling

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17



OUR  
students  
say...

“  
Embarking on this course was a transformative experience for me. It not only equipped me with a solid foundation in the field but also ignited my passion for lifelong learning. The course's comprehensive curriculum and practical approach have prepared me well for my progression to higher education, and I am excited to continue my journey in physiotherapy.

Emer

”

Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

5  
Level

PLSS Code:  
459689

# Sports Physiotherapy

## Robbie Kavanagh



our  
**students**  
say...

“  
My name is Josh Bowes and I am a former student of the Sports Physiotherapy course at Carlow Institute. During my time on this course, I feel as though I gained a wealth of knowledge on various aspects of sports, including Anatomy & Physiology, Exercise & Fitness and Sports Massage.

This course gave me the opportunity to choose the career path that was right for me, and I look forward to my next step in the industry.”

Josh

”

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

This course offers a foundation in the field of Sports Physiotherapy. If you aspire to a career as a Sports Physiotherapist or specialist, this course can be your stepping-stone to Higher Level study.

You will develop foundational skills and knowledge in subjects relating to Sports Physiotherapy, both theoretical and practical. You will also learn about the science underpinning the practical application of various treatments. Our course provides an excellent foundation in the prevention, treatment and rehabilitation of sports injuries, and will prepare you for progression to Higher Level study.

### What Makes This Course Special

- Pre-professional training qualification
- High-level practical skills training
- Detailed technical knowledge
- Excellent progression routes

### Course Content

- Physiotherapy Assistant Theory
- Physiotherapy Assistant Practice
- Anatomy & Physiology
- Exercise & Fitness
- Sports Massage
- Care Support
- Infection Prevention and Control
- Safety and Health at Work
- Communications
- Work Experience

### Progression

Progress to further study and careers including:

- Physiotherapy
- Sports Rehabilitation
- Sports Massage Therapist
- Sports Injury Clinics Assistant

### Entry Requirements

Standard entry requirements (see page 16)

### Certification

**QQI Level 5** Certificate in Health Services Skills 5M3782  
**VTCT (ITEC) Level 3** Diploma in Sports Massage iSP3D32  
**PHECC** First Aid Response

### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

### Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
459694

# Bachelor of Science in Applied Health Care

## Maria Beagan

Complete the first year of a three year SETU degree at Carlow Institute of Further Education and Training, followed by two years at South East Technological University (SETU) Waterford Campus. This degree will give you the opportunity to access a third-level degree without any requirement for a CAO application.

Students will be registered with SETU from Year 1 and will have access to the full range of services available to all SETU students. Transport from Carlow to SETU Waterford will be provided in Year 1 for cross-campus activities. Year 2 and 3 of the degree course will take place in SETU Waterford.

Kilkenny and Carlow Education and Training Board (KCETB) and SETU are co-delivering this innovative Unified Tertiary Project at Carlow Institute and SETU Waterford.

### Eligibility

Those wishing to apply to the degree should meet the following minimum entry criteria:

- 2 subjects: H5; 4 subjects O6/H7; English or Irish O6/H7; Mathematics O6/H7 or
- Level 5 major award or equivalent.
- If you are aged 23 or over and do not meet the minimum entry requirement, your application will be assessed based on merit. We will take into account your life experience, work or community experience.

If your first language is not English, B2 standard is required (or equivalent) on the Common European Framework of Reference for Languages in writing, reading, listening and speaking.

Evidence of achievement of this standard is necessary for entry to the degree.

KCETB and SETU's Unified Tertiary Programmes aim to encourage the participation and success of students from sections of society including those under-represented in higher education, by offering degree programmes at a local level. We welcome students from all sections of society especially those under-represented in higher education.

Year	Location	Embedded Award
Year 1	Carlow Institute	
Year 2	SETU (Waterford)	
Year 3	SETU (Waterford)	SETU (Waterford) Bachelor of Science in Applied Healthcare (NFQ Level 7)
Year 4	SETU (Waterford)	

Year	Semester 1 Subjects	Semester 2 Subjects
Year 1	<ul style="list-style-type: none"> <li>• Learning to Learn</li> <li>• Care of the Older Adult 1</li> <li>• Psychology for Health Care</li> <li>• Anatomy &amp; Physiology 1</li> <li>• Introduction to Healthcare Informatics</li> <li>• Principles of Health Promotion</li> </ul>	<ul style="list-style-type: none"> <li>• Lifeskills for Health and Wellbeing</li> <li>• Fundamentals of Care 1</li> <li>• Medical Surgery Care 1</li> <li>• Anatomy and Physiology 2</li> <li>• Placement 1</li> </ul>
Years 2 & 3	On completion of Year 1, you will complete Year 2 and 3 in SETU Waterford to achieve the Bachelor of Science in Applied Health Care (NFQ Level 7)	

**FEES** There are no registration fees for the first year of the degree, which will be delivered in Carlow Institute. Students may be eligible to apply to SUSI for a grant to cover fees for Years 2, 3 and Year 4.



OUR  
students  
say...

“ I am excited to announce our offering of Year One of the Level 7 course in Applied Healthcare, now in its inaugural year. This program equips students with the opportunity to complete the first year of their degree at our college, in a small supported class where industry-based teachers support and educate students, while having full access to the facilities in both Carlow Institute and SETU Waterford, this prepares students to advance to Year Two and beyond at SETU Waterford. ”

Maria Beagan – Coordinator

Maria

Apply  
Online



Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

# Gym & Fitness Instructor

## Mary Walsh



our  
**students**  
say...

“  
Attending the Gym and Fitness Instructor course was a turning point for me. It not only equipped me with valuable skills but also opened doors to exciting career opportunities. One of the highlights was a visit from and receiving training from Carlow Sports Partnership, which inspired me to apply for a tutoring position with them. I'm thrilled to say that I now have the privilege of working with their team, and this course played a major role in helping me take that step forward.

Alaina

”

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If you are seeking to build a career as a Fitness Instructor, then this course is for you. You will achieve an internationally recognised ITEC award that qualifies you as a Fitness Instructor, and this can lead you directly to work. You will study the principles and practice of Gym and class-based Exercise, Nutrition, understanding the essentials of Anatomy and Physiology while learning with qualified Fitness Instructors in our professional standard Fitness Studio and Sports Hall

This programme is also underpinned by a QQI Level 5 Certificate in Sport, Recreation and Exercise, that offers you options to progress to Further and Higher Education.

### What Makes This Course Special

- Qualify to work as a Fitness Instructor
- Internationally recognised qualifications
- Learn with our highly experienced Fitness team
- Practical training opportunities with local sports and fitness organisations
- Detailed technical and practical skills development
- Includes essential additional qualifications
- Outstanding fitness and sports facilities
- Excellent progression routes

### Course Content

- Principles of Exercise, Fitness and Health
- Planning and instructing gym-based exercise
- Supporting clients in exercise and physical activity
- Health, safety and welfare in fitness environment
- Safety and Health at Work
- Nutrition
- Sports Anatomy and Physiology
- Sports and Recreation Studies
- Soccer Coaching
- GAA Coaching
- Rugby Coaching
- Communications
- Work Experience

### Progression

Progress to further study and careers including:

- Fitness Instructor
- Gym Assistant
- Personal Trainer
- Team Fitness Assistant
- Fitness and Sports Management
- Sports Clubs Assistant

### Entry Requirements

Standard entry requirements (see page 16)

### Certification

**ITEC L2** Certificate in Fitness Instructing (Gym-based Exercise) ISP2C5

**QQI Level 5** Certificate in Sport, Recreation & Exercise 5M5146  
**GAA QQI Coaching Award** – Foundation Level

**Sport Ireland** Child Safeguarding Level 1

**Autism in Sport Training** Certificate

**Disability Inclusion Awareness** Training Certificate

### Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

### Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
459625

# PE Teaching & Sports Studies (Pre-University)

Mary Walsh

Our Pre-University PE Teaching & Sports Studies course is designed to provide you with a range of skills and aims to prepare for a career in teaching, coaching, strength and conditioning. You will study the practical and theoretical skills of Sport and Recreation, Exercise and Fitness, Anatomy and Physiology, Adapted Physical Activity and a range of team coaching awards that are immediately relevant to this dynamic, energetic and fast-moving sector

We are linked with community organisations where you will have opportunities to further your teaching and coaching abilities in a range of team sports and activities. You will study the theory required to gain an understanding of the various elements of the sport and fitness industry. This combination of practical and theory-based study will support you to access a range of career opportunities including PE teaching, Strength and Conditioning, Sport and Recreation Management. You can progress directly to work, or to additional Further and Higher Education.

## What Makes This Course Special

- Internationally recognised qualifications
- Highly experienced PE, sports & fitness team
- Outstanding PE facilities including fully equipped gym
- Excellent progression routes
- Work experience in sports coaching/PE teaching at primary or post primary schools
- Detailed technical knowledge
- Links with other sport providers

## Course Content

• Sports and Recreation Studies	• Sports Anatomy and Physiology
• Soccer Coaching	• Adapted Physical Activity
• GAA Coaching	• Exercise and Fitness
• Rugby Coaching	• Safety and Health at Work
• Communications	• ITEC Gym based fitness Instruction
• Work Experience	

## Progression

Progress to further study and careers including:

• PE Studies	• Sports Clubs Assistant
• Sports Coach	• Sports Development Offices
• Strength and Conditioning Studies	• Gym Instructor
• Sports Management	• Leisure Centre Instructor
	• Hotel Leisure Attendant

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

**QQI Level 5** Certificate in Sport, Recreation & Exercise 5M5146  
**ITEC L2** Certificate in Fitness Instructing (Gym-based Exercise) ISP2C5

**GAA QQI Coaching Award** Foundation Level

**Sport Ireland** Child Safeguarding Level 1

**Disability Inclusion Awareness** Training Certification

**Autism in Sport** Training Certificate

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

Apply  
Online



5  
Level

PLSS Code:  
458794



OUR  
students  
say...

“ I pursued the Pre-University Physical Education Teaching and Sport Studies course at Carlow Institute after not meeting the points for a Level 8 PE teaching course. This pathway helped me work towards my goal of becoming a PE teacher while gaining valuable skills in coaching, ICT, and education. Achieving high grades secured my place at the University of Limerick for Physical Education and English teaching. The supportive staff at Carlow were instrumental in my success, and the course has prepared me well for both my studies at UL and my future teaching career. ”

Emma

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

# Sports, Recreation & Exercise

Mary Walsh



our  
**students**  
say...

“ I am incredibly passionate about sport, and I decided I wanted nothing more than a career in the sports industry. As a mature student returning to education, I was nervous about the academic challenge. However, my fellow students and my tutors helped me settle in and were always there for advice and feedback. The new, state-of-the-art sports hall and gym really enhanced my experience, and I picked up knowledge and skills from all my modules that I will take forward with me. I am confident now and excited to be progressing on to Athlone IT to study Sports Management. I will not forget my time at Carlow Institute and will credit them as part of my future successes ”

Aoife

Course is subject to minimum enrolment. The programme content shown is indicative and is subject to change according to Awarding Body requirements as well as enrolment and resources.

Our Sport, Recreation & Exercise course is ideal for anyone with an interest in sports and will prepare you to progress to a wide range of sport-related Higher Education courses. In addition, you will have the opportunity to complete additional certification in coaching and fitness training. You will have opportunities to further your skills and coaching abilities in a range of team sports.

You will study the theory of Sport and Recreation, Exercise and Fitness, nutrition and a range of team coaching awards. You will study the theory required to gain an understanding of the various elements of the sport and fitness industry. This combination of practical and knowledge study will support you to access a range of career opportunities. You can progress to Higher Education courses, or directly to work.

## What Makes This Course Special

- Internationally recognised qualifications
- Highly experienced sports & fitness team
- High-level fitness skills training
- Professional practice education
- Outstanding facilities
- Excellent progression routes
- Detailed technical knowledge
- Link with other sports providers

## Course Content

• Sports and Recreation Studies	• Work Experience
• Nutrition	• Sports Anatomy and Physiology
• Soccer Coaching	• Exercise and Fitness
• GAA Coaching	• Safety and Health at Work
• Rugby Coaching	• ITEC Gym based fitness Instruction
• Communications	

## Progression

Progress to further study and careers including:

• Strength and Conditioning	• Gym Instructor
• Sports Management	• Leisure Centres Assistant
• Sports Clubs Assistant	• Hotel Leisure Assistant
• Sports Development Offices	

## Entry Requirements

Standard entry requirements (see page 16)

## Certification

**QQI Level 5** Certificate in Sport, Recreation & Exercise 5M5146  
**ITEC L2** Certificate in Fitness Instructing (Gym-based Exercise) ISP2C5

**GAA Coaching Award** Foundation Level

**Sport Ireland** Child Safeguarding Level 1

**FAI** Kickstart Soccer Coaching

## Costs

You are required to pay the application and registration charges, but your tuition, examination and awarding body costs are free (see page 9).

## Garda Vetting

See notes on see page 17

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Online



5  
Level

PLSS Code:  
458797

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W: [www.carlowinstitute.ie](http://www.carlowinstitute.ie)



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